

The EndZone

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The Official Newsletter of Londonderry Youth Football and Spirit

FIRST NIGHT PRACTICE DETAILS

By Jim Loiseau – Senior EndZone Correspondent - e-mail: Jim.Loiseau@LYFS.org

Can you believe it – it's almost here – it's almost the FIRST DAY OF PRACTICE !

Practice begins on Monday July 29th for all cheer teams and AYF Youth Football (G3 through G6)

ALL athletes will be checked in at the gate off the LMS circle and directed towards their team area on the Par 5 field behind LMS. To ensure a smooth check-in there will be separate lines:

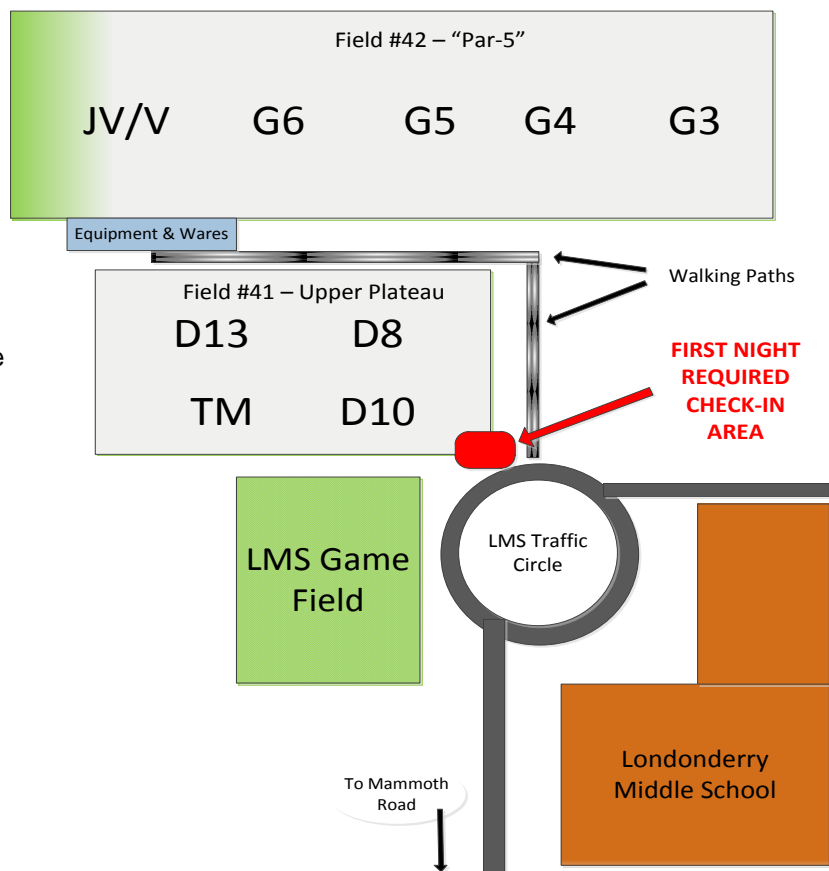
- A line for those that have completed all of their paperwork & checklist items, have football equipment, and completed payments.
- A second line for those that are missing items that may take a longer period of time. No athlete will be allowed to take the practice field if they are missing required paperwork.

First night practice details.....

- Arrival time – 5:00 pm to 5:20 pm - first night only
 - All football players and cheerleaders need to be cleared in order to take the field
 - If you have not turned in your required paperwork – including medical releases – you will not be able to take the field
- Practice begins at 5:30 pm – SHARP
- Please do not arrive late the first night – thanks !!
- Coaches will be at their assigned areas (see map below-right)

What to bring/wear:

- Football Players:
Helmet, shoulder pads, cleats, and appropriate warm weather clothing (shorts, t-shirt).
NO PADS YET !! – all athletes need conditioning before we move to pads and hitting.
- Cheerleaders:
Sneakers and appropriate warm weather clothing (shorts, t-shirt).
No spaghetti straps.
Your coaches may ask you to bring beach towels
- **ALL – LOTS OF WATER !!!**



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Some Things To Remember:

Help Keep Our Fields Clean

The Wildcats and the Londonderry School District have a longstanding mutual partnership and we greatly appreciate the support we get from the schools, the grounds keepers, custodians, and administration. We all put in a lot of time, effort and money in building/maintaining our facilities. The Wildcats and the head of field maintenance ask that all Wildcats to please put all trash in the provided barrels – both at the practice fields and game fields at LHS. We greatly appreciate it. It's our house.....don't leave it a mess.

Drop off and Pickup:

Never drop a child at the practice field, game field, or schools without physical verification that practice or game is being held, as scheduled. Take the time to park and walk into the practice field area or the assigned room (once the cheer squads move indoors) or verify that a coach or a Wildcat board member is present, and practice is being held.

If you must leave the practice facilities, please notify the team parent or coach.

If a child is identified as not having a parent or guardian present 15 minutes after the end of practice and no communication was offered, team staff will attempt to contact you utilizing the team contact list. Last resort will be for a board member to take the child to the Londonderry Police Station where they can be safe and picked up.

More Rules.....Yes More Rules !!

All the Wildcats need to follow these school district rules. Failure to follow these simple rules mean the Wildcats lose use of Londonderry School District facilities.....(and that is not an option).

- No dogs or pets allowed (even leashed) at practice or game fields
- No smoking or chewing tobacco.....or tobacco of any kind
- No alcohol on school district property

Weather

It's football and cheerleading – we're tough !! We play games in the rain and we practice in the rain. Cheerleaders are restricted if wet – but don't worry, cheerleaders eventually move practice inside at LMS. We NEVER practice or play games in the lightning.....so in case of weather stick around practices if threatening, as we may call practice if lightning starts.

ONLY the Wildcat board can cancel practices – and we will let you all know via e-mail, Twitter or Facebook as soon possible.

Follow us on Twitter @LWcats – for instant updates.

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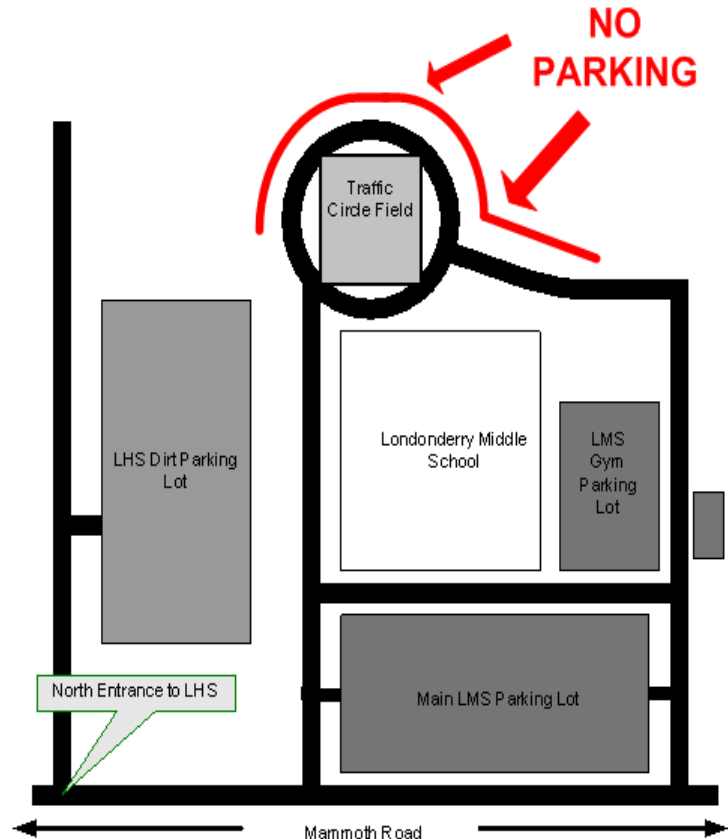
PARKING – At LMS

Parking can be a challenge some nights at LMS especially with Wildcat football, cheerleading and all the other activities going on at LHS and LMS.

You may utilize available parking behind LMS off the circle, but when full please do not create parking areas. It is critical for emergency services to keep all lanes clear so that large vehicles may pass safely and efficiently without obstruction.

NO PARKING – and we do mean **NO PARKING** in the **RED SHADED** area in the map on the right.

If you park there EMS cannot get by to our fields. If you park there, you will be ticketed and towed.



Upcoming Important Dates

Monday July 29th – First day of practice all cheerleaders and AYF (G3 – G6) football

Wednesday July 31st – First day of Lancer Football Clinic – your coach (if applicable) will provide more details

Monday August 12th – First night of practice for J.V. and Varsity football

Saturday August 10th – Fisher Cat ticket purchase deadline – more details [HERE](#)

Thursday August 15th – Old Home Day Movie Night – volunteers needed – more details to come

Saturday August 17th – Old Home Day Parade – All Wildcats march in the annual parade and we need volunteers to staff the concession stand on the common – more details to come

NEXT END-ZONE – Old Home Day Parade & concession details – **VOLUNTEER** Information and family volunteer requirements.

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