

# The EndZone



**The Official Newsletter of Londonderry Youth Football and Spirit**

## Sweet Kiwi Thursday August 6th

By Kim Colotti – Fundraising Officer – e-mail – [kim.colotti@lyfs.org](mailto:kim.colotti@lyfs.org)

This Thursday our good friends at Sweet Kiwi in Londonderry are having a WildCat Day. Visit Sweet Kiwi in Londonderry in Orchard View Plaza at 66 Gilcrest Road anytime this Thursday mention the WildCats and we will receive a portion of the proceeds.



We had a very successful WildCat day in 2014 and the staff at Sweet Kiwi are excited about the Wildcats showing up in force this Thursday. What could be a sweeter way in ending practice than a nice bowl or cone of Sweet Kiwi frozen yogurt. The only decision to make is what flavor will you have ?

We hope to see all the WildCats, their families and friends at Sweet Kiwi – just mention the Wildcats and a portion of the proceeds will be donated back to LYFS. What could be sweeter or easier.

## Wildcats Go Guardian

By Hector Ortiz – Football Director - e-mail – [hector.ortiz@lyfs.org](mailto:hector.ortiz@lyfs.org)



With increased awareness in the media and families on safety in youth sports the attention immediately goes to the risk of concussion. From hockey, soccer, lacrosse and football the rates of concussion injury in youth sports have maintained fairly constant over the past decade. However, the awareness of this injury and discussions around prevention, safety and treatment have taken center stage.

From awareness the NH state AYF association has required annual coaches training around concussion with a focus on proper techniques and symptoms of a concussion. In addition to awareness and training the other aspect that has gained a level of importance is the focus on equipment and safety. Our WildCat helmets are air-cushioned (replacing the old styrofoam pads from years past) and are sent out annually for required safety inspections and certification. Beyond that I am very glad to say the Wildcats have added “Guardian Caps” to the list of safety equipment.

The Londonderry Wildcats have made a significant investment in enhanced player safety this season. The WildCats have become one of the first youth organizations in the state of NH to implement the use of the Guardian Cap. The Guardian Cap is a soft-shell layer to the outside of the decades old hard-shell football helmet and reduces the potential impact the head takes in a hit by up to 33%. The Guardian Cap is a product on the forefront of helmet technology. Though no equipment can prevent or eliminate the risk of concussions the guardian is specifically designed to reduce impact and statistics support the effectiveness of the application of this technology.

As the spread of this equipment increases across college, high school and youth sports we continue to see the evolution of training, awareness and now technology to address this important safety issue. The WildCats are proud to be the first youth organization in NH to invest in the Guardian Caps for all teams and urge their wider adoption.



Parents please note that the Guardian Caps are LYFS equipment. The Wildcats will cover for routine wear and tear – but you can not mark or write on LYFS gear. The cost to replace any defaced Guardian Cap is \$55.

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## Parents Meeting

By Ryan Ouellette – LYFS President - e-mail – [ryan.ouellette@lyfs.org](mailto:ryan.ouellette@lyfs.org)

Please join myself and other members of the Wildcat Board of Officers as we provide important updates and information for this upcoming season. We will be holding these meetings outside or WildCat office shed located on the par-5 football practice fields behind LMS.

Wednesday August 5<sup>th</sup>

Cheer – ALL Cheer teams - at 6:00 pm in front of office shed

Football – Flag, Grade 3 & Grade 4 – at 6:45 pm in front of office shed

Football – Grade 5, Grade 6, Grade 7, & Grade 8 – at 7:30 pm in front of the office she



## Parking at LMS – (Yes.....more about parking)

By Rita the Meter Maid – LYFS Safety & Hall Monitor - e-mail: [info@lyfs.org](mailto:info@lyfs.org)



According to the LPD and the LFD there were a number of cars illegally parked last night. To the left is a picture of where you can and can not park. Mammoth Road would be to the upper right and the path back to the "par-5" is lower left.

Basically if you can not pull into the inner circle at LMS – you are parked illegally and will be ticketed. You need to park in front of LMS – or better yet at LHS. For 7<sup>th</sup> and 8<sup>th</sup> grade teams, it is actually closer to park in the dirt parking lot at LHS and walk straight back behind Lancer Field.

You can not park on the grass over the side walk outside of the circle. Parking is also not allowed next to LMS or in the paved area directly in front of the back LMS area.

Cars parked on the outer circle (below left) are a hazard to emergency vehicles that may need to have access to our fields. Cars parked next to LMS would be in the way of any fire equipment or personnel that needed to get to LMS. BOTH these areas are marked by sign or pavement markings as NO PARKING. This also includes the road next to the LMS game field that has signage that CLEARLY shows no parking.....Thank you.



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## WildCats & FisherCats

By Kim Colotti - Fundraising Officer - e-mail - [kim.colotti@lyfs.org](mailto:kim.colotti@lyfs.org)

Family Fun Night – ALL WildCats and families are invited. The cheer teams will be doing pre-game performance and members of WildCat teams will be allowed on the field at the end of the game to watch the fireworks.

**LETS FILL THOSE STANDS WITH WILDCAT BLUE !!!!**

NH FisherCats vs. Portland ( The Red Sox AA Affiliate)  
Thursday September 3<sup>rd</sup>

**Tickets can be ordered on-line [HERE](#)**

NO PRACTICE – Thursday September 3<sup>rd</sup>



## Hot Dogs – Hamburgers – Cheese Burgers.....YUMMY !!

By Julie Duddy - LYFS Asst. Concession Director - e-mail: [julie.duddy@lyfs.org](mailto:julie.duddy@lyfs.org)

Tuesday and Thursday nights at practice this month we are serving hot food. In addition to the cold drinks, candy and snacks available we will have the grille fired up and ready to go. So bring your appetite for some WildCat grilled food.



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## WildCat Mobile

By Emerson Fittipaldi – LYFS Pit Boss – e-mail [info@lyfs.org](mailto:info@lyfs.org)



Move over Batman !!

The WildCats old WildCat mobile finally gave out. For over 15 years the WildCats had the use of an electric cart for moving equipment/supplies, setting up fields for game days, and as a ride for Elliott (has anyone seen Elliott this year yet ???) at Old Home Day. Well after one too many fires, run-down batteries, bad solenoids and brakes it was time to get a new ride.

It took us a few years to save up for it – but what a sweet ride !!



## Upcoming Important Dates

**Thursday August 13<sup>th</sup>** – Old Home Day Kidz & Movie Night – volunteers needed – more details to come

**Saturday August 15<sup>th</sup>** – Old Home Day Parade – All Wildcats march in the annual parade and we need volunteers to staff the concession stand on the common – more details to come

**Sunday August 16<sup>th</sup>** – WildCat Football Jamboree – ALL football teams at LHS – details to come

**Sunday August 23<sup>rd</sup>** – First weekend games !! – of course no schedule yet.....

**Thursday August 27<sup>th</sup>** – First day of school.....ohhhhh so soon ??

**Wednesday September 2<sup>nd</sup>** – Nuffield Trophy Games – G7 and G8 – vs. Derry Wolverines at LHS game field

**Labor Day Weekend** – NO GAMES – NO PRACTICES – enjoy the official end of summer

Saturday September 12<sup>th</sup> - WildCat – Photo Day (9-19 is rain date) – details to come

There are other scrimmages pending and your coaches will let you know where and when

Follow us on Twitter - @LWcats & on FaceBook - EndZone August 4<sup>th</sup> 2015

