



2019-2020 ~ Midget U16

Coach's Profile

Erik Roos

Erik Roos comes to West Haven Youth Hockey with a wealth of knowledge and a strong pedigree for coaching. While as a coach, numerous players have moved on to play in high school, prep school, and both DIII and DI collegiate athletes. Through Erik's dedication and high energy, his teams have continued to flourish year in and year out. His teams have won 11 state titles, 5 EJEPL titles, 11 national championship appearances, and won a national championship in 2013.

During his playing career, Erik grew up playing in local youth hockey programs in Connecticut. He started his high school journey at Notre Dame of Fairfield, where he scored the game winning goal in the state finals in 1999. From there, he went on to play at Northfield Mount Hermon under Jim Ward. After prep school, he played for the Junior Coyotes under the direction of Gary Dineen and Lincoln Flagg in the Eastern Junior Hockey League. In college, he played Sacred Heart University and was coached by Shaun Hannah from 2002-2006.

For the past 12 years, Erik has been a teacher in Fairfield Public Schools. He strives for each player to do their very best both on the ice and more importantly in the classroom. Erik looks forward to passing along his knowledge and passion for the game of hockey to all of his players.