

The EndZone



The Official Newsletter of Londonderry Youth Football and Spirit

Volume 12 – Issue 1

FIRST NIGHT PRACTICE DETAILS

By Jim Loiseau – Senior EndZone Correspondent - e-mail: Jim.Loiseau@LYFS.org

Can you believe it – it's almost here – it's almost the FIRST DAY OF PRACTICE !
Practice begins on Monday July 28th for all football and cheer teams.

ALL athletes will be checked in at the gate off the LMS circle and directed towards their team area on the Par 5 field behind LMS – where your coaches will be waiting to greet you. To ensure a smooth check-in please wait to be cleared by a WildCat official:

- If you are cleared you will be directed to your team location as indicated below. Your coach will also have a list who is cleared to practice.
- If you are not cleared to practice – you will be directed to the WildCat Office Shed to hand in your paperwork. By league rules – no paperwork means no practice.

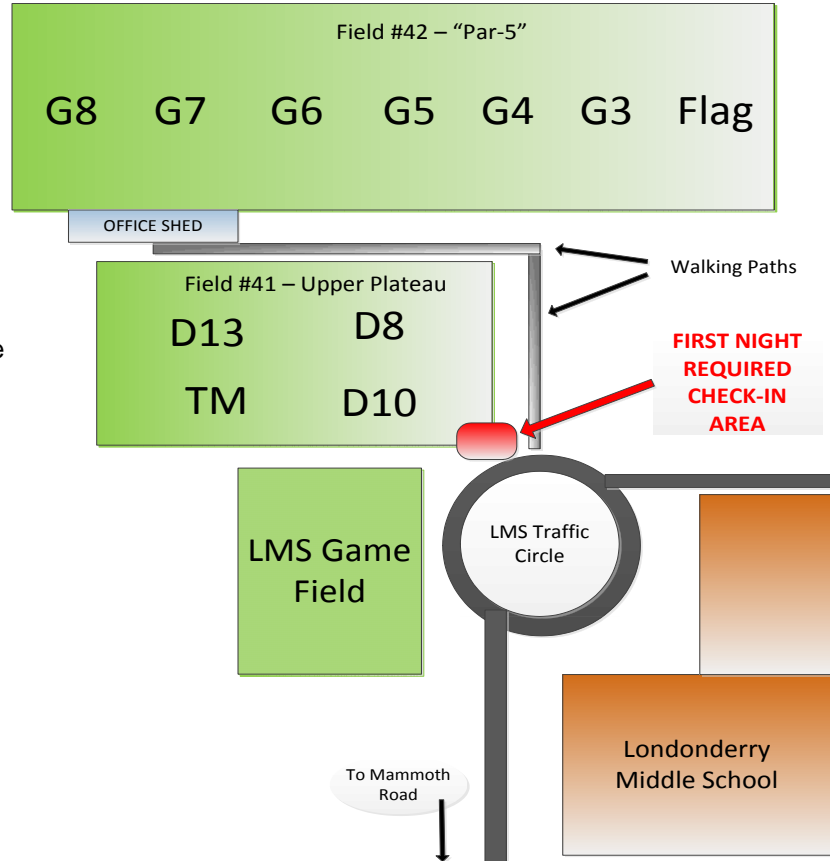
First night practice details.....

- Arrival time – 5:30 pm - first night only
 - All football players and cheerleaders need to be cleared in order to take the field
- First night - practice begins at 6:00 pm – and ends by 8:30 pm
- Through August 8th – practices start at 6:00 pm and end by 8:30 pm*
- From August 11th through the end of the season practices will start at 6:00 pm and end by 8:00 pm

* - Changes for 2014 season - practice start times moved to 6:00 pm. Cheer schedules for indoors to be posted later – and times/days for Flag football may vary your coach will let you know.

What to bring/wear:

- Football Players:
Helmet, mouth pieces, cleats, and appropriate warm weather clothing (shorts, t-shirt).
NO PADS YET !! – all athletes need conditioning before we move to pads and hitting.
- Cheerleaders:
Sneakers and appropriate warm weather clothing (shorts, t-shirt).
No spaghetti straps.
Your coaches may ask you to bring beach towels
- **ALL – LOTS OF WATER !!!**



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Some Things To Remember, Please:

Help Keep Our Fields Clean

The Wildcats and the Londonderry School District have a longstanding mutual partnership and we greatly appreciate the support we get from the schools, the grounds keepers, custodians, and administration. We all put in a lot of time, effort and money in building/maintaining our facilities. The Wildcats and the head of field maintenance ask that all Wildcats to please put all trash in the provided barrels – both at the practice fields and game fields at LHS. We greatly appreciate it. It's our house.....don't leave it a mess.

Drop off and Pickup:

Never drop a child at the practice field, game field, or schools without physical verification that practice or game is being held, as scheduled. Take the time to park and walk into the practice field area or the assigned room (once the cheer squads move indoors) or verify that a coach or a Wildcat board member is present, and practice is being held.

If you must leave the practice facilities, please notify the team parent or coach.

If a child is identified as not having a parent or guardian present 15 minutes after the end of practice and no communication was offered, team staff will attempt to contact you utilizing the team contact list. Last resort will be for a board member to take the child to the Londonderry Police Station where they can be safe and picked up.

More Rules.....Yes More Rules !!

All the Wildcats need to follow these school district rules. Failure to follow these simple rules mean the Wildcats lose use of Londonderry School District facilities.....(and that is not an option).

- No dogs or pets allowed (even leashed) at practice or game fields
- No smoking or chewing tobacco.....or tobacco of any kind
- No alcohol on school district property.....yes really we have to say that ☺



Weather

It's football and cheerleading – we're tough !! We play games in the rain and we practice in the rain. Cheerleaders are restricted if wet – but don't worry, cheerleaders eventually move practice inside at LMS. We NEVER practice or play games in the lightning.....so in case of weather stick around practices if threatening, as we may call practice if lightning starts.

ONLY the Wildcat board can cancel practices – and we will let you all know via e-mail, Twitter or FaceBook as soon possible.

Be the FIRST to Know....

By **Michelle Lessard – LYFS Marketing Director** - e-mail: Michelle.Lessard@lyfs.org

We will provide INSTANT updates for weather as well as other updates through FaceBook and Twitter

Follow us on Twitter @LWcats – for instant updates.

Also LIKE us on FaceBook - Londonderry Wildcats - LYFS "Official Page" is on FaceBook



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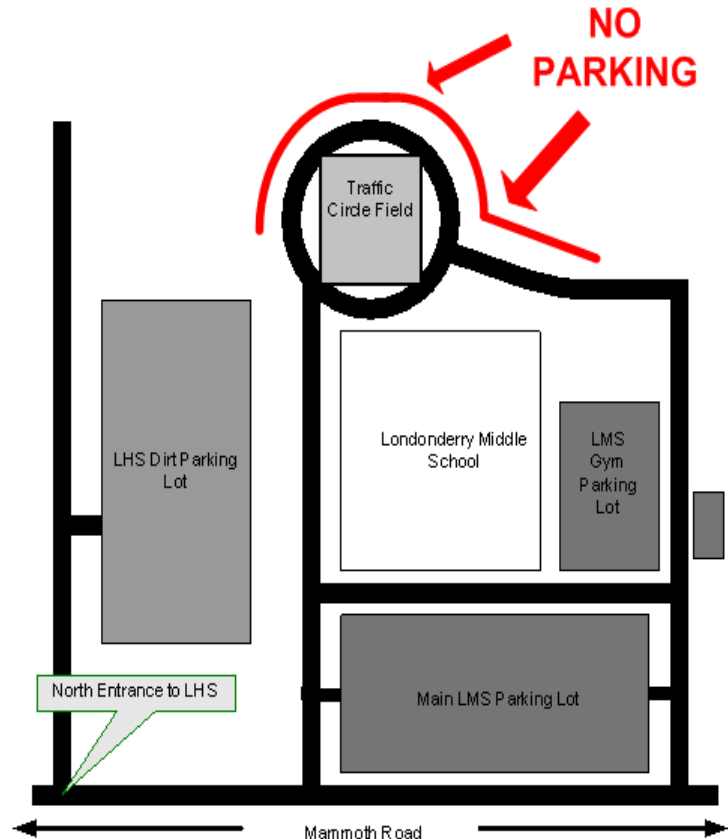
PARKING – At LMS

Parking can be a challenge some nights at LMS especially with Wildcat football, cheerleading and all the other activities going on at LHS and LMS.

You may utilize available parking behind LMS off the circle, but when full please do not create parking areas. It is critical for emergency services to keep all lanes clear so that large vehicles may pass safely and efficiently without obstruction.

NO PARKING – and we do mean **NO PARKING** in the **RED SHADED** area in the map on the right.

If you park there EMS cannot get by to our fields. If you park there, you will be ticketed and towed.



Upcoming Important Dates

Saturday July 26th and Sunday July 27th – WildCat appreciation day – 20% off at Dicks – coupon [HERE](#)

Monday July 28th – First day of practice for all cheerleaders and football players

Thursday August 14th – Old Home Day Kidz & Movie Night – volunteers needed – more details to come

Saturday August 16th – Old Home Day Parade – All Wildcats march in the annual parade and we need volunteers to staff the concession stand on the common – more details to come

Friday August 22nd – Fisher Cats & WildCats – **NO PRACTICE !!!** – game details - [HERE](#)

Sunday August 24th – First weekend games !! – of course no schedule yet

Tuesday August 26th – First day of school !!! (didn't school used to start after Labor Day ?)

Labor Day Weekend – NO GAMES – NO PRACTICES – enjoy the official end of summer

WildCat Golf Tournament – MARK YOUR CALENDARS – put in for the day off – you deserve it !!

Monday September 29th – Passaconaway Country Club

More details coming soon

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Volunteer Policy Updates – NEW for 2014 !!

By Christine Kriegl – LYFS Volunteer Coordinator - e-mail: Christine.Kriegl@lyfs.org



Volunteering...why do we do it?

Volunteering is a part of LYFS and being part of the WildCat family. Love it or hate it, it is something that all of us really need to do in support of our kids and our organization. Whether you are a board member, coach, or parent you are giving your time to the Wildcats for the same reason, so that our kids have the best football and cheerleading experience possible! THANK YOU FOR YOUR HELP!

Volunteer Policy...why the changes?

Well first of all fairness. Last season we had 115 families who met or exceeded their volunteer hours. LYFS greatly appreciates their time and assistance! Unfortunately, 84 families came up short on meeting their requirements. The missing volunteers lead to people working longer shifts than they had planned, and affected the services available. We are all in this together, so the volunteer agreement & deposit was put in place to make sure we are on the same page and have a clear understanding of the expectations. Note the deposit is not an "opt-out" payment, it's so we can monitor and ensure we are all helping.

Volunteer Minimum Hours...why the different requirements?

We have moms, dads, & community members who volunteer to take on more responsibility within LYFS as board members, coaches, and team parents. To offset the number of additional hours they give to the organization through these efforts, we reduce or eliminate their volunteer requirements. These individuals have been working for months to prepare for this season, long before your child steps onto the field or mat.

For additional information, please click - [HERE](#) - to see the updated policy approved by the WildCat Board of Directors. More information about volunteer opportunities and the online sign up system – that detail and information is coming soon. Stay tuned.

Any questions, please contact Christine Kriegl, your volunteer coordinator at christine.kriegl@lyfs.org



What's Up at Concession

By Herman Adams – EndZone Food Critic - e-mail: info@lyfs.org

Our Concession Coordinator Rick Lessard has been busy this off season. In case you are new to the WildCats our concession stand is one of the best and yes reasonably priced concession stands in all of NH youth football. Our concession stand is also front and center on the common at Old Home Day.

Rick is putting his final touches on our updated 2014 concession menu including lobster rolls and hand dipped malted milkshakes. Rick has also almost completed the finishing touches on our new brick pizza oven. Rick promises a whole listing of gourmet wood fired pizzas including organic goat cheese and kale pizza.....yummy we can't wait !

Rick and team **WILL** be cooking this season on the football practice field. Cold drinks and snacks EVERY night and he will be cooking on the grille on Tuesday and Thursday this summer practice season – and keep tuned for the schedule once school practice schedule starts.



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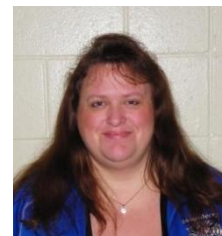
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Got Your WildCat Card ??

By Jen Doucette – LYFS Fundraising Officer - e-mail: jennifer.doucette@lyfs.org

As an optional fundraiser this year we are offering something new, fun, and exciting. It will even save you a buck or two as well. We have created the WildCat Card. This is a discount program card that you can use at a variety of local vendors for savings over and over, and they make excellent gifts as well.



The cost of the card is just \$10 – but look how much you can save.

Do you shop at Benson's ?? - \$5 off any purchase of \$25 or more – you can use it over and over.

And Applebee's.....in Derry. \$5 off any purchase over \$25. Eat at Applebee's just twice this year and the card PAYS FOR ITSELF !!

Morning cup of Joe.....Coffeeberries by Shaws – save a buck !!

See the full list of our partners below.

Here's an example of how much you can save in the course of a year.....



Our President Ryan Ouellette eats at Burger King at least 4 times a week. If he brings a friend (and I am available next Thursday Ryan) he can get his friend a free Whopper with the purchase.

Over the course of the next year Ryan can save over \$800 while using his WildCat card he purchased for just \$10.

We will be selling the WildCat cards at practice – see the Wildcat Wares Store

Also available at all our home games and at Old Home Days.

Anyone can buy it – anyone can use it. Everyone can save a ton of money !!

Thanks everyone & Go Cats !

Coach Stop Restaurant \$5 off a food purchase of \$25 or more 176 Mammoth Rd	Sweet Kiwi Frozen Yogurt \$1 off a purchase of \$5 or more \$2 off a purchase of \$10 or more ONLY at Londonderry & Hudson locations	501 Pizza and Subs \$2 off any red or white old stone pizza (603) 432-0058 501 Mammoth Rd	New Beginnings Nail Salon \$5 off a no chip manicure \$10 off pedicure 123 Nashua Rd
Benson's Hardware \$5 off a purchase of \$25 or more Londonderry & Derry locations	Harold Square FREE dessert or appetizer with purchase of an adult entree 226 Rockingham Rd	Hair Update 10% Off all services or 3 FREE tanning visits with purchase of one month 44 Nashua Rd	LaFlammes's Towing \$10 off any services (603) 434-8698
Coffeeberries \$1 off a purchase of \$5 or more Apple Tree Mall	 Applebee's \$5 off a food purchase of \$25 or more 14 Manchester Rd, Derry	 Buy one Whopper Sandwich Get one FREE!! Londonderry location	 Payless 10% Off on all Regular Priced Items Code: 13867 Good at all locations
800.862.6978 www.CallowayValueCard.com			