



## Maine Youth Lacrosse Statewide Meeting



**Location:** South Portland Community Center

**Date:** 2/26/2020 – Wednesday      **Time:** 6PM for Girls and 7 PM for Boys

**Minutes recorded by** Barbara Snapp

**NOTE:** Information relevant to both boys' and girls' lacrosse is presented first. Information specific to the girls' or to the boys' games follows (e.g., rules, officials' training, scheduling officials.)

### **US Lacrosse updates relevant for both girls' and boys' lacrosse:**

Ryan Larkum, Northeast Regional Manager

Coach membership requirements: Background Check and Safesport Training

Both are free to USL members

If the Safesport course has been taken for another sport, credit for lacrosse will be Given. No need to re-take.

New courses: available online on the USL website ([uslacrosse.org](http://uslacrosse.org))

New Level 1 Fundamentals of Coaching online course

Cultural Competency: online training tool focused on making lacrosse a more inclusive, accessible and tolerant sport

For girls' lacrosse: Safe and Legal Defense

For boys' lacrosse: How to Make Proper Contact Online Course

Club administrator access: contact Ryan Larkum ([rlarkum@uslacrosse.org](mailto:rlarkum@uslacrosse.org)) for access to USL Leader Portal to monitor membership and certification standing

Mobile Coach App: (<https://www.uslacrosse.org/coaches/mobile-coach>)

Access to over 500 Men's and Women's Lacrosse drills. Users can sort by skill level, gender, and even the skill they want to teach their players.

Athlete Development Model: US Lacrosse website contains coaching tools for age-appropriate lacrosse activities (<https://www.uslacrosse.org/athlete-development>)

CPR and First Aid training kit: MYL has acquired this training kit through a grant from USL Use and access procedures will be developed to achieve the broadest use possible

New Girls' Eyewear Requirements: all protective eyewear must be SEI certified to the current ASTM lacrosse standard F3077 in order to be regarded as legal for play.

Coach Instructional Clinics:

Level 1 Training – March 7th – 10AM-1PM at Maine Athletic Complex

Level 2 Training - March 28th – 10AM-2PM at Maine Athletic Complex

Sign up on the US Lacrosse website: <https://www.uslacrosse.org/coaches/coach-development-program/instructional-clinics>

## **MYL Update:**

Jonathan Becker, MYL President

### Open Board Positions:

VP and Treasurer positions are vacant. Several at-large positions are also vacant.

If interested in any of these positions, contact Jonathan Becker ([jbeckers13@yahoo.com](mailto:jbeckers13@yahoo.com))

League Player fees: the fees remain the same as last year – \$2 per player

Smart Practice Plans: pdf available to download on the MYL website

(<http://www.maine-youthlax.org/Page.asp?n=151729&org=Maineyouthlax.org>)

Form can be filled out and shared with team coaches.

### Using MYL website as your website:

Town lacrosse teams can use the MYL website to post and email information.

If interested, contact Jonathan Becker ([jbeckers13@yahoo.com](mailto:jbeckers13@yahoo.com))

## **Tournaments:**

Most tournaments have been scheduled. Any team wishing to participate can apply by clicking on the relevant tournament on the MYL Calendar page

(<http://www.maine-youthlax.org/CalendarOfEvents.asp?teams=&Printable=&n=&org=Maineyouthlax.org>).

A registration form can be downloaded and submitted. This listing of the boys' and girls' tournaments is current as of 2/26/2020.

### **Boys Tournaments:**

CAPE CLASSIC - 3/4 BOYS ONLY - MAY 30th 2020 <http://capeclassiclax.wordpress.com/>

BOYS - LAXFEST in South Portland 5/6 Boys

JUNE 2020: <http://www.southportlandlacrosseboosters.com/ted-hellier-festival.html>

BOYS AND GIRLS – TEGENHONDI TOURNAMENT at Colby College – MAY 16/17

[www.tegenhonditournament.com](http://www.tegenhonditournament.com)

BOYS AND GIRLS – GRAY/NEW GLOUCESTER 7TH/8TH GRADE - ANGUS J. MCDUFFIE  
TOURNEY – MAY 31

BOYS AND GIRLS - CENTRAL MAINE SPARTANS JAMBOREE - GRADES 3/4, 5/6 AND 7/8 –  
June 7

<https://s3.amazonaws.com/files.leagueathletics.com/Images/Club/22978/central maine play day 2020.pdf>

CUMBERLAND JAMBOREE 3/4 BOYS AND 5/6 BOYS for 2020 on JUNE 13th and 14th  
<https://s3.amazonaws.com/files.leagueathletics.com/Images/Club/22978/LaxJam 2020 app.pdf>

BOYS AND GIRLS – K-2 TOURNAMENT – JUNE 14 IN SACO

### **Girls Tournaments:**

MASSABESIC GIRLS 3/4 and 5/6 ROUND ROBIN – MAY 3  
<https://s3.amazonaws.com/files.leagueathletics.com/Images/Club/22978/Massabesic Filly Lacrosse 2020 Playday.pdf>

2020 CUMBERLAND GIRLS ROUND ROBIN: GRADES 3/4 AND 5/6 – MAY 16TH  
<https://s3.amazonaws.com/files.leagueathletics.com/Images/Club/22978/2020 Girls Round Robin app.pdf>

BOYS AND GIRLS – TEGENHONDI TOURNAMENT at Colby College – MAY 16/17  
[www.tegenhonditournament.com](http://www.tegenhonditournament.com)

BOYS AND GIRLS – GRAY/NEW GLOUCESTER 7TH/8TH GRADE - ANGUS J. MCDUFFIE  
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BOYS AND GIRLS – K-2 TOURNAMENT – JUNE 14 IN SACO

### **Schedule update:** Terry Pollock

Home games: each town will be asked to host on at least 2 dates and each level.

MYL will try to pair up teams on open days and may ask towns to host 3<sup>rd</sup> party games

If desired, MYL will try to schedule all teams of all age levels from the same town  
on the same day at the same place

Sundays are preferred to make use of available officials. Most officials may be working or  
playing in high school games on Saturdays.

Applications are due to MYL by March 21 with the final schedule posted by April 1.

### Season schedule:

First weekend is April 25/26. Last weekend in June 13/14.

Usually no games are scheduled over Memorial Day weekend, but MYL will work with and team  
requests for games over that 3-day period.

MYL attempts to keep travel to less than an hour and to schedule only 1 game at a 1-hr distance. If teams are willing to travel distances more frequently, please let MYL know.

Officials' scheduling:

It is the responsibility of the host team to schedule and pay officials, although teams can coordinate funding with visiting teams if they want to, especially if 3<sup>rd</sup>-party teams are involved.

Information about scheduling officials for girls' and boys' lacrosse follows the minutes on general information.

**Select League Lacrosse:** Mike Hersey ([sacobaylacrosse@gmail.com](mailto:sacobaylacrosse@gmail.com))

A grade 5/6 select league for both girls and boys will be piloted in 2020.

Details: goal is 4 girls' teams, 4 boys' teams of 12 players each that will play each other

Tryouts for both boys and girls will be held on 2 dates; players need only attend one.

April 5<sup>th</sup> and one other date TBD (probably a mid-week date)

Players who are accepted will be placed on teams with other players from the same and/or nearby towns.

**Requirement:** players on the select teams must also play on their town club team.

Season length: 6 weeks; games on Sunday evenings (6 pm and 7 pm, probably alternating boys and girls between the start times)

Standing will be kept and the final games (on Fathers' Day, June 14) will be a 1<sup>st</sup> v 2<sup>nd</sup> championship game and a 3<sup>rd</sup> v 4<sup>th</sup> match.

Cost: \$75 per player covers pinnies, officials, site fees.

Sign up through 4-Leaf Lacrosse at

**Stateline Meeting:** March 11 at 6pm at Wells Parks and Rec

Teams wanting to play in the league can schedule games through a "speed-dating" process that night. Age levels 3/4 and 5/6 will be scheduled for sure; 7/8 games if needed.

Most games will be scheduled for mid-week, leaving the weekends for MYL scheduled games

**Information specific to Girls' Lacrosse and Boys' Lacrosse on next 3 pages**

# Girls Lacrosse Information

Barbara Snapp ([mwloatraining4umps@gmail.com](mailto:mwloatraining4umps@gmail.com))

## Rules Changes: Major new rules are

- Free movement for all players not involved in a free position (player fouled and opponent)
- Check to neck is now cardable as a check to the head.
- Self-start after a boundary ball need not stand. Player can run in from out of bounds and keep running. Player may not pass from out of bounds.
- No player may enter the field once official has hands on crosses in a draw. They must wait until possession is gained.
- Free possession for any defensive foul between 8m and 12m will take place on the 12 with a penalty lane cleared for major fouls

## Training for officials:

There is a desperate need for both adult officials and youth officials. There may be insufficient officials to cover games on Saturdays and week days. Parents are encouraged to attend junior official training and become certified to officiate youth games. They will be able to officiate their daughters' games and at the very least will serve as a back-up if other officials cannot be scheduled.

## Training dates and locations:

### Adult Official clinics: (attend one set)

Thornton Academy; March 9, 16, 23; 6 to 8:30 pm

Falmouth HS; March 12, 19, 26; 6 to 8:30 pm

Thomas College; Mar 29 (11:30-3pm), Apr 11 (2 hr)

Husson College; Mar 21 (8:30-12 pm), Apr 11 (2 hr)

### Junior Official/Parent clinics: (attend one)

Feb 29 at Cape Elizabeth HS, 9 am to 2 pm

March 14 at Bath Rec, 9 am to 2 pm

March 29 at Thomas College, 11 am to 4 pm

April 5 at Biddeford HS, 9 am to 2 pm

FMI: [www.mainewloa.com](http://www.mainewloa.com) (or <https://sites.google.com/site/mainewloa/home>)

## Assigning officials:

### Junior Officials and parent officials:

Contact information will be emailed to all team schedulers. It is the responsibility of the home team to contact officials and schedule them

Fees: \$29 per game for each official whether working alone or in pairs.

### High-school rated officials:

Geo Almasi will schedule officials who have been certified to officiate at higher levels.

([geoalmasi@yahoo.com](mailto:geoalmasi@yahoo.com))

Fees: \$46 per game plus mileage if travel exceeds 25 miles one way.

## Boys Lacrosse Information

### Rules Changes: Major new rules

All Illegal Crosse Penalties are two-minute non-releasable personal fouls.

The crosse can be corrected for use later in the game and does not stay at the table.

U8 and U10: 1 pass attempt after possession on a face-off, 1 pass attempt when play resumes after a goal, 1 pass attempt at start of each period

U12 and U14: Offensive players must be 5 yards from the player restarting with the ball.

Effective January 1, 2021 all goalkeepers shall wear chest protectors designed for lacrosse that meets the NOCSAE ND200 standard at the time of manufacture.

Effective January 1, 2022 all field players shall wear shoulder pads designed for lacrosse that meets the NOCSAE ND200 standard at the time of manufacture.

Read rule 4.15 on Illegal Body Contact: officials have been asked to call this liberally (i.e., whenever a player hits the ground). Have patience as officials adjust to this rule.

### Training for officials:

Junior Officials are need south and west of Biddeford, west of Lewiston, and north of Augusta.

Turnover in Junior Officials is often due to hostile interactions with parents.

### Training dates and locations:

#### Adult Official clinics: (attend one set)

##### SOUTHERN MAINE MLOA TRAINING

Two Mandatory Classes: February, 24<sup>th</sup>, March, 2<sup>nd</sup>; 6 PM-8:30 PM;

Thornton Academy Middle School, 438 Main St, Saco

##### CENTRAL MAINE MLOA TRAINING

Two Mandatory Classes: Tuesday, February, 25<sup>th</sup>, Wednesday, March, 4<sup>th</sup>; 6

PM-8:30 PM Fairview Elementary School, 397 Minot Ave, Auburn

##### NORTHERN MAINE MLOA TRAINING

Two Mandatory Classes: February, 26<sup>th</sup>, March, 4<sup>th</sup>; 6 PM-8:30 PM

Bangor Parks & Recreation Department, 647 Main St, Bangor

#### Junior Official clinics: (attend one training)

Sunday March 1st, 8-12:00am

Southern Maine MLOA Training, 1332 Post Road, Wells, ME 04090

Sunday March 22nd, 8-12:00pm

Thornton Academy Middle School, 438 Main St, Saco, ME 04072, USA

Sunday March 29th, 8-12:00pm

Cape Elizabeth High School, 345 Ocean House Rd, Cape Elizabeth, ME 04107

Sunday March 29th, 8-12:00pm

University of Southern Maine, Gorham Campus, 37 College Avenue, Gorham, ME, 04038 - Southern Maine.

Sunday April 5th, 8-12:00pm  
Fairview Elementary School, 397 Minot Ave, Auburn, ME 04210, USA

Wednesday, February 26 & March 4, 6:00 – 8:30 PM  
Attendance at both is mandatory .  
Bangor Parks & Recreation Department, 647 Main St, Bangor, ME 04401, USA

FMI: Josh Blaisdell ([jblaisdell80@gmail.com](mailto:jblaisdell80@gmail.com))  
Chris Hughes ([chrisref207@gmail.com](mailto:chrisref207@gmail.com))  
[www.mloa.org](http://www.mloa.org)

Assigning officials:

All officials (junior officials and certified high school officials) will be assigned through Arbiter.

Jeff Howes is the assigner ([flagdown87@gmail.com](mailto:flagdown87@gmail.com))

Fees: Junior officials – \$29 per game

High-school rated officials: \$46 per game