

# The EndZone



**The Official Newsletter of Londonderry Youth Football & Spirit**

Volume 5 – July 27, 2012

## Wildcats Training Camp Opens Monday July 30<sup>th</sup> - Lancer Youth Camp 7/31-8/2

It's time...time to prepare for another great season of football and cheerleading fun at the "Cat Den"!

Practice begins Monday July 30<sup>th</sup> for all cheer teams and youth football teams grades 3 through 6!

Training camp continues with the **Lancer Youth Football Camp** run by LHS Head Coach Rich & Lancer High School Staff - Tuesday (7/31) through Thursday (8/2) for all football levels grades 3 through 8.

### **Required Check-In: Monday July 30**

Arrival Time : 5:00pm to 5:20pm - ALL athletes will be checked in at the gate off the LMS circle and directed towards their team area on the Par 5 field behind LMS. To ensure a smooth check-in there will be separate lines:

- A line for those that have completed all of their paperwork & checklist items, have football equipment, and completed payments.
- There will be another line for those that are missing items that may take a longer period of time. No athlete will be allowed to take the practice field if they are missing required paperwork.

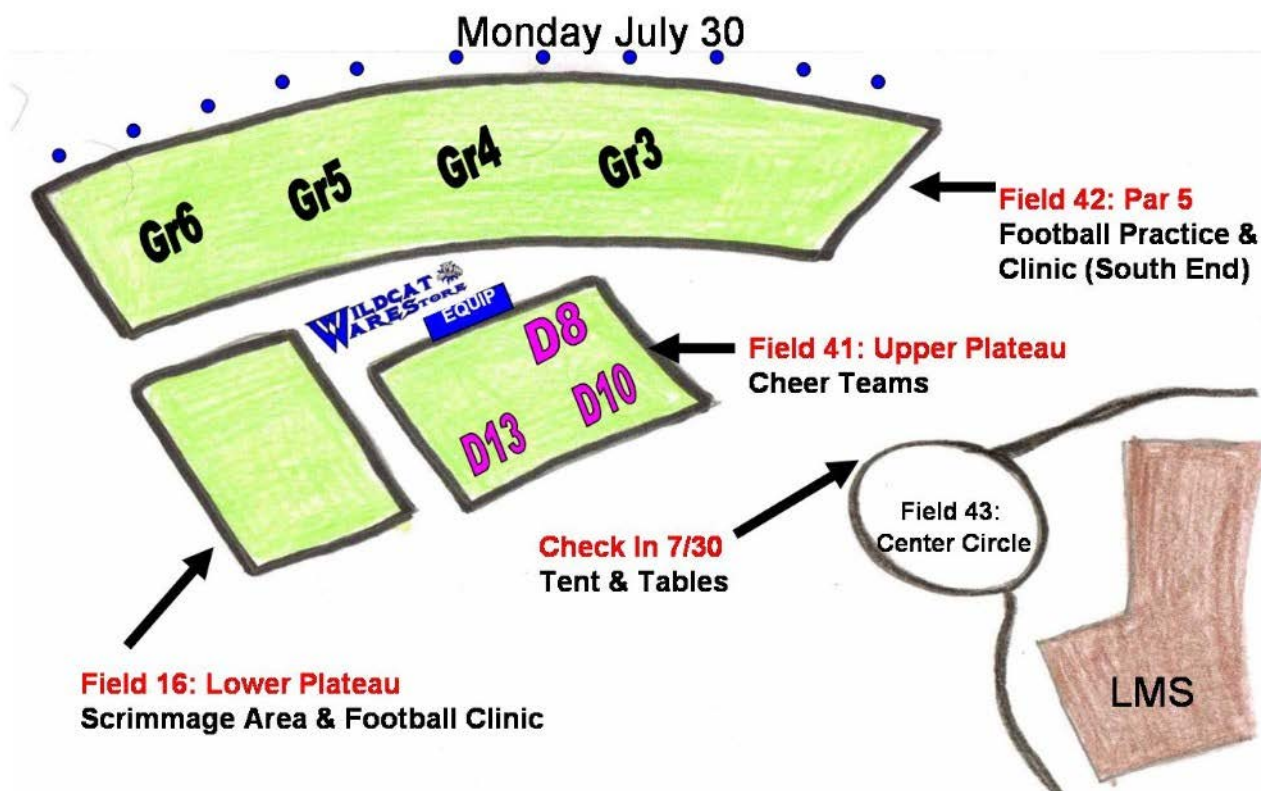
**Practice Starts - 5:30pm - SHARP!** Please arrive at the check-in time so practice can start on time! Coaches will be in their respective areas greeting players as they arrive.

What you will need on the first night (week) of Training Camp:

**Football Players:** Helmet, shoulder pads, cleats, and appropriate warm weather clothing (shorts, t-shirt).

**Cheerleaders:** Sneakers and appropriate warm weather clothing (shorts, t-shirt). No spaghetti straps.

Everyone please bring PLENTY OF WATER!



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## Some Guidelines to Remember

### Help Keep Our Fields Clean

LYFS & the Londonderry School District have a longstanding mutual partnership and have both invested a good deal of time and funds to create quality youth training facilities. The volunteers of LYFS, the Londonderry School District and the head of field maintenance ask that all members, staff and student-athletes put all trash in the provided barrels. Please continue this practice when we move to the game fields at the High School. We appreciate your understanding and compliance as guests on district property. Thank You!

### Drop off and Pickup:

Never drop a child at the practice field, game field, or at a field without physical verification that practice or game is being held, as scheduled. Take the time to park and walk into the practice field area or the assigned room (once the cheer squads move indoors) or verify that a coach or a Wildcat board member is present, and practice is being held.

If you must leave the practice facilities, please notify the team parent or coach.

If a child is identified as not having a parent or guardian present 15 minutes after the end of practice and no communication was offered, team staff will attempt to contact you utilizing the team contact list. Last resort will be for a board member to take the child to the Londonderry Police Station where they can be safe and picked up.

### Londonderry School District:

Any violation of Londonderry School District rules could cost the Wildcats our current fields and practice space at LMS. Since losing the Wildcats' practice and game facility is not an option, anyone violating the school district rules will be asked to leave. The Londonderry School District has asked the Wildcat Board to remind our parents of the following rules:

- No dogs are allowed on school district property at practice or on game day events.
- No smoking is allowed on school district property.
- No alcohol is allowed on school district property.

### Football and Cheerleading:

- Football practice and games are not necessarily canceled due to inclement weather. Your child's coach or team parent will contact you regarding a cancellation; or via our league website, e-mail blast or on Facebook! When in doubt, come to the field.
- For insurance and safety reasons, parents must remain off the field at all practices and games. Parents are to remain in the stands, not on the sidelines, at games.
- Please contact the head coach if your child will be absent from any practice or game. Unexcused absences can turn into problems for the team. Work with your head coach.
- Indoors or out, make sure your child has a water bottle at each practice. Hydration is very important even in the cooler weather ahead.

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## The Best Parking Spots Are Sometimes A Challenge At LMS

Parking at LMS some times can be a challenge especially with LYFS Football, Cheerleading and all the other activities going on at LHS and LMS. You may utilize available parking behind LMS off the circle, but when full please do not create parking areas. It is critical for emergency services to keep all lanes clear so that large vehicles may pass safely and efficiently without obstruction.

### Parking Hints:

Use alternate parking locations. Drop off your athlete at the gate and either use LMS main parking lot out front or side parking at the gym. There is also the fourth option of LHS dirt lot parking and walk over the practice field from the south.

If you park at the LMS traffic circle behind LMS then please park head in on the inner circle, this will allow for more cars at the LMS traffic circle.

The right hand side of the traffic circle (Outer curb side) is a **NO Parking Fire Lane!**

Obey all posted traffic and parking signs. Please obey all posted parking signs, and restrictions at all times.

- ***Cars illegally parked risk being ticketed and towed by the Londonderry Police Department.***

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## Key Upcoming LYFS Dates:

July 30<sup>th</sup>: First Day of Practice (All Cheer Teams & Grades 3,4,5 & 6 Football)

July 31, Aug 1 & August 2<sup>nd</sup>: Lancer Youth Football Clinic (All Football Levels)

August 13<sup>th</sup>: First Day of Practice for JV & Varsity Football Teams

**August 18<sup>th</sup>: Old Home Day Parade & Concession on the Common**

August 26<sup>th</sup>: Youth Level Game Day (Opening Week #1)

August 31 - September 3: [All Levels-All Teams Off Friday through Monday \(Happy Labor Day!\)](#)

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It's Like Christmas Eve in Wildcat Country.....See you on the Fields Next Week !!!!!!!

Visit us on the web at [www.lyfs.org](http://www.lyfs.org) for more details, calendar of events and more

Don't Forget to "Like Us" on [Facebook](#) Londonderry Wildcats – LYFS

*Facebook application will also provide you instant messaging for those that utilize smartphones on cancellations, in-season scores or changes without having to visit website*

**Note:** JV/Varsity football practice starts Monday, August 13th - (7<sup>th</sup> & 8<sup>th</sup> Graders - NEJHFL)