



9/21/2021

## CYO Basketball Guidelines & Protocols COVID-19

Our return to play guidelines and protocols found below, have been established to help the participating CYO programs and their community return to the court so long as we can do it safely. These protocols have been developed to help CYO programs plan for programming permitted presently and to properly plan for a path forward. There is an inherent risk in all activities amidst the COVID-19 Pandemic, but we can manage these risks and have a systematic and clear way to safely operate our CYO programs this year. As the pandemic conditions and New York State guidelines change, we will update and revise our procedures to constantly provide the safest environment possible for our children, families, coaches and officials.

The following guidelines are to ensure parish programs participating in CYO activities (practices and/or competitions) are meeting the standards of safety for everyone involved as well as meet our new public health obligation:

### Guidelines & Protocols

- 1) Follow all CDC, NYSDOH, and local health guidelines.
- 2) Adhere to best practices and recommendations from public health officials where CYO practices, games and events are scheduled. All facility specific protocols and guidelines must be followed, adherence to hygiene and cleaning and disinfection requirements as advised by the CDC and DOH, including “[Guidance for Cleaning and Disinfection of Public and Private Facilities for COVID-19](#),”
- 3) Coaches, players, parents, officials and spectators must self-monitor for [symptoms](#) and take their own temperatures on the day of practice and competition. A parent or guardian is responsible for completing the daily screening and temperature check on behalf of their child(ren).
- 4) All coaches, players and officials will be required to undergo a temperature screening prior to entering facility for practices and games.
- 5) A pre-screening questionnaire and/or COVID Code of Conduct form will be administered to all participants, families, volunteers and staff electronically.
- 6) Coaches, players, parents, officials and spectators will be required to arrive wearing a face covering. NY State requires masks while playing in any indoor setting. The CDC recommends masks to be worn in outdoor settings, when social distancing cannot be maintained or when participation includes un-vaccinated participants. At the conclusion of the practice or game, before leaving the bench area, face coverings should be worn exiting the facility/court.



- 7) Maintain social distancing in stands and on the bench. Players on the bench required to wear face masks as well. At the present moment, the CDC recommends masks to be worn outdoors in large outdoor gatherings.
  1. **Indoor facilities:** Only coaches and players will be permitted inside the gymnasium for their scheduled game. No spectators are permitted at this time. This will be continued to be reevaluated.
  2. **Outdoor facilities:** Coaches and players will be permitted inside the playing area. Spectators are to remain on the outside of fenced area maintaining all social distance guidelines.
    - i. Lawn chairs are strongly encouraged to bring by spectators in outdoor setting.
- 8) Coaches are responsible for compliance with these protocols at each game amongst themselves, assistant coaches, players and guardians/parents. Failure to comply with these protocols by any coach, player or guardian/parent will result in a forfeit of the game by the team of the non-compliant coach, player or guardian/parent. At the time of noncompliance, the game will be stopped.
- 9) Host facilities will provide balls that are clean and are available for rotation into the game or practice and follow cleaning protocols by ball manufacturers – [See Spalding ball cleaning recommendations](#).
- 10) Host facility/court coordinators must clearly designate separate entrances and exits, to the extent practicable.
- 11) Gyms and/or outdoor courts should have plenty of hand sanitizer so that the children and participants can maintain proper hygiene upon entering, exiting the facility. One should be placed at the score table.
- 12) Children will be asked to bring their own hand sanitizer and water bottles (filled) with their names on them to practices or events. Water fountains are to be turned off.
- 13) Emergency supplies of bottled water and masks should be kept by coaching staff.
- 14) No sharing of clothing, practice uniforms or equipment.
- 15) Carpooling is discouraged and participants should arrive to practice/games with their family members/household units.
- 16) Host facilities should have a Gym Manager on premise to act as a Social Distancing Ambassador. Officials are not responsible for enforcing COVID guidelines.



- 17) Player benches and high contact surfaces should undergo disinfection by the host facility prior to having another team occupy the same environment for the next scheduled game.
- 18) It is the responsibility of each parish to ensure that the gyms, bathrooms and high contact surfaces are properly cleaned at the end of the day at games and practices. Windows should be opened as frequently as possible for practices and games, weather permitting, to allow for maximum ventilation.
- 19) At the conclusion of each contest, teams will not shake hands. Coaches will not be permitted to speak to their teams inside the gym/court area. The priority will be to reunite players with a parent and their immediate exit of the facility. Parent/guardian must immediately move to meet their child and leave the gym/court premises.
- 20) Spectators/coaches/players arriving for the next scheduled game will not be permitted to enter the gym/court area while the earlier game is still in progress. Individuals waiting for the next game will be permitted in playing area once previous participants have left and the facility and court is reopened for the next game.
- 21) No hugging, high fives, shaking hands, or fist bumps.
- 22) Team huddles can only occur if all participants are socially distanced.
- 23) If a player, coach or anyone directly associated with a team becomes exposed to COVID19, then the team will NOT play any games or hold practice for a period of time as mandated by the CDC and health officials.

## Guiding Resources

- NYSDOH guidance ([Interim COVID-19 Guidance for Sports and Recreation](#))
- CDC, Considerations for youth sports: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- NYSPHSAA Return to Interscholastic Athletics: <http://nysphsaa.org/COVID-19-Info>
- New York Forward: <https://forward.ny.gov/>
- NYSDOH facility ([Guidance for Cleaning and Disinfection of Public and Private Facilities for COVID-19](#))



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*All information in the above letter is based on current and anticipated conditions and is subject to change depending on real time conditions and governmental guidance/mandates.*

*This document is for informational purposes only and is not intended to replace, change or supplement any of the state issued guidance. Participants should always follow and refer to the state issued Interim COVID-19 Guidance for Sports and Recreation (August 15, 2020) and the Interim COVID-19 Guidance for Schools (August 26, 2020) as well as federal, state and local health guidance for any specific questions. This information may change depending on current situations.*