

High School League

THE INTENT AND PURPOSE OF THE RULES

The rules are intended to create a balance of play; to provide equal opportunity between the offense and the defense; to provide equal opportunity between the small player and tall player; to reduce the risk of injury; to create an atmosphere of good sportsmanship and fair play. It is the policy of Drexel Hill Raiders Basketball that all rules are strictly followed unless approval has been granted by the league commissioner.

1. The Spirit of the Game

- Players should always display cooperation and sportsmanship.
- Never forget that your opponent is also a fellow athlete on the court.
- Players deliberately acting in an unsportsmanlike manner will be removed from the game.
- Any spectators or coaches acting in an unsportsmanlike manner will be removed from the gym.

2. Rules and Regulations

- The height of the basket will be at 10 feet.
- Players will use a regulation sized ball (29.5 inches)
- Score will be kept for these games. Three-point shots are permitted.
- Only those with official Drexel Hill Raiders ID badges are permitted on the benches during games

3. Practices

- Practices will be held on a weekly basis.
- During this time coaches will work with players on fundamentals (e.g. dribbling, passing, catching, shooting, etc.).
- Emphasis is on fundamentals and skill work.

4. Games and Playing Rules

- All games are played under PIAA rules unless specified below.
- Games will be 2 twenty-minute halves with a running clock. Clock will stop during the last 2 minutes of each half and for timeouts and injuries.
- Each player must play a minimum of 8 minutes per half. Each player must sit for a minimum of 5 minutes each half. Each player's minutes will be kept at the scorer's table. If a player does not play 8 minutes in a half or sit for at least 5 minutes per half, a coach will be issued a warning by the league commissioner. A second violation will result in the removal of the coach for the remainder of the season, including playoffs.
- Defense is permitted to play full court defense.
- Jump Ball: All games will begin with a center court Jump Ball; all subsequent jump balls will be alternating possessions.
- FOULS - Players foul out on their 5th personal foul. Team is in the bonus (1and1) on the 7th team foul per half; Double Bonus (2 shots) on the 10th team foul per half.
- Timeouts: Coaches are given two timeouts per half.
- OVERTIME PERIOD: In the event of a tie at the end of regulation play, an overtime period of 2 minutes will be played. The game clock will stop on all whistles.
- Mercy Rule: If a team is ahead by 20 points or more, then the defense may not press full court. It is recommended that top players are removed, and the substitutes play. In last 8 minutes of the game, and with a 20-point lead, the coach must take his top players out until the point difference is 10 points. A first violation of the Mercy Rule by a coach will result in a verbal warning by the league commissioner. A second violation will result in the removal of the coach for the remainder of the season, including playoffs.

6. Playoffs

- Playoffs will be a double elimination tournament
- Playoff brackets will be chosen randomly

7. Coaches

- Will be a positive role model for his/her team players, parents, and fans.
- Will demonstrate self-control and a positive attitude regardless of the team's performance.
- Assist in controlling the parents and spectators supporting their team.
- Ensure that his/her coaching efforts are equally distributed among players.
- Please have your team off the playing court & bench area immediate after your activity.
- KEEP IT BASIC!

8. Conduct

Here are some general rules of conduct typical across leagues:

- All spectators, coaches, and players are reminded that this is a Youth Program sponsored event and emphasis should be placed on sportsmanship, rather than winning.
- Players, coaches, parents and spectators are expected to show respect for one another.
- Keep all cheering in a positive manner and show good sportsmanship.
- Berating, fighting, foul language, and swearing is not allowed.
- Unsportsmanlike conduct of any kind is not tolerated whether during the game or afterward in the parking lot, etc.
- Violation of these rules for a player or coach results in a possible suspension from the league with no refund.
- Any spectator or parent using foul language or determined to be acting inappropriately by the coaches will be asked to leave the gym.
- Multiple game suspensions could be imposed by the league administrator, depending on the severity of the situation and offense.

9. Discipline Policy

- Any player or coach that receives two technical fouls in a game is ejected from the game and will be suspended for the next game.
- Players and coaches who have been ejected must leave the facilities and grounds immediately or the team will forfeit the game.
- The following rules will be enforced in regard to technical fouls: 3rd technical foul of the season will result in a 1 game suspension (the next game to be played); 4th technical foul of the season will result in another 1 game suspension (the next game to be played). 5th technical foul of the season will result in being suspended for the **remainder of the season**.
- Any player or coach that is suspended for any game may NOT be in the building for the game which they are suspended.
- Vandalism, terroristic threats and/or physical violence, especially attacks on a game or league official before, during, or after a game, or fights/confrontations between players/teams will result in a minimum of one (1) year loss of eligibility in all league play or indefinite suspension in all league play; subject to an annual review if requested.
- The referees and Drexel Hill Raiders officials have the authority to remove players, coaches, or spectators from the game and/or forfeit the game due to unsportsmanlike conduct. Unsportsmanlike conduct shall include, but not be limited to, profanity, threats of any kind toward the referees or scorekeeper, fighting (before, during or after the game), or any flagrant foul as determined by the referee.
- Any spectator that is removed from the gym twice in one season will be barred from the gym for the remainder of the season.