

27 th ANNUAL COACH'S CLINIC--2019
PRESENTED BY: THE ORANGE COUNTY BASEBALL CAMP
2016

COST: FREE!!!! All speakers, coaches and demonstrators donate their time!

DATES: Wednesday, January 9 Columbus Tustin Middle School Multi-Purpose Room
 Tuesday, January 15 Columbus Tustin Middle School Multi Purpose Room
 Wednesday, January 16 Columbus Tustin City Gym
 Wednesday, January 23 Columbus Tustin City Gym

TIME: 6:30 – 9:00 pm

LOCATION: Listed above for each individual date. Addresses and directions are as follows:

Columbus Tustin Middle School – Multi-Purpose Room

17952 Beneta Way, Tustin, CA 92780

From the 55 Fwy: Exit on 17th Street toward Tustin, right on Prospect, left on Beneta Way

Clinic Director: **Tim O'Donoghue:** Owner/Director of The Orange County Baseball Camp High School, Principal,
 Former Tustin High School Head Baseball Coach, CIF Coach of the Year
 41 years of experience coaching youth baseball (Little League, Pony League, and Senior League)

Instructors:

Greg Jennings: Former High School Baseball Coach and youth coach
Kevin Lavallo: Head Baseball Coach—Beckman High School
Dr. Steve Kelly Asst. Coach—Foothill High School

Dr. Tim Franks: Sports Doctor
Charles Chatman Head Baseball Coach – Tustin High School
Stacy Parker Asst. Coach Cal Poly Pomona

Wednesday Jan. 9 CT Multi Purpose Room	Tuesday Jan. 15 CT Multi Purpose Room	Wednesday Jan. 16 CT City Gym	Wednesday, Jan. 23 CT City Gym
General Session	General Session	General Session	General Session
Course Overview	Role of the Coach	Role of the Coach	Role of the Coach
Role of the Coach	Hitting fundamentals and drills	Practice organization	Injury prevention
4 Keys to Successful Baseball	Catcher fundamentals and drills	Fun hitting games	Throwing Mechanics
Hitting/Bunting fundamentals mechanics	Priority System for Fly Balls	Basic defense skills	Pitching fundamentals
Infield and Outfield Play		Cutoffs assignments	Rundowns
First and Third Defense		Bunt Defense	*SEPARATE COACH PITCH AND TEE BALL SESSION

For further information or questions: Tim O'Donoghue (714) 552-0430 or todonoghue@tustin.k12.ca.us

