



RIDGEFIELD LITTLE LEAGUE Practice & Game Safety Checklist

6/12/2020

TOP SIX REQUIREMENTS FOR ALL PARTICIPANTS

- ___ **Hand Washing:** We recommend you wash your hands often, and when soap and water is not available, we have hand sanitizer placed throughout the fields for your frequent use.
- ___ **Social Distancing:** Please maintain at least 6 feet between you and others, following all posted signage at the fields.
- ___ **Face Coverings:** Players and coaches will be required to bring their own face covering of choice to all RLL activities. We recommend all guests and players to wear masks or face coverings while outside the field of play.
- ___ **Cleaning & Disinfecting:** Please be patient as our team performs more frequent cleaning. Help do your part by keeping your area clean and disposing of trash.
- ___ **Universal No-touch Rule:** Players, coaches and umpires must refrain from physical contact with each other or opponents on and off the field of play.
- ___ **Health Monitoring:** Daily self-evaluated wellness screenings need to be completed by all participants (players, coaches and fans) prior to attending games. People experiencing COVID-19 symptoms should not attend games and should contact a local health care facility immediately.

SPECIFIC REQUIREMENTS FOR COACHES

- ___ Hand washing or sanitizing required between innings.
- ___ Responsible for full “wipe down” of dugouts, bleachers, and bench area after each game. Each field will have specific instructions.
- ___ Must wear face coverings in the dugouts.
- ___ Must make every attempt to ensure that their players and assistant coaches are following COVID-19 prevention measures including, but not limited to all mentioned herein.

SPECIFIC REQUIREMENTS FOR UMPIRES

- ___ If physically able, umpires are encouraged to wear cloth face coverings while umpiring.
- ___ Hand washing or hand sanitizing frequently during the game. Protective gloves are encouraged.
- ___ Umpire equipment and/or personal items should remain separate from teams.
- ___ Must adhere to 6-foot distancing guidelines when interacting with players, coaches and spectators both on and off the field of play.
- ___ Must conduct daily symptom self-evaluation assessments. Anybody experiencing symptoms or living with somebody experiencing symptoms must stay home.
- ___ Umpires will stand 6 feet behind the pitcher’s mound to call balls/strikes.

SPECIFIC REQUIREMENTS FOR SPECTATORS

- ___ Must adhere to 6-foot distancing guidelines for anyone not in the same family.
- ___ Must conduct daily symptom self-evaluation assessments. Anybody experiencing symptoms or living with somebody experiencing symptoms must stay home.
- ___ Spectators should bring their own seating or portable chairs when possible.
- ___ Must not enter player areas on the field, behind the backstop, or in/around team dugouts and player/coach areas.
- ___ Concession stands will be closed. Spectators may bring their own drinks or snacks, but no sharing of food or drinks.
- ___ When bathrooms are open, they should be limited in use. It is highly recommended to wash or sanitize hands upon both entering and leaving the restroom.
- ___ No spitting or chewing seeds, gum or similar products.
- ___ Families and players should vacate the field/facility as soon as is reasonably possible after the conclusion of their game or practice, ideally within 15 minutes.

MANDATORY PRACTICE & GAMEPLAY REQUIREMENTS

- ___ Players must wear face coverings at all times when not on the field of play.
- ___ All participants must adhere to 6-foot distancing guidelines when off field of play.
- ___ Hand washing or sanitizing required between innings. Players are encouraged to bring their own hand sanitizer for personal use. Hand sanitizer should be placed in all common areas off-field for easy use.
- ___ Batting team: Dugout limited to next 3 players to bat + 1 coach/scorekeeper - must be socially distanced. All other players must be socially distanced in the dedicated player area by the dugout or with their parents.
- ___ No personal player bat bags/equipment bags in the dugout. Player equipment should be spaced accordingly in the designated player area outside of the dugout to prevent direct contact.
- ___ No participants permitted to share equipment or personal items (glove, bat, helmet, etc). Gear should be used by the individual owner only and should be sanitized before and after game play. If catcher's gear must be shared, it must be sanitized before use between players.
- ___ Each team will supply baseballs to be used exclusively for their team in the field to minimize the number of people using the same ball.
- ___ Coaches must sanitize baseballs with disinfectant between innings.
- ___ Teams keep their own lineup cards and/or use online scorebook (GameChanger). Umpires will not receive lineup cards.
- ___ No sharing of food or drinks. Team drink coolers are prohibited. All players must bring their own drinks or snacks.
- ___ No spitting or chewing seeds, gum or other similar products.
- ___ A tip of the hat or wave shall replace the customary post-game handshake.
- ___ Full "wipe down" of dugouts, bleachers, and bench area after each game.
- ___ A 30-minute buffer between games to allow for safe exit of players, coaches, umpires & spectators, as well as sanitizing of dugouts, bleachers, etc.