CYLA TIMEKEEPER DUTIES

All games are 12 minute quarters, RUNNING TIME.

Use separate game & penalty timers. Time & score keepers must behave in a "neutral" manner and may not cheer or direct players.

GAME clock stops ONLY for:

- Team Timeout (Max 2 per half, per team)
- Officials Timeout
- Injury Timeout
- All whistles under 2 MINUTES OF GAME with 2 goal or less differential

PENALTY clock stops for ALL whistles!

Penalties (time & nature) will be stated by official.

U10-U15: Penalties enforced by man-down.

U8-U9: Penalties enforced by player substituting out. Player serves time in the box and then releases to bench. Teams do not play man-down.

- Personal fouls 1-3 minutes. May be "non-releasable".
- Technical fouls 30 seconds.
- ALL players in box "release" if the man-up team scores—UNLESS penalty was "non-releasable."

ALERT OFFICIAL & COACHES WHEN:

- 2 minutes, 1 minute remains in quarter
- Countdown time with less than 1 minute
- Countdown last 10 seconds of penalty time for player to be released ("10, 9, 8...3, 2, 1...Release")
- Use Horn to signal end of quarter
- If any player accumulates 4 personal fouls or 5 minutes of penalty time—player is automatically disqualified
- 3 to 4 minutes have elapsed in U8-U9 games (suggested substitution)

CYLA Rules: Quarter breaks are 2 minutes. Halftime is 5 minutes.

Overtime: Up to two (2) 4 minute sudden victory overtime periods—no timeouts.

NO PARENTS ALLOWED ON TEAM SIDELINES UNLESS SERVING AS TIME/SCORE KEEPERS. Maximum Three (3) Coaches per team in the coaching box.

ALL SUBSTITUTIONS ARE "ON THE FLY" (except U8/U9). NO "HORNS" IN THE CYLA!