

RAVENS SOCCER ACADEMY



DARTMOUTH YOUTH SOCCER FULL DAY ACADEMY

Boys & Girls : Ages 5 - 14

Dates : Monday, July 22nd - Friday, July 26th

Location : Dartmouth Youth Soccer Fields

Times : 9:00AM - 3:00PM

Cost : \$195

*** T-Shirt Included with Price ***

Early Bird Discount Price !

Register before April 30th and pay \$180

Register at:

www.ravenssocceracademy.com

Description



Our Full Day Academy is focused on providing players of all ages and ability the opportunity to learn the fundamental techniques, concepts, and ideas of the game of soccer in a competitive, positive, and FUN environment.

Schedule

Schedule for Monday and Friday is below.

09:00AM	Check - in
09:15AM	Warm - up
09:45AM	Technical Activity #1
10:15AM	Snack
10:30AM	Technical Activity #2
11:15AM	Technical Activity #3
11:45AM	Cool Down
12:00PM	Lunch & Soccer Related Competition
12:45PM	Warm - up
01:15PM	Small - Sided Games
02:00PM	Expanded Games
02:45PM	Cool Down
03:00PM	Check - out

Training Topics

Monday - Dribbling & Change of Direction Moves
Tuesday - 1 v 1 Moves
Wednesday - Passing
Thursday - Finishing
Friday - World Cup Games

Snack Time Contests

Monday - Joke Contest
Tuesday - Goal Scoring Celebration
Wednesday - Crazy Hat Day
Thursday - Twin Day
Friday - World Cup - Team Spirit Day

