

# WSA REC SOCCER

## Soccer Developmental Clinics

### Program Emphasis:

- Personal Development
- Basic Skill Development
- Motor Skill, Agility & Coordination Development
- Problem Solving & Decision Making – Independent Thinkers
- Small sided team play
- Fun – Enjoyment

### Player Responsibilities:

#### VERY IMPORTANT

- ✓ Bring an inflated soccer ball – no ball, no skills
- ✓ Bring soccer shoes and shin guards – **SAFETY**  
- We will not let a child participate if we feel it is unsafe
- ✓ Bring water
- ✓ Be on time
- ✓ Good Attitude
- ✓ Pick up your garbage
- ✓ Have Fun

### Parents:

- Please drop off and pick up children **on the field, on time**
- Parents are welcome to observe all sessions
- Stay off training area during sessions (at least a 10-yard cushion)
- Viewing on one side of field only (Parking lot side)
- Please follow all parking area rules – **Be very careful in parking lot!**
- Cancellation hotline number – 203-221-9900
- Coaches are free for questions before and after sessions  
- **Not during sessions!**



[www.kydessoccer.com](http://www.kydessoccer.com)

[www.westportsoccer.org](http://www.westportsoccer.org)

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### PROGRAM CURRICULUM K to 2nd Grade

#### Week 1

**Emphasis:** Fun, decision making, teamwork, communication

#### Week 2

**Emphasis:** Throw-ins, different foot contacts

#### Week 3

**Emphasis:** Keeping ball close to you, learning to use inside/outside of foot, scoring

#### Week 4

**Emphasis:** Turning with sole, inside & outside of foot, shielding ball

#### Week 5

**Emphasis:** Agility, running with the ball, scoring, awareness

#### Week 6

**Emphasis:** Passing, communication, scoring, awareness

#### Week 7

**Emphasis:** 1 vs. 1 and 2 vs. 2 attack and defend, scoring, awareness

#### Week 8

**Emphasis:** Fun, decision making, teamwork

#### GAME EMPHASIS:

1. Small Sided Scrimmages
2. Everybody is involved and running
3. Communication – Verbal & Visual
4. Decision Making – Think-Think-Think
5. FUN

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## Soccer Developmental Clinics

### PROGRAM CURRICULUM 3<sup>rd</sup> – 8<sup>th</sup> Grade

#### Week 1

**Emphasis:** Fun, decision making, teamwork

#### Week 2

**Emphasis:** Throw-ins, corners for/ against, different foot contacts

#### Week 3

**Emphasis:** Keeping ball close to you, learning to use inside/outside of foot, scoring

#### Week 4

**Emphasis:** Running with the ball, 1 vs. 1 attack & defend, scoring

#### Week 5

**Emphasis:** Trapping ball from air, scoring, awareness

#### Week 6

**Emphasis:** Passing & moving, supporting passing angles, scoring, awareness

#### Week 7

**Emphasis:** 2 vs. 2 attack & defend, scoring, awareness

#### Week 8

**Emphasis:** Fun, decision making, teamwork

#### GAME EMPHASIS:

1. Small Sided Scrimmages
2. Team Shape and Balance
3. Communication – Verbal & Visual
4. Decision Making – Think-Think-Think
5. FUN