

2018 Sudley Club Tennis Newsletter

Club Manager:

-Dennis Miller

Welcome to another great summer at Sudley Club. Everyone on the staff is committed to providing you with the best tennis experience this summer. I encourage you to sign up for the adult tennis leagues regardless of your playing ability as we have a league for all abilities. Most important will be the fun you will have meeting new friends and participating in a great recreational activity.

The Junior Tennis Program is a very low cost way of providing the youth of Sudley with learning the game of tennis. Individual skills will be improved but also the children will benefit with the discipline of a team sport. There will be increased opportunities for the children to compete this summer as we will have a team tennis format for our Wednesday matches.

I would like to thank John Norton for his ten years of chairing the tennis committee. He has worked hard to make the Adult Intra-club leagues a huge success accommodating the various levels of play at Sudley. He has tirelessly given his time to schedule the leagues, assign court time and work with the different groups to make the leagues run as smoothly as possible. Most important, John has been able to work effectively with the management and Board of the club to communicate the needs of the tennis community while understanding the constraints of the budget process and court time available for all members. He has done a great job and should be recognized for his efforts.

The tennis committee has planned the summer activities listening to suggestions from you, the members. The Committee is open to any person who would like to serve the tennis community. Please contact John Norton, if you would like to serve in this capacity. The tennis committee should also be given credit for its role in the tennis program at Sudley. My role is to have the courts and equipment ready for play. I make sure that the courts are fairly distributed and that the general membership also has opportunities for open play. The tennis committee organizes the socials, NVTL league play, and helps to communicate to me ways in which the program at Sudley can be improved in the service to the membership. Thanks to each member for their hard work.

The Junior Tennis Program will be led by Emily Heim. While assisted by others, she has the responsibility of leading this program for Sudley. This is her second year in this role and she has great assistants. JD Almond, Emily and I met over the Winter Holiday and we think that some changes we are making this year in our Wednesday matches will increase the opportunity for participation to many more children in each age group. Also we will decrease travel and not have matches canceled at the last minute, wasting time and disappointing our children.

JD Almond will again be our tennis pro. JD brings so much to Sudley's Tennis Program. He has been at Sudley for over twenty-five years and understands the tennis community very well. He also has children playing in the Junior Program and is a resource to Emily and the other members of her staff. We are fortunate to have JD, both as our Pro and as a member of Sudley.

In conclusion, as I start my 49th summer at Sudley I am excited for another summer of activities on and off the courts. Please contact me at any time with ways I can help enhance your enjoyment during the summer. The staff will do all that is possible to address any concerns or suggestions brought to their attention.

Thank you

Tennis Committee Chair:

-John Norton

Happy 2018, everyone! We welcome our new members to Sudley Club, and we welcome the return of our many current members!

Let me point out IMMEDIATELY there is NO BETTER Adult and Junior Tennis program than what we provide for you HERE at Sudley Club.

Period! End of Story! Ka-boom!

If you enjoy recreational, social adult tennis we've got you covered by offering EIGHT Sudley Intraclub Doubles Tennis leagues. What's that you say? You want something more competitive? Well we've got you covered TWO ways, our Adult Competitive Singles Tennis Ladder and Northern VA Tennis Leagues (NVTL) Singles/Doubles competition. What's that? You have kids?? Well we have an outstanding Junior Tennis program here at Sudley. Huh?? What did you say? Oh... you worry that you might not be "good enough"? Well we offer Tennis Instruction for Adults and Juniors to help you overcome your tennis jitters, AND our second annual "Intro to Sudley Adult Tennis" class taught by Lindsey Bailey. We're also offering a New NEWBIES Adult League for those who want to start from square one.

What we offer at Sudley Club is a BARGAIN that's nearly too good to be true. We welcome ALL skill levels, and we look forward to greeting new members/players, so give it a try, you've got nothing to lose.

And remember to visit www.sudleyclub.org to find ALL 2018 Sudley Tennis & Swim forms and information.

Intro to Sudley Adult Tennis – FREE CLASS!

Are you new to Adult Tennis? What's with the weird scoring? How does Doubles Tennis actually work? What are the rules of Tennis Etiquette? How do our League Schedules work? Etc., etc. If you are considering playing in Sudley Adult Tennis, and you have questions about **any** of the basics, then be sure to take advantage of this FREE class, on April 28, 2018 (*currently scheduled for 11am – be sure to watch for email reminders*), taught by Sudley member and USPTA certified coach, **Lindsey Bailey**.

Tennis Lessons

For the Spring/Summer of 2018, **JD Almond** will offer group tennis lessons, cardio training, and individual lessons at Sudley. Please contact JD to schedule lessons. Contact information and registration forms are included in this newsletter (Pages 13-14).

Ball Machine

Sudley Club has a new, professional Ball machine for member use (*exclusively on Court #6 due to electricity access*). Reserving the Ball Machine is much like reserving a tennis court, with the following Additional Requirements to note:

- Children 16 and under require Parental/Adult supervision
- A Canteen worker will assist with Ball Machine set-up and with returning it to storage.

Adult Registration Form

The 2018 Adult Tennis Registration form is all on 1 page. Use this "1-stop shopping" form for all Adult Tennis league registrations (Page 8).

Sudley's Port-a-Potty (*our secret oasis*)

Some of you may not even know this, but there is a Port-a-Potty at the western border of Sudley Club, cleverly concealed beside the wooden privacy fence at the property line. The reason we're pointing this out is to share some secret insider info...

- Sudley's Port-a-Potty is serviced EVERY Monday, all year long.
- If you should visit this Port-a-Potty, only to discover that something gruesome interferes with your original goal of entry into this Canteen alternative, then please report your unexpected discovery to Dennis, or to the Canteen Staff.
- We want to provide our members with the best possible Port-a-Potty experience. However, please resist the temptation to bask endlessly in Port-a-Potty bliss. Keep your visits brief so other members can enjoy this secret oasis, too.

Court Closures (*Weather, earthquakes, plagues, critters, etc.*)

Oftentimes we try to find out if Acts of God have affected court conditions, and whether or not we can play. Frequently this results in a barrage of member phone calls to the Canteen, where callers seek answers to deep philosophical questions like "*Can we play now?*", or "*When will the courts be playable?*" or "*What do you mean you don't know the future and cannot answer my questions!?*" Look... we all know that the kids in the Canteen are very capable but, regardless of what some may think, they are NOT GODS, they do not possess borderline, mystical powers, and they cannot predict tennis court playability.

However, it is also said that "God helps those who help themselves", so here are the BEST things YOU can do to help yourself when Acts of God conspire to undo your tennis plans:

1. Be SURE to include clearly-written, valid Email Address(es) AND Mobile Phone #(s) on your Sudley Adult Tennis Registration Form.
2. Regarding Mobile Phone #(s), be SURE to specify your Mobile Service Provider if you want to receive tennis notifications via text message.
3. **SUDLEY'S RULE-OF-THUMB** is that "**COURTS ARE PLAYABLE - TENNIS IS ON**", ...UNLESS you receive an email and/or text notification saying otherwise.
4. Sudley Club does its UTMOST to send timely broadcast email & text notifications to Members who want such notifications, and who took care to provide valid contact info.

Late/No-Show Player Policy for Intra-Club Leagues

Adult participants in Sudley Intra-club Leagues have a responsibility to our Doubles Tennis partners and court-mates. If you know that you cannot meet your scheduled play date/time, YOU must inform your scheduled Court-mates and Sub-List Players in an effort to ensure your Court/Group remains FULL. Every year, for the past several years, we provide VERY DETAILED Intra-club League schedules containing the NAMES, EMAIL ADDRESSES, and PHONE NUMBERS (Home and Mobile/Other) of EVERYONE in EVERY Intra-club League.

We send you the schedules via Email, and we post them on the Tennis Deck Display Board, so you should ALWAYS have the Member contact info you need, WHEN you need it. Be sure to keep copies of your Intra-club League schedule(s) in your car AND your Tennis Bag. **You may anonymously report repeatedly late/absent players to John Norton** (see Tennis Committee Members info - Page 4).

Sudley Tennis Committee – 2018 Members/Email

1. Randy Allison, Allison15011@comcast.net
2. JD Almond, JD_Almond@hotmail.com
3. Lindsey Bailey, LindseyBailey777@comcast.net
4. Tony Black, TBlack58@outlook.com
5. Ceil Boyle (Treasurer/Registrar), CDBoyle@comcast.net
6. Mike Boyle, mp212@comcast.net
7. Jim Griffin, jimandtheresegriffin@yahoo.com
8. Shay Linares, Shaylinares@gmail.com
9. Dennis Miller (Club Manager), DennisMiller56@comcast.net
10. John Norton (Chairman/Scheduler), John20110@verizon.net
11. Anne Ward (Newsletter), anne@wardcentral.com
12. Mike Ward (Singles Ladder), MWard@southlandinsulators.com

Adult Intra-Club Tennis

Sudley Club offers several opportunities for members to play Social DOUBLES Tennis on a weekly basis (sorted by weekday in table below). Our Leagues begin Monday, June 04, and conclude on Thursday, Sept 06. Please fill out the “**Sudley Intra-Club Leagues**” section of the **Adult Tennis Registration Form** (Page 8).

	Intra-Club League Name	*NTRP	Weekday/Time (Notes)
1.	MIXED Doubles - Advanced	3.5 +	MON, 7:00 – 8:30pm
2.	MEN Doubles – Novice/Intermediate	2.0 - 3.4	MON, 7:00 – 8:30pm
3.	WOMEN Doubles AM - Newbie/Novice	Up to 2.4	TUE, 9:15-11:00am (Jun 19 – Jul 24)
4.	WOMEN Doubles PM - Newbie	N/A	TUE, 8:30 - Close (10pm)
5.	MEN Doubles – Advanced	3.5 +	WED, 7:00-8:30pm
6.	MIXED Doubles – Novice/Intermediate	2.0 - 3.4	WED, 8:30 – Close (10pm)
7.	WOMEN Doubles - Advanced	3.5 +	THUR, 7:00 - 8:30pm
8.	WOMEN Doubles - Intermediate	2.5 - 3.4	THUR, 7:00 - 8:30pm
9.	MEN Doubles – Newbie	N/A	THUR, 8:30 – Close (10pm)

Notes:

- *1) Be sure to review **Adult Registration Guidance** info - Page 7
- 2) We reserve the right to make schedule adjustments based on registration headcount.
- 3) To play in a Sudley Club Adult League, a member must be 18 yrs old by Dec. 31, 2018.
- 4) Intra-club League Schedules will be e-mailed to participating player members **and** posted on the Tennis Deck approximately 1-2 weeks before League play begins (generally mid-late May). League Schedules contain detailed contact information for all Players and Substitutes.
- 5) If a player cannot play when scheduled, that player MUST secure a Substitute of appropriate skill-level. Failure to do so creates inconvenience for other players.**
- 6) With the exception of Mixed Novice/Intermediate Doubles (Line 6 in table above), ALL Sudley Intra-Club Doubles League player, partner & opponent assignments are randomized by computer program. **We will strive to accommodate “registered couples” only in Mixed Novice/Intermediate Doubles.**

Adult Competitive Team Tennis

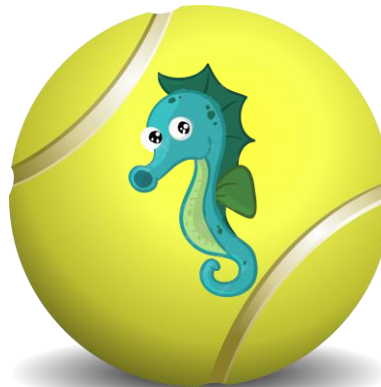
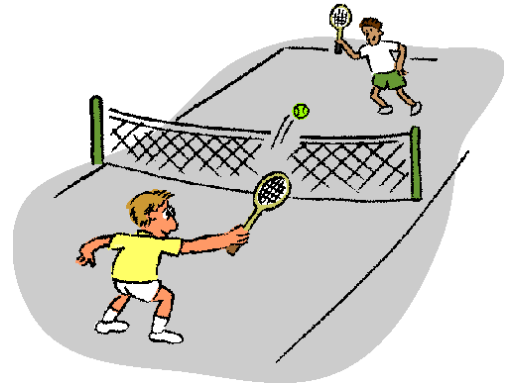
Sudley Club participates in the **Northern Virginia Tennis League** (NVTL.org), where Sudley competes against other Tennis Clubs in Northern Virginia. If you are interested in traveling with us and playing around Northern Virginia, please fill out the “*Northern Virginia Tennis Leagues*” section of the **Adult Tennis Registration Form** (Page 8). NVTL normally starts at the beginning of May. Some NVTL leagues end late-June/early-July, and some end late-July. For more information, contact the following NVTL Captains or the Club Manager.

Men’s Team (Sat. AM)	Mike Ward (singles)	(703) 930-0767
Ladies B (Tues. PM)	Carrie Berlin	(816) 853-9930
Ladies C (Tues. PM)	Anne Ward	(703) 402-2304
MIX Doubles A (Sun. PM)	Randy Allison	(703) 895-1017
Club Manager	Dennis Miller	(703) 405-1419

Adult Competitive Intra-club Singles Tennis

This year will be our 7th Annual Summer Singles Tournament. We have separate Men’s and Women’s leagues, [and this is strictly for competition between Sudley member players](#) (unlike NVTL where Sudley Team players compete against other Clubs in NoVA – see top of this page). There is NO Sudley registration form and NO FEE for enrolling. Approximate start date is [May 27, 2018](#) and Playoffs are expected to start in September. To learn more and/or sign-up in the Adult Summer Singles, please contact **Mike Ward** via email: SudleyTennisLadder@gmail.com

Be sure to attend the information meeting on Sunday, May 20, at 2PM in the Tennis Pavilion.



2018 Sudley Tennis Calendar

- **SAT, April 21** – Postmark **ADULT** Tennis Reg Form by this date to avoid Late Fee
 - **SAT, April 28, 11 AM** – “Intro to Sudley Adult Tennis” Class (free)
 - **TUES, May 01** – Postmark **JUNIOR** Tennis Reg Form by this date to avoid Late Fee
 - **MON, May 07** – HarTru Courts open for the season, subject to conditions (TBD)
 - **MON, May 07** – NVTL Adult Season begins (HarTru unavailable until May 19)
 - **SUN, May 20, 1 PM** - Sudley Club Opens for 2018 season
 - **SUN, May 20, 2 PM** – Information Meeting, Singles Tennis (Tennis Pavillion)
 - **SUN, May 20, 4 PM** – Parents Meeting, Junior Tennis
 - **MON, May 21** - Jr. Tennis: After-School schedule begins
 - **Memorial Day Weekend (Sat-Mon, May 26-28) - No Tennis Events**
 - **SUN, May 27** - Adult Intra-Club SINGLES Tennis begins (Ladder)
-
- **MON, June 04** - Adult Intra-Club DOUBLES Tennis begins (14 week schedule)
 - **TUE, June 19** – Ladies TUES AM League begins (Note–6 weeks/Ends Tues, July 24)
 - **SAT, June 23, 4:30 PM** - **Color Tennis Social**
(Organizers: John Norton & Tony Black)
-
- **Independence Day (Wednesday, July 04) - No Tennis Events**
 - **FRI, July 06, 7 PM** – Sudley Tennis Committee Open House (Members Welcome!!)
 - **SUN, July 08, 4 PM** - **Tennis Carnival for All Ages**
(Organizers: J.D. Almond & crew)
 - **SAT, July 14, 7 PM** – **No Tennis Events** (Sudley Club Adult Night)
 - **TUE, July 24** – Ladies AM League ends (6 weeks)
 - **SAT, July 28** – Swim Divisionals AWAY (Courts Available)
 - **MON, July 30** – 2018 Citi Open (DC) – Sudley Member Outing
-
- **SAT, Aug 25, 4:30 PM** – **Wood Racquet Tennis Social**
(Organizers: Jim Griffin & crew)
 - **SUN, Aug 26, 5:30 PM** - **Junior Tennis Awards Ceremony**
-
- **Labor Day (Mon, Sep 03)** – Intraclub League Tennis scheduled to play
 - **THU, Sep 06** – Adult Intraclub League DOUBLES Tennis ends
 - **FRI, Sep 07** – **Sudley Club Closes for 2018 Season (6pm)**
-
- **SAT, Oct 27, 3 PM (TBD)** - **Halloween/Fall Tennis Social (Coordinators TBD)**
-
- **SAT, November 10 (time TBD)** - Clay Courts (1-4) close for 2018.
→ Hard Courts (5 & 6) remain open (winter 2018 thru spring 2019)

Adult Tennis Leagues – Registration Guidance

At Sudley Club we do all we can to accommodate Tennis players of all skill levels:

1. We offer Intra-club Doubles Tennis Leagues that fall into 4 basic categories: **Newbie**, **Novice**, **Intermediate** and **Advanced**.
2. We offer our members the opportunity to participate in Northern Virginia Tennis League (NVTL) Singles/Doubles inter-club tennis competition, accommodating players at the Intermediate & Advanced level.
3. We offer a competitive, and growing, Singles tennis ladder format, employing a handicapping system that “levels the playing field” so Novice, Intermediate and Advanced players can challenge one another fairly.



With this in mind you are probably thinking, “**Golly, this all sounds great! I really want to get registered right away, but I’m not sure if I’m a Novice, Intermediate or Advanced player, so how do I choose the right League(s) for me?**”

The answer to this question is very important as it can directly affect your enjoyment of Sudley's tennis offerings, as well as affecting the enjoyment of your fellow member/players. After all, a player who is new to tennis probably prefers not to oppose Advanced players, just as advanced players generally would not seek Novice competition. It's nothing personal, it's simply a function of doing the best job we can to group our member/players based on an objective determination of “skill-level”. But to make that determination we need some measure of skill-level, and so we introduce the need for a “**self-rating**”.

For this reason we encourage all Adult players to determine their self-rating, but don't let this worry you because it's really very easy to do. To help you out we encourage Sudley members to review the National Tennis Rating Program (**NTRP**) Self-rating Guidelines available at the following link on Sudley Club's website:

- <http://files.leagueathletics.com/Images/Club/3710/NTRP%20Rating%20Levels.pdf>

Having your own NTRP self-rating will make it much easier for you to make an informed, objective decision on which Leagues are the best fit for your skill-level. Our **Adult Tennis Registration form** (Page 8) shows NTRP skill ranges corresponding with each Sudley Intra-club Tennis League in order to help you match your skill-rating with Leagues that are the best fit.

So get your self-rating right away, it takes less than 5 minutes, then get your Adult Registration forms post-marked by the Deadline specified on the form. We look forward to seeing you on the courts in 2018!!

...AND if you still have questions, our Club Pro, **JD Almond** will be happy to assist (see Tennis Committee Member contact info – Page 4).

Sudley Club - Adult Tennis Registration Form – 2018

	←Check HERE if your contact info has changed!!	NTRP Rating	Mobile #
Member #1	Name: _____	() -	
	Email: _____		
Member #2	Name: _____	() -	
	Email: _____		
Member #3	Name: _____	() -	
	Email: _____		

Home ADDR: _____ Home Tel#: (____) _____ - _____

→To receive Sudley text notifications, specify Mobile Service Provider: _____

SUDLEY INTRA-CLUB LEAGUES: *We reserve the right to make schedule changes based on registration headcount.*

Player Name(s) <small>You must turn 18 by 12/31/2018 to play Adult Intra-club Tennis</small>	Men Doubles			Women Doubles				Mixed Doubles	
	Novice / Intermed	Advanced	NEWBIE (NEW)	Newbie/ Novice -MORN-	NEWBIE (NEW) -EVE-	Intermed	Advanced	Advanced	Novice / Intermediate
	MON 7-8:30 pm	WED 7-8:30 pm	THURS 8:30-10pm	TUE 9:15-11 AM (See Note 3)	TUE 8:30-10 PM (See Note 3)	THURS 7-8:30 PM		MON 7-8:30 PM	WED 8:30-10 PM
➤ Mark "X" to be a Player ➤ Mark "S" to be a SUB									
NTRP Range →	2.0 - 3.4	3.5 +	N/A	Up to 2.5	N/A	2.5 - 3.4	3.5 +	3.5 +	2.0 - 3.4
(1)									
(2)									
(3)									

NORTHERN VIRGINIA TENNIS LEAGUES (NVTL Inter-club):

Player Name(s)	Men		Women		Mixed Doubles
	A & B	B	C	A	
	Adv/Intermed	Advanced	Intermediate	Advanced	
➤ Mark "X" to be a Player ➤ Mark "S" to be a SUB	Saturday Mornings		Tuesday Nights		Tuesday Nights
	Saturday Mornings		Tuesday Nights		Sunday Afternoons
(1)					
(2)					
(3)					

Registration Fee: \$30/member if postmarked by 20 APR 2018, \$50/member if postmarked AFTER 21 APR 2018.

Note 1 - Late registrants are not guaranteed scheduled play, and may be placed on the specified league's SUB list.

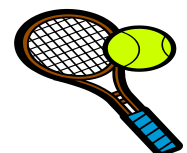
Note 2 - Registrations postmarked after 04 MAY 2018 can only be considered for the specified league's SUB list.

Note 3 - To avoid over-doing, Ladies' Tuesday Morning & Tuesday Evening Leagues are mutually-exclusive.

Note 4 - Jr. Tennis registrations/payments go to ADDRESS SPECIFIED ON Junior Tennis Form (Page 11).

*Amount enclosed: \$

*Do NOT combine Adult & Junior Tennis Payments on same check
*Do NOT send Junior Tennis registrations to this address



Mail Form and Check Payable to:
Sudley Tennis Committee
 P.O. Box 1481
 Manassas, VA 20108

Junior Tennis

Sudley's summer Junior Tennis Program will be coordinated by **Emily Heim**. She was the co-director last summer and did a very good job. With another year of college tennis she has learned even more tennis skills to help her coaching. More importantly college has matured her organizational and communicative skills which are critical in this position. Having **Mepes Johnson** and **JD Almond** available as mentors is also a wonderful asset to Emily and the Junior Tennis Program. Emily's high school assistants have grown up in the Sudley tennis program and all are skilled high school players. They are dedicated to working with the children in the program to both improve their skills but also to promote learning to enjoy tennis as a lifelong sport.

This year we will continue our high school program that has proven to be very popular. Any student (male or female) who is 15-18, or plays on a high school team, is eligible for this program.

Also continuing this year will be technique clinics on Wednesdays for those students who wish to get extra instruction in a smaller class setting. These clinics will be split into two groups; Beginner and Intermediate/Advanced. Each class will be **\$10**. These clinics will be taught by Junior Tennis Staff and the sign-ups will be in front of the Junior Tennis courts.

We will again be using the **QuickStart** tennis format for our 8 & under players. This format is designed to get younger players hitting the ball and playing games faster. We use smaller courts and nets and larger, slower balls. This helps the children maintain rallies and play actual games, thereby engaging their interest more effectively. This is very popular, and we consistently see great improvement in our younger players.

2018 Junior Tennis Events & Activities

- May 20 Junior Tennis Informational Meeting – 4:00 p.m.
- May 21 Junior Tennis After-school Classes begin
- May 28 **No Classes - Memorial Day**
- June 14 Summer Classes Begin
- June 15 First Mini Tournament
- June 20 *Wednesday Clinic*
- June 27 *Wednesday Clinic*
- July 02 9-10 Boys Singles Tournament – 11:00 am
- July 04 No Classes
- July 05 9-10 Girls Singles Tournament – 11:00 am
- July 08 **Tennis Carnival or Parent-Child Social - 4:00 pm**
- July 09 11-12 Boys Singles Tournament – 11:00 am
- July 11 *Wednesday Clinic*
- July 12 11-12 Girls Singles Tournament – 11:00 am
- July 16 13-14 Boys Singles Tournament – 11:00 am
- July 17 **Bowling Party** (Bowl America – Mathis Ave)
- July 18 *Wednesday Clinic*
- July 19 13-14 Girls Singles Tournament – 11:00 am
- July 23 High School Singles Tournament – 11:00 am
- July 25 *Wednesday Clinic*
- July 27 Last Mini Tournament
- Aug 26 Junior Tennis Awards – 5:30

Schedule for Wednesday Clinics

June 13

June 20

June 27

July 11

July 18

July 25

*Details on clinics will be available at the time of sign-up.

Junior Tennis Practice Schedule - 2018

After School Practices

May 21 - June 13

Mondays	4:30-5:30 13-14 Boys	5:30-6:30 7-8 Boys	6:30-7:30 9-10 Boys
Tuesdays	4:30-5:30 High School	5:30-6:30 7-8 Girls	6:30-7:30 9-10 Girls
Wednesdays	<i>No Junior Tennis</i>		
Thursdays	4:30-5:30 13-14 Girls	5:30-6:30 6 & Under Girls	6:30-7:30 11-12 Girls
Fridays	4:30-5:30 High School	5:30-6:30 6 & Under Boys	6:30-7:30 11-12 Boys

Summer Practices

June 14 - July 27

Mondays	11:00 – 12:00 pm	9-10 boys
	12:00 – 1:00 pm	9-10 girls
	1:00 – 2:00 pm	11-12 boys
	2:30 – 3:30 pm	11-12 girls
	3:30 – 4:30 pm	13-14 boys
	4:30 – 5:30 pm	13-14 girls
Tuesdays	11:00-11:45	6-under boys
	11:45-12:30	6-under girls
	12:30-1:30	7-8 boys
	1:30-2:30	7-8 girls
	3:00-4:00	11-12 boys
	4:00-5:00	11-12 girls
	5:00-6:00	13-14 boys
Wednesdays	12:00 – 1:00 pm	13-14 girls
	1:00 – 2:00 pm	High School
	2:30 – 3:30 pm	Beginner Stroke Clinic
	3:30 – 4:30 pm	Intermediate/Advanced Stroke Clinic
Thursdays	11:00-11:45	6-under boys
	11:45-12:30	6-under girls
	12:30-1:30	7-8 boys
	1:30-2:30	7-8 girls
	3:00-4:00.	9-10 boys
	4:00-5:00.	9-10 girls
	5:00-6:00	High School
Fridays	MINI-TOURNAMENT SCHEDULE	
	<i>Parent volunteers needed from 11:00-1:00</i>	
	11:15 am	6 & under boys and girls
	11:30 am	7-8 boys
	12:00 pm	7-8 girls
	11:30 pm	9-10 boys
	12:30 pm	9-10 girls
	1:30 pm	11-12 boys
	2:30 pm	11-12 girls
	3:30 pm	13-14 boys
	4:00 pm	13-14 girls
	4:30 pm	High School
	<i>Changes to the schedule will be made during the summer, if needed.</i>	

Sudley Club - Junior Tennis Registration Form - 2018

MAIL This Form and Payment to: **Mr. Dennis Miller**
(Make checks payable to "Sudley Club") **8222 Macbeth Street**
Manassas, VA 20110

You must be a Sudley Club Member to Register
Do NOT send Adult tennis registrations to this address!

MEMBER Name(s):	Male/ Female	Age as of JUNE 01, 2018	Date of Birth MM/DD/YYYY	T-Shirt Size T-shirts are available in Youth sizes XS-XL and Adult sizes S-XL.

← Check HERE if your contact info has changed!

Parent(#1) Name: _____ Cell #: _____

Parent (#1) Email: _____

Parent(#2) Name: _____ Cell #: _____

Parent (#2) Email: _____

Home Address: _____

Home Phone #: _____

To receive Sudley text notifications, specify Mobile Service provider: _____

Please volunteer for the following (write in Parent Name):

Drive to away matches: _____

Assist with mini-tournaments: _____

Assist with Awards Program: _____

* Please make checks payable to → **Sudley Club**. Thank you!

\$75.00 per person if postmarked on or before May 01, 2018.

\$100.00 per person if postmarked **after** May 01, 2018.

Fee includes a t-shirt for matches and practice if registration is received by May 2nd.

***Do NOT combine Adult & Junior Tennis Payments on same check.**

***Amount enclosed: \$** _____

***Players must wear smooth-soled tennis shoes on the HarTru courts (Courts 1-4). See GOOD/BAD tennis shoe examples (Page 15). No cross trainers! Black- soled shoes must be "non-marking"!**

Junior Tennis – Frequently Asked Questions

"What do I need to have for class?"

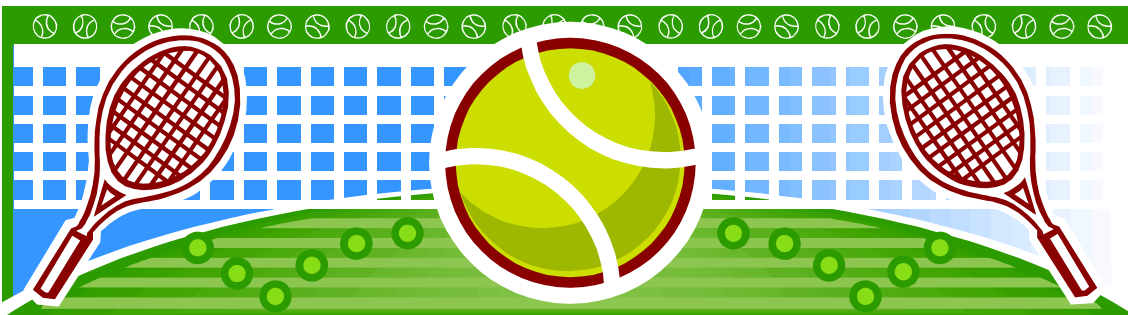
1. Proper tennis shoes (See illustration on Page 15) and apparel (shorts, skirts, tops, socks). No bathing suits. No flip flops.
2. Proper tennis racquets (Sudley Junior Tennis Staff can help you with the correct types and sizes, just ask.)
3. Hat/Visor, Sunscreen (preferably applied beforehand!) and a small towel.
4. Water bottles (H2O is provided on the courts). Sports drinks are fine, soft drinks are not.

"What is the goal of the Junior Tennis Program."

1. To develop a love of a lifetime sport.
2. To create an understanding of the game, rules, etiquette and sportsmanship.
3. To develop good tennis strokes, serve and court strategy.
4. To develop hand-eye coordination, cardio strength and nutrition.
5. To meet other children with an interest in playing tennis.

"What are our opportunities to play?"

1. All age groups meet for an hour class twice a week.
2. Every child can participate in the weekly Mini Tournaments on Fridays
3. Every child can participate in each age groups singles tournament.
4. Junior Tennis members will play on teams Wednesday mornings set up by the Junior Tennis Instructors. This will allow for no travel and more children will be able to play in these matches. Occasionally, we may invite local clubs for matches but we will not be participating in NVTL. This league had too many cancellations and forfeits last summer inconveniencing our parents.
5. All children 9 and up may challenge on their age group's ladder.





Spring Tennis Clinics

with **JD Almond**,
USPTA Elite Teaching Professional

Private and Semi-Private Lessons

Individualized lessons are available for members and non-members. The Private Lesson rates (1:1 ratio) are \$50.00 for members and \$60.00 for non-members. Semi-Private Lesson rates (2:1 ratio) are \$60.00 for members and \$70.00 for non-members.

Calling High School Players

You made the high school varsity tennis team NOW WHAT? You need to get better! The after school practice is just not enough. This 1.5 hour class will help to improve your stroke production, consistency, shot selection and strategy in singles and doubles play. Will use live ball drills with competitive situations.

Class starts March 18th and continues for 5-weeks.

Sundays: 3:00 - 4:30 pm

COST: Members - \$140.00 Non-Members - \$160.00

Junior Programs **April 18 – May 30 (7 classes)**

~ must have 3 registered in order to begin clinics ~

Class	Ages	Day	Time	Price (Mem/Non)
Tiny Tots	5 - 7 yrs.	Wednesday	5:15 - 6:00 pm	\$100 / \$110
Bigshots	8 - 10 yrs.	Wednesday	6:00 - 7:00 pm	\$130 / \$150
Hotshots	11 - 13 yrs	Wednesday	7:00 - 8:00 pm	\$130 / \$150

Registration make payable to: JD Almond

Tint Tots 5-7 years old – This class will introduce your child to the sport of tennis and help them to develop eye-hand coordination, balance, movement and racquet skills. All equipment is scaled to the size and ability level of the children.

Bigshots 8-10 years old – This class will continue to develop a player’s racquet skills, agility, balance, hand-eye coordination, running, catching, throwing and rally skills. Drills and games improve player’s fundamentals in a fun environment.

Hotshots 11-13 years old – This class covers all the strokes: forehand, backhand, serve, volley, and overhead. We learn to develop a player’s rally skills and shot combinations. Drills and games are designed to improve player’s reaction, anticipation and decision-making skills.

Contact: JD Almond at **703-501-1773**, or via email at
jd_almond@hotmail.com

Create Your Own Clinic

Can't find a clinic that fits your schedule? Did you ever want to take a class with just you and your friends? How about a workout with players on your team? Design your own clinic . . .you're TIME . . your FRIENDS!

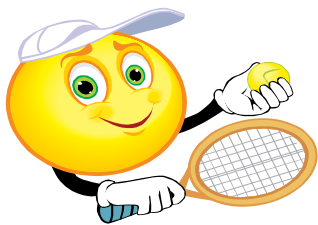
Adult Programs *April 15 – June 3 (7 classes)*

Class	NTPR Rating	Day	Time	Price (Mem/Non)
Beginners	1.0 - 2.5	Sunday	6:00 - 7:30 pm	\$195 / \$225
Intermediate	3.0 – 4.0	Sunday	4:30 - 6:00 pm	\$195 / \$225
Drill Hour	All Levels of Play	Sunday	9:30 - 10:30 am	\$130 / \$150

Beginner Class – This class is designed for the adult player who has limited tennis knowledge. Emphasis placed on basic stroke understanding and production, court awareness, grips, strategy and rules of play. We accomplish this through basic drills and play situations. Get ready to hit a lot of ball and fall in love with the game of a lifetime.

Intermediate Class – The purpose of this class is to have the players work towards playing tennis in a match situation. We will emphasize stroke production, shot selection, strategy and tactics in singles and doubles. Feeding drills and live ball play will help with consistency, rallying and footwork. It would be best that players have a working knowledge of the game in order to get the most out of the class.

Drill Hour – Do you want to hit a lot of ball in a drill setting! This Drill Hour class will give players of all abilities an ultimate, high energy workout. Get on the tennis court for a fun and fast paced hour designed for all levels and ages. Enjoy upbeat music that will keep your feet moving in fun group drills to give players a high energy workout.



Contact: JD Almond at **703-501-1773**
or via email jd_almond@hotmail.com

Registration make payable to: JD Almond

Send to: 9251 Longstreet Court Manassas, Virginia 20110

Player's Name: _____ **Age of Child:** _____

Parent's Name: _____ **Phone:** _____

E-mail: _____ **Amount Paid:** _____

Program: Junior / Adult **Class:** _____

Release:

In consideration of making facilities and/or services available, I do hereby for and on behalf of myself and my heirs and legal representatives, release and forever discharge JD Almond, Sudley Swim & Tennis Club and its representatives from any and all claims and demands of every kind, nature and character which I, or my child, may have or hereafter acquire for any and all damages or losses which may be suffered or sustained by me, or my child, in connection with our activity, and all such claims are hereby waived and released.

Signature _____

Date: _____



Important Club Information



LIGHTS: As part of the 3-year cycle, Tennis Lights were replaced in 2016. In order to help extend the bulb life of these lights, the last person leaving the courts must **TURN THE LIGHTS OFF**, even if members remain to socialize afterward. The switch must be placed in the down position or lights will automatically come back on at 6:00 am. **NOTE: Lights go off automatically at 11:00 pm.**

Court Reservations
Phone #:
703.368.5931

COURT and Ball Machine RESERVATIONS:

Players may reserve courts per the following Sudley Club guidelines:

- Reservations may be made as much as one day in advance.
- A member may have only ONE reservation per day.
- When reservations are made, names of all players using the court must be given and any guests identified (remember Guest Fees, too).
- Singles reservations are ONE hour, Doubles reservations are 1.5 hours.

MAINTENANCE: HarTru courts are groomed twice daily. Morning maintenance is between the hours of 6-9am. Maintenance consists of brushing, watering and rolling. Afternoon maintenance is between 2-4pm and consists of watering and brushing. Tennis play CANNOT interrupt scheduled court grooming. Please understand that our staff must perform the regular daily maintenance in order to keep the courts in their usual excellent condition!!!



SHOES: ALL players must wear smooth-soled tennis shoes on the HarTru “clay” courts (Courts #1-4). Review the pictures of the shoes below. The shoes on the left are appropriate for our clay courts, but the shoes on the right would *damage* our clay courts. No cross-trainers are allowed on ANY court! Some black-soled shoes mark the hard-surface courts, so please check that your shoes are "**non-marking**."

<p>These soles are IDEAL for playing on clay courts GOOD→</p>			<p>←BAD: These deep grooved soles WILL DAMAGE clay courts!</p>
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NOTICE: In past years the clay courts have been available for play in the fall, and this will continue as a courtesy to all Sudley members. HarTru Courts #1-4 will close on the afternoon of 10 Nov 2018. Uncertain weather conditions have made closing these courts very challenging in years past. Sudley Management, in partnership with the Tennis Committee, schedules this closure date to best support fall tennis, and to winterize our courts properly. Hard Courts #5-6 remain available for play year-round.