

# The EndZone



*The Official Newsletter of Londonderry Youth Football and Spirit*

## Supplemental Equipment Pick-Up

Volume 14 – Issue 1

By *Jim Loiselle – EndZone Publisher* - e-mail: [Jim.Loiselle@LYFS.org](mailto:Jim.Loiselle@LYFS.org)

For those families that missed equipment handouts there will be a supplemental equipment handout on Monday July 25. Please note the updated list of items families need to provide and account for..... We urge you to come as early as possible to the equipment handout to avoid long lines and the potential for your child to miss their first practice.

Monday July 25<sup>th</sup> – 3:30 to 5:30 pm

Location – Football/Cheerleading Equipment Sheds

The sheds are located where we practice. For those new to the Wildcats it is the “par-5” fields behind LMS. Follow the dirt road behind the gate at the rear of the traffic circle. The practice field is on the right, the sheds on the left.

New to the Wildcats.....and don't know where our sheds are - click [HERE](#) for the map

Reminder you need to also pass in your paperwork.....required or no equipment/practice

- 2 Copies of final 2016 report card
- Signed medical clearance – dated 2016
- Copy of birth certificate (new players only)

Pick up the calendar raffle tickets.....leave deposit checks

Pick up coupon for Modell's Sporting Goods



**Required deposit checks for both equipment and volunteer hours**

## FIRST NIGHT & PRACTICE DETAILS

By *Will Kullman – Wildcat Football Director* - e-mail: [Will.Kullman@lyfs.org](mailto:Will.Kullman@lyfs.org) and

*Allyson Zinno – Wildcat Cheerleading Director* - e-mail: [Allyson.Zinno@lyfs.org](mailto:Allyson.Zinno@lyfs.org)

Can you believe it – it's almost here – it's almost the FIRST DAY OF PRACTICE !

Practice begins on Monday July 25<sup>th</sup> for all football and cheer teams.

ALL athletes will be checked in at the gate off the LMS circle and directed towards their team area on the Par 5 or Lincoln fields behind LMS – where your coaches will be waiting to greet you. To ensure a smooth check-in please wait to be cleared by a WildCat official:

- If you are cleared you will be directed to your team location as indicated below. Your coach will also have a list who is cleared to practice.
- If you are not cleared to practice – you will be directed to the WildCat Office Shed to hand in your paperwork. By league, state and national rules – no paperwork means no practice.

First night practice details.....

- Equipment pickup – noted above for those that missed initial handouts. The football/cheer equipment managers will work with each team during the first week of practice for any missing/needed game-day equipment.
- Arrival time – 5:30 pm - prompt please
  - All football players and cheerleaders need to be cleared in order to take the field
- First night - practice begins at 5:45 pm – and ends by 8:15 pm
- **BRING LOTS OF WATER – LOTS OF WATER – Its going to be hot**



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**NEW FOR 2016 – NEW FOR 2016 - NEW FOR 2016 !!!!**

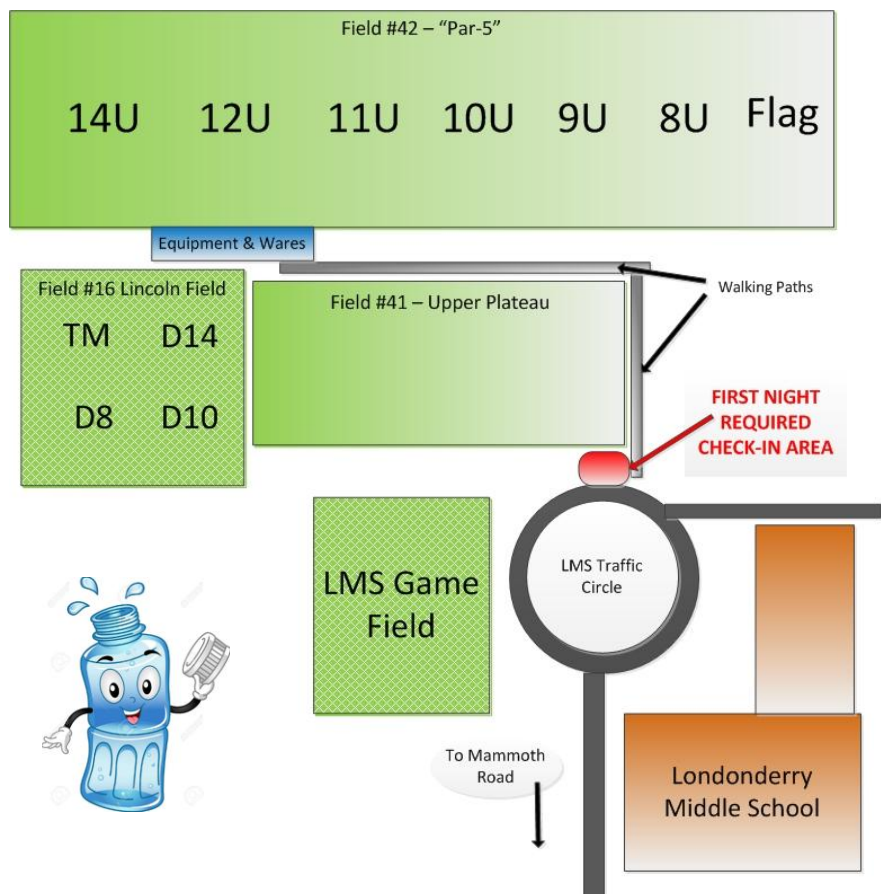
Football practice will be Monday - Thursday 5:45 - 8:15 pm through August 18th. Beginning Tuesday, August 23rd, practice will be Tues & Thurs 6:00 - 8:00 pm & Sat 8:00 - 10:00 am. Flag will practice Tues & Thurs 6:00 - 7:30 pm except week 1 – your coaches will also update you on any team specific instructions.



Cheerleaders will be practicing on the Lincoln field this year. ....see map below  
D8, D10 & D14 cheer squads will be holding their practices from 5:45 - 8:15 pm. Tiny Mites will be holding practice Monday through Wednesday 6:00 - 7:30 pm. **REMEMBER** cheer teams go indoors once school starts – so stay tuned for cheer practice schedule updates.

## What to bring/wear:

- Football Players:  
Helmet, mouth pieces, cleats, and appropriate warm weather clothing (shorts, t-shirt).  
NO PADS YET !! – all athletes need conditioning before we move to pads and hitting.
- Cheerleaders:  
Sneakers and appropriate warm weather clothing (shorts, t-shirt).  
No spaghetti straps.  
Your coaches may ask you to bring beach towels
- **ALL – LOTS OF WATER !!!**



## Some Things To Remember, Please:

### Help Keep Our Fields Clean

The Wildcats and the Londonderry School District have a longstanding mutual partnership and we greatly appreciate the support we get from the schools, the grounds keepers, custodians, and administration. We all put in a lot of time, effort and money in building/maintaining our facilities. The Wildcats and the head of field maintenance ask that all Wildcats to please put all trash in the provided barrels – both at the practice fields and game fields at LHS. We greatly appreciate it. It's our house.....don't leave it a mess.

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### Drop off and Pickup:

Never drop a child at the practice field, game field, or schools without physical verification that practice or game is being held, as scheduled. Take the time to park and walk into the practice field area or the assigned room (once the cheer squads move indoors) or verify that a coach or a Wildcat board member is present, and practice is being held.

If you must leave the practice facilities, please notify the team parent or coach.

If a child is identified as not having a parent or guardian present 15 minutes after the end of practice and no communication was offered, team staff will attempt to contact you utilizing the team contact list. Last resort will be for a board member to take the child to the Londonderry Police Station where they can be safe and picked up.

### More Rules.....Yes More Rules !!

All the Wildcats need to follow these school district rules. Failure to follow these simple rules mean the Wildcats lose use of Londonderry School District facilities.....(and that is not an option).

- No dogs or pets allowed (even leashed) at practice or game fields
- No smoking or chewing tobacco.....or tobacco of any kind
- No alcohol on school district property.....yes really we have to say that ☺



### Weather

It's football and cheerleading – we're tough !! We play games in the rain and we practice in the rain (and sometime snow). Cheerleaders are restricted if wet – but don't worry, cheerleaders eventually move practice inside at LMS. We NEVER practice or play games in the lightning.....so in case of weather stick around practices if threatening, as we may call practice early if lightning starts.



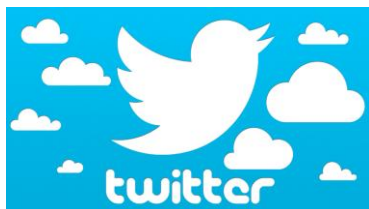
## Be the FIRST to Know....

By *Ryan Ouellette - LYFS President* - e-mail: [Ryan.Ouellette@LYFS.org](mailto:Ryan.Ouellette@LYFS.org)

We will provide INSTANT updates for weather as well as other updates through FaceBook and Twitter

Follow us on Twitter @LWcats – for instant updates.

Also LIKE us on FaceBook - Londonderry Wildcats - LYFS "Official Page" is on FaceBook



ONLY the Wildcat board can cancel practices – and we will let you all know via e-mail, Twitter or FaceBook as soon possible. In case of potential inclement weather – stay near and stay in touch in case we have to cancel practice – or end practices early.



Have a question or suggestion.....tweet away !!



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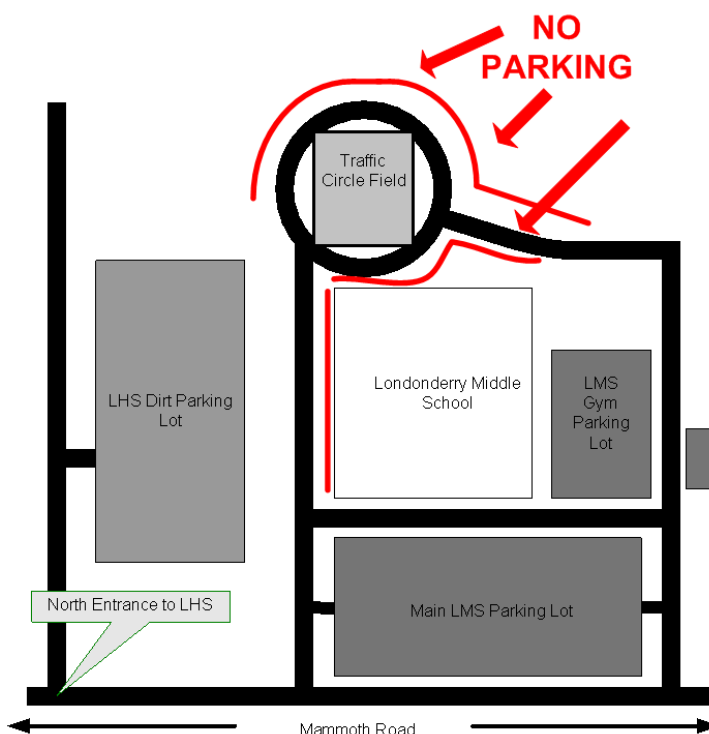
## PARKING – At LMS-LHS

By McGruff the Crime Dog - e-mail: [McGruff@lyfs.org](mailto:McGruff@lyfs.org)

Parking can be a challenge some nights at LMS especially with Wildcat football, cheerleading and all the other activities going on at LHS and LMS.

You may utilize available parking behind LMS off the circle, but when full please do not create parking areas. It is critical for emergency services to keep all lanes clear so that large vehicles may pass safely and efficiently without obstruction.

**NO PARKING** – and we do mean **NO PARKING** in the **RED SHADED** area in the maps on the right. This includes any area that is directly next to LMS. **NOTE** – it is quicker and easier to reach the Lincoln Field and the 14/12U football practice areas by parking at LHS



**If you park there EMS cannot get by to our fields. If you park there, you will be ticketed and towed.**





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**Upcoming Important Dates – Please check on-line for updates and important information.....Old Home Day is closer than you think.....**

## Volunteer Policy – Please Review

By **Katie McKinnon** – LYFS Volunteer Coordinator - e-mail: [Katie.McKinnon@lyfs.org](mailto:Katie.McKinnon@lyfs.org)

### *Volunteering...why do we do it?*

Volunteering is a part of LYFS and being part of the WildCat family. Love it or hate it, it is something that all of us really need to do in support of our kids and our organization. Whether you are a board member, coach, or parent you are giving your time to the Wildcats for the same reason, so that our kids have the best football and cheerleading experience possible!  
**THANK YOU FOR YOUR HELP!**

For additional information, please click - [HERE](#) - to see the updated policy approved by the WildCat Board of Directors. More information about volunteer opportunities and the online sign up system – that detail and information is coming soon. Stay tuned...for updates including potential time requirements.



Any questions, please contact Katie McKinnon, your volunteer coordinator at [Katie.McKinnon@lyfs.org](mailto:Katie.McKinnon@lyfs.org)

## What's Up at Concession

By **Gordon Ramsay** – EndZone Food Critic - e-mail: [info@lyfs.org](mailto:info@lyfs.org)

Our Concession Coordinator Michelle Lessard has been busy this off season. In case you are new to the WildCats our concession stand is one of the best and yes reasonably priced concession stands in all of NH youth football. Our concession stand is also front and center on the common at Old Home Day. So important is this role the WildCats approved a new board position of Assistant Concession Director – and welcome Jay Twardowsky as a new board member.

Michelle is putting her final touches on our updated 2016 concession menu including oysters on-the-half shell, root beer floats and baked Alaska. Michelle has also almost completed installing our new ice-cream maker. Michelle and Jay promise a new menu and exciting dining options this year..... yummy we can't wait !

Michelle and Jay (and team) **WILL** be cooking this season on the football practice field. Cold drinks and snacks will be available EVERY night and they will be cooking on the grille on Tuesday and Thursday (starting 2<sup>nd</sup> week of practice) this summer practice season – and keep tuned for the schedule once school practice schedule starts.

