

Power In Stride

Your Secret to Speed, Power & Balance

with Michelle Marella

****24 Years of Power Skating Experience***

Monday Evenings July 9 – August 27, 2018 at Wonderland of Ice

Enhance Your Fundamentals of Skating:

- **Understanding Your Edges**
 - **Balance & Control**
 - **Distribution of Weight**
- **Correctness of Turns & Pushes**
- **Forward & Backward Crossovers**
 - **Transitions & Tight Turns**
 - **And Much More...**

\$199 Per Skater - 8 Sessions

7:30 PM – 8:30 PM

Space is Limited

**To reserve your spot or for additional information contact Michelle:
powerinstride@gmail.com**