



2021 Pomperaug Youth Baseball COVID Rules and Regulations

Adapted from: CT CAL RIPKEN BASEBALL RULES AND REGULATIONS 2021

1. Safety is our number one priority. Beyond the following regulations, PYB follows CDC recommendations to ensure player and fan safety. Elements of these rules and regulations are subject to change as updates are made to national, state, and/or local policies.
2. Every participant (coaches, managers, volunteers, parents, players, etc.) must sign the National Babe Ruth waiver.
3. SCREENING: Event organizers, staff, coaches, parents, players, umpires/officials must conduct daily symptom assessments (self-evaluation). In other words, if any individual has any symptoms or was in close contact with a known positive case - STAY HOME.
4. TRAVEL: Athletes are recommended to travel to the venue alone or only with members of their immediate household.
5. PRACTICE: Coaches should keep players in small groups at practice to allow for physical distancing.
6. PERSONAL PROTECTION FOR COACHES/STAFF/ATHLETES/UMPIRES; Coaches, staff, umpires and athletes are required to wear a face mask or cloth face covering when unable to easily keep 6 ft of physical distance from others, unless doing so would be contrary to his or her health or safety due to medical conditions. Catchers are the ONLY on-field participants required to wear a face mask during a contest. Masks must be worn during any meeting with players; including mound visits and pre/post game meetings.
7. SHARED EQUIPMENT: Ensure athletes do not share equipment. This includes bats, helmets, and catcher's gear.
8. HYDRATION: All players and coaches shall bring their own water bottles. Water bottles shall not be shared.
9. BASEBALLS: Multiple balls will be used at every clinic, practice, and game.
10. DUGOUTS, BENCHES, & BLEACHERS: Are allowed to open if social distancing can be observed. All players and coaches in the dugout must wear a mask.
11. CROWD CONTROL: Spectators are encouraged to maintain social distancing and follow all CDC recommendations. Individuals shall not congregate in common areas or parking lots following an event or practice. It is recommended that family members who attend practices and games wear a mask while attending those events.
12. CONCESSION STANDS: Allowed to open for sale of prepackaged food and drinks
13. IN THE EVENT OF A POSITIVE COVID-19 CASE: guidelines defined by the State of CT in their Contact Tracing Platform must be followed and can be found here, <https://portal.ct.gov/Coronavirus/ContaCT>.
14. UMPIRES: The officials assigned to work each game shall perform their duties as they have done in the past with a couple of changes. a. It is recommended that the plate umpire call the game from behind the catcher as is the normal practice. If the plate umpire does not feel comfortable behind the catcher, he/she may call the game from behind the pitcher. b. The pregame meeting will be held on the field, away from any players that may be warming up. Masks must be worn during this meeting. c. The game officials must wear a face mask or cloth covering while performing their duties.