



B.A.A. GIRLS

VOLLEYBALL

HANDBOOK

revised 1/29/2018

B.A.A. Volleyball Handbook Contents

Volleyball Directors	2
B.A.A. Website Address	2
****Important Note****	3
B.A.A. Code of Conduct	3
Offensive Behavior	4
Volleyball Court Dimensions	4
Playing the Game:	
• Before the Game Begins	4
• Starting the Game	5
• During the Game	5
• Ending the Game	6
Scoring the Game:	
• Rally Scoring	6
• Score Reporting	6
Cancellations and Postponements	7
Food & Drink	7
Clothing and Jewelry	7
Referees and Line Judges	7
Tournament Play	7
Rules Specific to Midgets and Bantams	7
Rules Specific to Cubs	8
Gym Locations	8

Volleyball Standings and Important Information

B.A.A. Web Site: www.baaonline.org

IMPORTANT NOTE

- Please read through this handbook with your team and parents prior to the season start.
- If an incident occurs in the school, BAA could be held responsible for damages. Please report any damages to your director immediately! **CUSTODIANS OR DIRECTORS CAN AND WILL CANCEL THE GAME**, it will be ruled as a loss for both teams and we may lose the use of the gym for the season. Please be responsible, not only for yourself and child but for those around you that might not be!
- **Refereeing or coaching questions** and/or **problems** should be referred to the City Director or your level director.

Bloomington Athletic Association CODE OF CONDUCT

By registering with the Bloomington Athletic Association each coach, player, and participant agrees to abide by the following Code of Conduct.

1. As a representative of B.A.A., every coach, parent and participant must at all times set examples of good sportsmanship.
2. Coaches, players, and parents will not **“berate, make derisive remarks or verbally or physically abuse any official, referee or umpire at anytime.”**
3. **Unsportsmanlike or violent conduct will not be tolerated** in B.A.A. any fighting or unsuitable behavior will be dealt with sternly by the Sports Director, Sport Committee or the Vice President of Sports Operations.
4. **Coaches are responsible for their behavior and that of the assistant coaches, players, parents, and spectators.** Upon request of the officials the coaches have the authority to remove any spectator who is disrupting the game.
5. **Offensive language, derogatory remarks, or profanity used** by coaches, players, parents, or spectators is unacceptable.
6. It is the intent of the Bloomington Athletic Association to provide a safe and enjoyable environment to all of its members. It is a privilege to participate in the B.A.A. program. Coaches, Sports Directors and the Executive Board will deal with any member who is **physically or verbally abusing another member or their property.**
7. Coaches, players, and parents agree to read the rulebook and to know all rules pertinent to the sport they are participating in.

Offensive Behavior

- 1) Problems with any players, spectators, or outsiders are to be reported to the coaches immediately. Please fill out an incident report and email it to the city director. Please note the time of the incident and any details and report this information to the referee or coach.

- 2) Coaches are responsible for their spectators. If an issue arises, a warning will be given to the team and the referee will ask for their assistance in correcting the problem. If it does not stop the referee or director will then stop the game and ask the offending individual(s) to leave the building.
- 3) Any problem individuals must be reported to the City Director on the night of the incident.

VOLLEYBALL COURT DIMENSIONS

PLAYING COURT - The playing court measures 60' long x 30' wide

CENTER LINE- The axis of the center line divides the court into two team courts measuring 30' x 30' each.

LINES - All lines on the court are 2" wide.

PLAYING THE GAME

- **Before the game begins**

- 1) Home team will be the team listed first on the schedule. (Home vs. Visitors)
- 2) Coaches exchange line-ups. Use jersey numbers.
- 3) Coaches confirm understanding about where girls will rotate in from. Teams with 8 players will rotate 1 player in to serving position and 1 player in to front line left. Teams with 7 players will rotate in to serving position.
- 4) All games must be started promptly. Three games will be played each night, and all three games should be played within the **75 minutes for cubs** and **90 minutes for Bantams and Midgets**.
- 5) **If your court is not ready at the scheduled time, you have 5 min to warm up and start the game. Please tell the next team if you were not allowed on the court at the scheduled time.** Time permitting, teams take 20-30 minutes to warm up with some drills, etc. ending with each team spreading out and practice serving. Please keep in mind your game **MUST** start at its scheduled time to be finished before next set of games start. **CUBS:** 6:20 start for a 6-7:15 scheduled time and 7:35 start for a 7:15-8:30 scheduled time. **MIDGETS & BANTAMS:** 6:30 start for a 6-7:30 scheduled time and 8:00 start for a 7:30-9 scheduled time
- 6) Referees go over the boundaries and specifics of the gym with both teams, line judges, and coaches. Ref may also discuss how they will call the game with both coaches. If obstacles i.e. flag, hoops etc. changes direction or slows down the play of the ball the play should be called dead and replayed.
- 7) Teams must have the minimum players in attendance at game time or they will register a forfeit for the 1st game. They will have 10 minutes to get their team there before forfeiting the final two games. Minimum players for each division: Cub – 5 players, Midgets and Bantams – 4 players.
- 8) **Each team must have an official score keeper other than the coach! The scorekeeper and ref or line ref may be the same person.**

- **Starting the game**

- 1) Home team provides the ref, if they cannot, one from the other team is allowed.
- 2) Home team serves the first game. Losing team serves the 2nd... losing team in 2nd serves 3rd games.
- 3) Play all 3 games as they are used in determining the standings.
- 4) Players will start in the same position they finished the prior game. The ending server for the last game starts the serve for the next game.

- **During the game**

- 1) All players must be inside the boundary lines when the ball is served. A player may go outside the boundary lines to play the ball providing it hasn't made contact with the wall, floor, or any other object considered out-of-bounds.
- 2) Once the ball touches an object out-of-bounds, it is considered a dead ball.
- 3) If a ball hits the ceiling or a fixture attached to the ceiling, and the ball falls back to the team that hit it, the ball is still in play. If the ball falls back to the opposing team, the ball is dead and the point goes to the opposing team.
- 4) A serve can be returned using any legal hit. It no longer needs to be in the form of a bump. And a serve can hit the net and is legal as long as it goes over the net.
- 5) A player may touch the floor across the centerline or it's out-of-bounds extension with one or both feet provided a part of the foot/feet remains on or above the centerline. Contacting the floor across the center line or out-of-bounds extension with any other part of the body is illegal.
- 6) A net foul occurs while the ball is in play and a player makes contact with the net, net cables, or net antennas with any part of her body except her hair.
- 7) A ball touching a player's body from the waist up is alive and in play.
- 8) Late arriving players **MUST** be rotated into the game **immediately** upon warming up and not waiting for a specific position or game end. You should also tell the other coach where they would be going into prior to the start of the game.
- 9) Coaches confirm understanding about where girls will rotate in from. Teams with 8 players will rotate 1 player in to serving position and 1 player in to front line left. Teams with 7 players will rotate in to serving position.
- 10) As a courtesy, **servers are encouraged to say the score loudly before each serve.**
- 11) If a player serves out of order, her team loses the serve and any points that player made while serving are taken away.
- 12) There will be two (1-minute) time-outs per team per game, **time permitting!**
- 13) The most consecutive serves by any one server are 4 in a row. If a player successfully makes 4 good serves, the ball stays on that side, the team rotates to the next server and continues until that server makes 4 serves and the team rotates again or a foul is committed and the other team gets the ball and point.
- 14) The serve can be returned with any legal hit, it no longer needs to be a bump.
- 15) Net serves are legal as long as the ball goes over the net.

- **Ending the game**

- 1) A score of 25 will constitute a game for ALL 3 games for Midgets and Bantams, (for Cubs Only the 3rd game will be played to 15). However, a team must win by two (2) points. Winner shall be whichever team is ahead by 2 points at that time.
- 2) If after five minutes a two point lead is not attained the team with a one point lead will get the win.
- 3) If your team finishes early please exit the court to allow the other team to warm up.

SCORING THE GAME

- **Rally Scoring**

- 1) In rally point scoring, a point is awarded on every rally (serve) regardless of which team is serving the ball.
- 2) You don't have to be serving the ball to score in rally scoring.
- 3) Games are played to 25 points, (the last (3rd) game is played to 15 for CUBS only). You must have a two-point advantage to win a game. If tied when game time expires, you are allowed 5 more minutes. If there still is not a 2-point lead, whoever has any lead takes the win!
- 4) If there is a discrepancy with the score, the scorekeepers should request that a referee call a time-out so that they can discuss the situation. The players, coaches and referee may ask, at any time, for the official score that will be stated by the home team's scorekeeper.

When serving as per USAV 14 and under, NFHS: Serving players get one re-toss if they let the ball drop, but do not attempt to make contact.

- **Score reporting**

- 1) **Both coaches** an email to scorekeeper with the following information:
 - a) Age group (Cub, Midget, Bantam)
 - b) Your name and team name/number
 - c) Date and scores of all games
- 2) **Scores must be reported by noon the day following the game!**
- 3) Coaches keep scorecards until the end of the season in case of a discrepancy.
- 4) Tie breaker will be head to head play.
- 5) Standing will be determined by a win/loss record.

Cancellations and Postponements

- 1) The City Director will decide games cancelled due to severe weather by 5:00 p.m. Check **website** for weather cancellation information. Also make sure your coach has all your contact information to contact you for last minute changes.
- 2) No other game cancellations or postponements may be decided without the City Director's approval.

Food and Drink

- 1) **Only water bottles are allowed in the Bloomington school gyms.** Players may use the drinking fountains.
- 2) Teams wishing to pass out pop or treats after the games must do so **after** they exit the building.

Clothing and Jewelry

- 1) Absolutely **NO** jewelry should be worn by any player. If it is a new piercing, it must be covered by a band aid or tape prior to the start of the first game. Beads must be covered with a tight hat or scarf. **Player will not play if this rule is not followed.**
- 2) Absolutely **NO** pants with ripped, slit seams or pants that touch the floor will be allowed. Players may wear ankle length, Capri's, or shorts.
- 3) Knee pads are required! **No pads no play.**

- 4) Players **must** wear tennis shoes or similar type soft rubber soled shoes and their issued BAA jersey to be legal. **No barefoot or sandals are allowed.**

Referees and Line Judges

- 1) Protests must be settled on the court. Referee will have the final decision.
- 2) Coaches must stand outside the boundary lines and are not to be in the playing area after the ball is served.
- 3) Home team provides the referee. If they don't have one, a referee from the other team may be used. If you do not have one and neither does the other team—you will have to forfeit. So plan ahead!
- 4) One line judge from each team will stand on the opposing team's side in the opposite corner of the server. The line judge rotates with the team each game so that they are always on the opposite side of their own team.

Tournament Play

Tournament Play follows the same rules as regular play.

Rules Specific to Midgets and Bantams

- 1) Midgets and Bantams play with 6 players on the court at a time. 3 in the front row and 3 in the back row.
- 2) **Four (4)** players constitute a legal team. Less than that, a team will register a forfeit. However, in order for a team to win by way of a forfeit, they must be present and ready to go with at least four **(4)** players in their scheduled gym and at their scheduled game time.
- 3) **This year, Midgets and Bantams will have 1 ½ hrs of court time. Therefore ALL 3 games will be played to 25.**
- 4) ****Again this year, any Midget player choosing to overhand serve may start behind serve line but may take 1 step over the serve line during serve without a foot fault being called. This is ONLY for players serving overhand.**

Rules Specific to Cubs

- 1) Cubs play with **6 players** on the court at a time.
- 2) **Five (5)** players constitute a legal team. Less than that, a team will register a forfeit. However, in order for a team to win by way of a forfeit, they must be present and ready to go with at least **(5)** players in their scheduled gym and at their scheduled game.
- 3) **The** serve line is moved up to the 10 foot and overhand serving is encouraged. There should already be a mark on the court at the 10 foot line. Foot-faults at this line should be called. We have moved this line up to enable more play and to encourage overhand serving. As player progress in skill, they should be encouraged to move further back for their serves. Only the server may touch the ball before it crosses the net into play.

School Locations

Jefferson Activity Center	4001 W. 102nd St.	France & 102nd Street
Kennedy Activity Center	9701 Nicollet Ave.	KAC is at the East side of KHS - 2nd driveway east of Nicollet off 98th St.
Indian Mounds Elementary	9801 11th Ave. S.	On East Old Shakopee, to 98 th St. (2nd Right east of Portland) to school.
Oak Grove Elementary	1301 W 104 th St	Near Oak Grove Middle School off 106 th st
Normandale Hills Elementary	9501 Toledo Ave S	Normandale to 95 th and turns in to Toledo
Ridgeview Elementary	9400 Nesbitt Ave S	Normandale to 94 th to Nesbitt
Oak Grove Middle	1300 W. 106 th St	35W to 106 th St. West to school
Westwood Elementary	3701 W108th St	France Ave south of Old Shakopee Rd. go left on 108th