Meet Sheet:

CYO 2020 Youth Cross-Country Meet #3: Hudson River Run @ Saint Augustines

When:
Saturday, October 24 @ 11am. Saint Augustines, Ossining. Optional course walk through, 10:15am.

GPS:
GPS: 381 N Highland Ave, Ossining, NY 10562

Courses:
K-2: 400m – start time – 11:00am
3-5: 1500m – estimated start time – 11:30am
6-8: 2000m – estimated start time – 12pm
*to best control total attendance, please only arrive 20 minutes prior to your start based on start times listed above. This will allow time for you child to go through the screening, but allow for proper spacing between races.

Day of Meet Officials:
Volunteer CYO Meet & CYONY Club Director/Coach: Stefan Anikewich
SJP/CYONY Coach: Sean Reilley
Transfiguration/CYONY Coach: Erin Moriarty

Teams/Runners Participating:

Map (full version attached for printing):

Races:
They’ll run in groups of 10-15 by grade/gender/course. We may combine gender (as needed) to fill out the group. Groups will be sent out only AFTER all the runners from the previous group returns.

Registration/Bibs:
Bid pickup will begin at 10am at the registration tent/table (refer to map). Please send ONE coach to the tent for retrieval. Members of the Saint Augustine school/parish ONLY will be allowed to register on race day. Otherwise, walk-ups are not allowed.

Parking:
Is available in the lot facing the “Station’s of the Cross” sculpture garden. Please follow the signs upon entering the property and refer to map for exact parking location.
Masks:
Will be required at all times by everyone (competing/not competing). Participants, please review policy while running in policies below.

Bathroom/Garbage:
There will be ONE open bathroom for use for emergencies. Please remember that all CYO meets are “trash in/trash out.” Meaning, no garbage receptacles on the property.

Temperature Reading:
All athletes and coaches are required to have their temperatures taken (via temperature gun) by the CYO EMT immediately upon arrival. Please refer to map for location.

Pre Screener Form:
Just a reminder (on the DAY OF THE MEET), parents are required to complete and submit the CYO COVID-19 Self Screener. Confirmation Email needs to be presented upon arrival. If you do not pass the 5 questions, you will not receive the confirmation email. It must be time stamped the day of the meet. The form will be sent at 6:00AM on Meet days. In addition, coaches will be provided a QR Code that parents can complete with their smart phone.

Volunteers:
Please meet at the clerking tent by 10:15am for check-in.

REVIEW CYO XC COVID Protocols:
We will be following all social distancing guidelines. 

Post Race:
Please remember that immediately following the athletes race, we ask that all participants head home (for safety reasons).

Please continue to follow all the posted COVID guidelines so we can have a fun and safe season.

AHNQ,
Coach Stefan