



The 2019 New York Archdiocesan Catholic Youth Organization
Annual Outdoor Track Championship
Sunday, June 9, 2019 at Icahn Stadium, Randall's Island: 12:00PM

(Track Events)	Meet Directors (Meet Registration)	(Field Events)
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The facility will open at 11:00am for us.

- Coaches' meeting 11:30
- first event called 11:45
- first event starts 12:00
- meet ends about 4:00pm

NEW: MEET ONLINE ENTRY

1. ENTRY DEADLINE: Wednesday, June 5th @ 10:00pm

- All teams will be required to register their team and athletes on <https://www.directathletics.com/>. See coaches instructions. Athletes will not be permitted to participate without pre-registering through directathletics.com. DO NOT WAIT UNTIL LAST MINUTE. No athlete will be permitted entry into championship meet past registration deadline.
- Athletes must be registered into the running events they will be participating in. Enter seed times. If seed time is not known, leave blank.
- Athletes must be registered into Field events. Events will be an open pit.
- Coaches only, may pick up their team packet at the registration table upon arrival.

EVENTS **NEW** Events will be run by grade; boys separate from girls. Grades PK-8

Track Event & Order →					Field Events			Relay
1500m	400m	100m	800m	200m	Long Jump	Shot Put	Turbo Javelin	4 X 100
3,4,5,6,7,8**	1,2,3,4 5,6,7,8	PK,K 1,2,3,4 5,6,7,8	1,2,3,4 5,6,7,8**	1,2,3,4 5,6,7,8	1,2,3,4 5,6,7,8	1,2,3,4 5,6,7,8	1,2,3,4 5,6,7,8	3-4 5-6 7-8

*1500, 800, 400, 200, 100 and 4x100 all will be final on time.

** 1500 and 800 may be merged based on number of athlete entries.

***The shot put, turbo javelin and long jump will be open pit from 12:00pm to 15 minutes after the last running event..

****Please note: Grades 1-2 athletes can participate in 800m if coach/parent requests and verifies fitness.

ATHLETE ENTRIES

- An athlete may enter a total of **3 events, (including relay) which they have participated in during the current season**. Please note, it will remain at the discretion of each team's coach to determine the appropriate event entries per athlete.
- An athlete cannot be moved up or down in a division.
- Athletes are to wear their team uniform they use during the regular track season

4. **Team Eligibility:** This Meet is open to all teams that have competed during the regular CYO season. Club teams that have competed during the regular season are welcome. Club athletes may medal, but will not be eligible towards team scoring.
5. **Athlete Eligibility is determined by CYO**
6. **Relays: because this meet is incorporating scoring by team, relay teams must consist of athletes from the same team ONLY.**

COST:

1. **\$15 per athlete** to cover the cost of facility rental, medical staff, medals and meet management. Teams will be invoiced.

RESULTS, SCORES AND AWARDS:

1. Results will be posted at www.cyony.org
2. At no time, are parents to approach the timing crew. If a question arises, please bring to the attention of your coach first, meet official second. They will address with the timing crew for review if needed.
3. Scoring will be tabulated by team.
4. Results will be tabulated and medals will be distributed to the designated Team Coach for distribution.
5. This is a scoring meet (6-4-3-2-1).
6. Medals will be awarded to the top three in each event.

WE ASK THE FOLLOWING OF ALL TEAMS:

1. ALL Parents must complete the online waiver form here:
<https://leagueathletics.com/UserForm.asp?RegID=78430&org=CYONY.ORG>
2. Designated Coaches and Volunteers will be the only ones permitted on the infield. All spectators and parents must remain off of the track at all times.
3. All athletes are properly and sufficiently trained to compete in the event you have placed them in.
4. Each team has adequate adult supervision.
5. Each team keeps their area clean of trash and when the meet is over all belongings are taken home.
6. Everyone please remember why we are here and all should enjoy themselves. Please no un-sportsman like conduct, be they remarks, conduct or salutations.

SOME NOTES:

1. All races, where applicable, will be run from a staggered start. Down starts are permitted. 400 meter runs **will not** be run in lanes for grades 1-4. Grades 5-8 will be run in lanes or as advised by Icahn meet officials. Depending on athlete entries, divisions may be combined.
2. 4 x 100m relays are run totally in lanes (acceleration zone is allowed).
3. Shot puts, turbo javelins and batons will be provided**
4. **TRACK SHOES ALLOWED, NO MEDAL INSERTS OR PINS. NO STARTING BLOCKS.**
5. **FIELD EVENTS:**
 - Shot Put: 7th & 8th grade boys divisions throw a 4Kilo shot, all others throw a 6 pound shot.
 - Turbo Javelin: 7th & 8th grade boys and girls throw 600g, all others throw a 400g turbo javelin.
 - Long Jump: toe boards are 4 feet.
6. **RULES** for this meet are “**National Federation of H.S. for Track and Field**” adopted by the **CYO (with some exceptions)**.
7. The officials are volunteers from various programs and of various ages, including high school volunteers. Please remind those associated with your teams that they deserve respect and patience.
8. If a question results from an event, please have the **head coach address the concern to the meet director or meet referee**. AND THEN PLEASE ACCEPT THE FINAL DECISION! REMEMBER MISTAKES HAPPEN...EVEN IN THE OLYMPICS.
9. Volunteers who wish to help will be accepted the day of the meet.