



PRELIMINARY 2019 SUMMER TRAINING SCHEDULE

	1	2	3	4	5	6	7	8	9	10
Coach Neil	Monday JULY 8th	Wednesday JULY 10th	Thursday JULY 11th	Monday JULY 15th	Wednesday JULY 17th	Thursday JULY 18th	Monday JULY 22nd	Wednesday JULY 24th	Thursday JULY 25th	Monday JULY 29th
GIRLS 5:45 - 7:00 PM	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11
GIRLS 7:00 - 8:15 PM	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15

	11	12	13	14	15	16	17	18	19	20
Coach Neil	Wednesday JULY 31st	Thursday AUGUST 1st	Monday AUGUST 5th	Wednesday AUGUST 7th	Thursday AUGUST 8th	Monday AUGUST 12th	Wednesday AUGUST 14th	Thursday AUGUST 15th	Monday AUGUST 19th	Wednesday AUGUST 21st
GIRLS 5:45 - 7:00 PM	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11
GIRLS 7:00 - 8:15 PM	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15

	1	2	3	4	5	6	7	8	9	10
Coach Paul	Monday JULY 8th	Wednesday JULY 10th	Thursday JULY 11th	Monday JULY 15th	Wednesday JULY 17th	Thursday JULY 18th	Monday JULY 22nd	Wednesday JULY 24th	Thursday JULY 25th	Monday JULY 29th
BOYS 5:45 - 7:00 PM	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11
BOYS 7:00 - 8:15 PM	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15

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BOYS 5:45 - 7:00 PM	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11	U9 - U11
BOYS 7:00 - 8:15 PM	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15	U12 - U15

Notes: Rain-outs and other cancellations will effect the actual date of training.

Schedule changes may occur prior to the start of training due to lack of interest in any one session.

Two scheduled make-up dates have been installed at the end of the training sessions (session 19 and 20)

Part-time participants are free to choose any nine of the first eighteen sessions

U-Group = Birthdate U5 = 2015 U7 = 2013 U9 = 2011 U11 = 2009 U13 = 2007 U15 = 2005
 U6 = 2014 U8 = 2012 U10 = 2010 U12 = 2008 U14 = 2006