



Decatur Youth Hockey Association  
COVID-19 Playbook  
2020-2021 Season  
October 1, 2020





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## Introduction:

The following protocols are authored by the Decatur Youth Hockey Association (DYHA) based on guidance received from our hockey governing organizations, USA Hockey and Amateur Hockey Association of Illinois (AHA), our partner organization Missouri Youth Hockey (MOAM), and government entities, namely the Illinois Department of Public Health (IDPH), Illinois Department of Commerce and Economic Opportunity, Macon County Health Department, City of Decatur, and the Decatur Civic Center. The intent of the Covid-19 Playbook and protocols is to ensure the health, safety, and well being of our players, coaches, managers, trainers, their families, and our community.

DYHA recognizes that the Covid-19 guidance is frequently changing. DYHA recommends all of it's members adhere to Federal, State, and local government guidelines, including local rink policies for requirements and best practices on Covid-19 health and prevention.



## DYHA Covid-19 Governance Dashboard

**Date:** 08Sept2020

**Intent:** The DYHA Covid-19 Governance Dashboard will be updated as changes occur in the Covid-19 guidance, monthly at minimum, to provide direction to DYHA Members.

### **Restore Illinois Covid-19 Plan:**

#### **-Decatur, IL is within Restore Illinois Region 6 (East Central) of the July 15 update**

Central	<a href="#">Phase 4</a>	Adams, Brown, Calhoun, Cass, Champaign, Christian, Clark, Clay, Coles, Crawford, Cumberland, DeWitt, Douglas, Edgar, Effingham, Fayette, Ford, Greene, Hancock, Iroquois, Jasper, Jersey, Lawrence, Logan, Macon, Macoupin, Mason, Menard, Montgomery, Morgan, Moutrie, Piatt, Pike, Richland, Sangamon, Schuyler, Scott, Shelby, Vermilion
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<https://coronavirus.illinois.gov/s/restore-illinois-regional-dashboard>

**Gatherings:** All gatherings of 50 people or fewer are allowed with this limit subject to change based on latest data & guidance

<https://coronavirus.illinois.gov/s/restore-illinois-phase-4>

	USA Hockey	AHAI	MOAM	IDPH – All Sport	Macon Cty Health Dept	City of Decatur
<b>Guidance</b>	Sanctioned Hockey – Follow local guidelines	<b>Follow All Sports Policy; No out-of-state play is sanctioned</b>	Follow STL County guidelines	<b>Hockey = Higher Risk Level 1 = No Contact Practices / Training</b>	Same as IDPH	Same as IDPH
<b>Link</b>	<a href="#">here</a>	<a href="#">here</a>	<a href="#">here</a>	<a href="#">here</a>		



## DYHA 2020-2021 Hockey Plan

While Covid-19 will impact our season and require a great deal of flexibility, the intent is to proceed with a focus on the health and safety of our players by adhering to the IDPH guidelines. Specific plans for 2020-2021 season include:

**Date: 08Sept2020**

- No-Contact training and practices will occur as per a regular season; DYHA will focus on **Player Development** and will continue to watch government and sanctioning body guidance.
- House Program will occur
  - House Teams will typically practice 2 times per week
  - House will be ready for exhibition games or scrimmages should they be allowed
- Travel Program will occur
  - Travel Teams will typically practice 3 times per week
  - Travel teams will be assembled, developed, and ready to play should games be allowed
- Practice – coaches or managers maintain attendance sheet
- Dues

Refer to the DYHA web site for a complete dues structure. Specific Covid-19 changes to dues have included.

Dues have been set for the 2020 season (excluding HS), but costs remain subject to change.

Charges up to the following amounts will be applied as mandatory surcharges if restrictions ease:

\$75 - Referee costs for games (10U, 12U, 14U)

\$40 - MOAM participation (10U, 12U, 14U)

\$200 - Tourney registrations (10U, 12U, 14U)

\$50 - Jamboree registration/hosting (6U, 8U)

\$300 - LLHL participation & schedule (HS)

Even with adjustments, the cost for travel teams is still higher than house teams because there are fewer players sharing the same sheet of ice and because there is one additional practice time each week. DYHA must pay the Civic Center for each hour of ice; the shared cost per player for travel teams is higher than for house teams but travel teams provide a higher coach/player ratio and a higher level of specialized training.

Per USAH and AHAI rules, DYHA must hold tryouts and submit travel team rosters just as if it were a normal year -- despite being unable to hold games or travel as of season start. These rosters will be in place and teams will prepare for games should they be able to happen if/when COVID-19 related restrictions ease.



## IDPH – All Sport Guidance:

**IDPH / All Sports:** This guidance pertains to all youth and adult recreational sports, including, but not limited to, school-based sports (IHSA & IESA), travel clubs, private leagues and clubs, recreational leagues and centers, and park district sports programs. This guidance does NOT pertain to professional sports leagues or college division level sports.

Higher Risk	Medium Risk	Lower Risk
Boxing	Basketball	Archery
Competitive Cheer	Fencing	Badminton
Competitive Dance	Flag Football or 7v7 Football	Baseball *
Football	Paintball	Bass Fishing *
Hockey	Racquetball	Bowling
Lacrosse	Soccer	Climbing
Martial Arts	Volleyball	Crew
Rugby	Water Polo	Cross Country*
Ultimate Frisbee	Wheelchair Basketball	Cycling *
Wrestling		Disc Golf
		Golf
		Gymnastics *
		Horseback Riding
		Ice Skating *
		Ropes Courses *
		Sailing, Canoeing, Kayaking *
		Sideline Spirit *
		Skateboarding
		Softball *
		Swimming/Diving *
		Tennis
		Track and Field *
		Weight Lifting *

### All Sports Policy

The level of play allowed is dictated by current public health conditions.

Below are the Type of Play Levels:

Level 1	No-contact practices, and trainings only
Level 2	Intra-team scrimmages allowed, with parental consent for minors; no competitive play
Level 3	Intra-conference or Intra-EMS-region or intra-league play/meets only; state- or league-championship game/meet allowed for low-risk sports only
Level 4	Tournaments, out-of-conference/league play, out-of-state play allowed, championship games allowed

Current Conditions Allow for the Following Types of Play per Sport Risk Level:

- Low-risk sports can currently play at Levels 1, 2, and 3
- Medium-risk sports can currently play at Level 1 and 2
- High-risk sports can currently play at Level 1

1 EMS Regions are the 11 regions IDPH uses for the Restore Illinois boundaries



## Covid-19 Health Monitoring Protocol:

The following is extracted from the IDPH All Sports guidance. Sports organization in below refers to DYHA. Per points 6-9 below, a positive Covid-19 diagnosis may result in partial or full stoppage due to quarantine of a given team's practice schedule. Specifically, per our Covid Waiver and point 6 below, the DYHA President or Hockey Director should be contacted if a DYHA member has a positive Covid-19 case in their household.

### Minimum guidelines

1. Sports organizations should make temperature checks available for employees and encourage their use. Organizers should post information about the symptoms of COVID-19 in order to allow employees, participants, and spectators to self-assess whether they have any symptoms and should consider going home
2. Before allowing participation in sporting activities, sport organizers or coaches should ask whether participant is currently exhibiting COVID-19 symptoms. If participant does have symptoms, they should wait to enter premises or participate in any sporting activity for a minimum of 10 days after symptom onset OR until feverless and feeling well (without fever-reducing medication) for at least 24 hours OR confirmed to not have COVID-19 via 2 negative COVID-19 tests in a row, with testing done at least 24 hours apart.
3. Sport organizers or coaches should maintain attendance log of participants for contact tracing purposes. Sports organizers should maintain attendance logs of all facility rentals, spectators, and employees for contact tracing purposes.
4. If employee, coach, participant, or spectator reports having any COVID-19 related symptoms, sports organizer should encourage individual to contact their health care provider; if multiple individuals report having any COVID-19 related symptoms, sports organizer or coach should notify their local health department within three days of being informed of the prevalence of COVID-19 symptoms; if multiple individuals test positive for COVID-19, sports organizer or coach should notify their local health department within one day of positive test results.

Specific to the DYHA Covid-19 Waiver: As part of the agreement between the undersigned and his or her child, and, DYHA, for the undersigned's children to be allowed to participate in the DYHA program, and for the safety of the other parents, spectators, players and coaches, the undersigned agrees to notify the DYHA immediately if he or she has knowledge that a member of their household has Covid-19 symptoms, has been exposed directly to a person with Covid-19, or has been diagnosed with Covid-19. The undersign also agrees that DYHA may share this information if it is necessary to protect other members, their children, coaches or spectators.

5. If an employee, athlete, coach, or spectator is identified as being COVID-19 positive by testing, deep cleaning and disinfecting should be performed according to CDC guidelines
6. Where appropriate, notify individuals who have been exposed. Individuals who tested positive should not be identified by name.
7. Any individual who has had close contact (15 min or more) with any other person who is diagnosed with COVID-19 should quarantine for 14 days after the last/ most recent contact with the infectious individual and should seek a COVID-19 test at a state or local government testing center, healthcare center or other testing locations. All other individuals should be on alert for symptoms of fever, cough, or shortness of breath and taking temperature if symptoms develop



## Covid-19 Symptoms:

All DYHA event participants and attendees should assess their health to ensure they have no Covid symptoms before attending a DYHA Event. Parents should assess their players and attending children.

People who are infected with COVID-19 have developed mild to severe respiratory illness with symptoms including fever, cough, shortness of breath, and potentially respiratory distress 2-14 days after exposure. Call your health care provider for medical advice if you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing.

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Call your medical provider for any other symptoms that are severe or concerning to you.



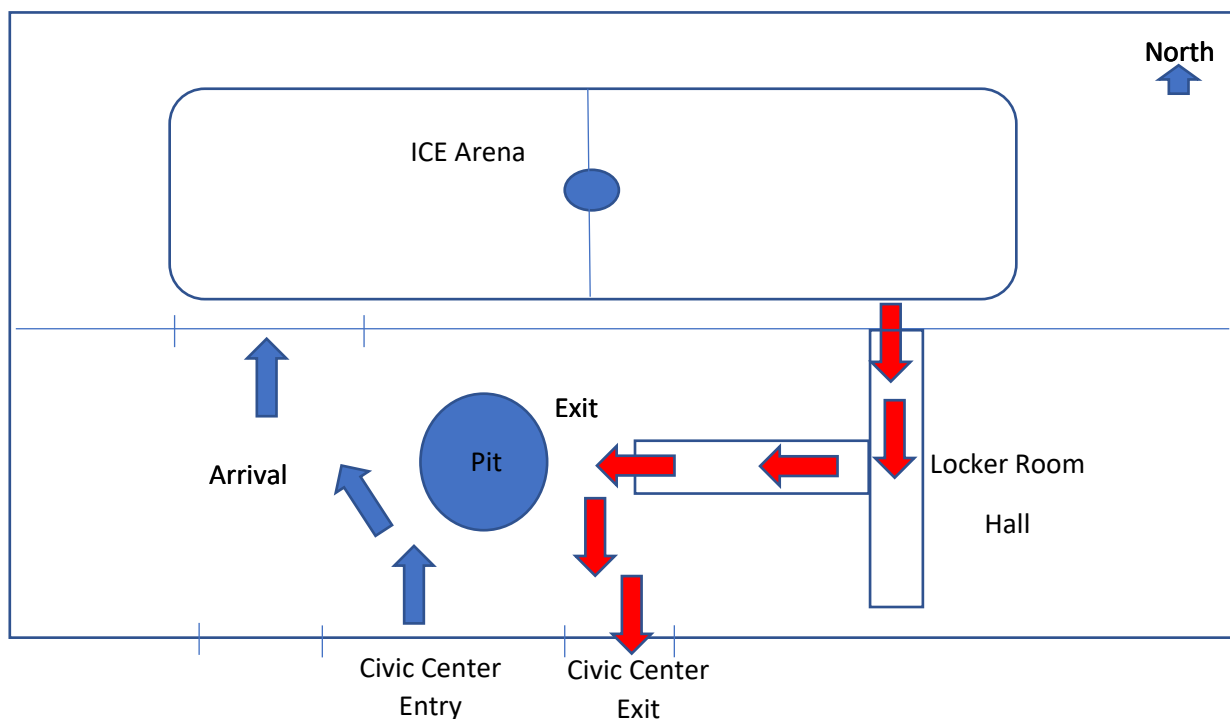


## DYHA Parent & Player Practice Guidelines

### DYHA Current Covid-19 Guidance:

- **Waiver** - A signed Covid-19 Waiver must be on file with the DYHA Hockey Director prior to engaging in any DYHA events.
- **Health** - Players, Coaches, Managers, Board Members, and Family members should be Covid symptom-free prior to attending any DYHA events.
- **Play Allowed** – No-contact training only with maximum of 50 Coaches & Players in the ice arena during any training session
- **Social Distancing** - Practice physical distancing on ice and in lobby viewing areas – 6-feet distance
- **Masks** –
  - Board, Managers, and families – Wear face masks when in Civic Center lobby
  - Coaches – Wear masks when in Civic Center lobby and when engaging players for coaching or when within 6-feet of players.
  - **Players** – Wear masks when in lobby or locker room area until helmet is put on in order to take the ice. On ice – helmet should remain on.
- **Water Bottles** – Players should bring their own labelled water bottle and not share bottles. (No spitting is allowed.)
- **Dressing Players** - DYHA players arrive dressed for practice, put on skates in lobby while social distancing
- **Dressing Goalies** - DYHA Goalies will dress in designated lobby area
- **Arrival / Departure** - Arrive 15-minutes before practice and promptly depart within 15-minutes after practice completion
- **Lobby Area:** West side of lobby is for arriving players and parents to put on skates; East side of lobby is for departing players to take off skates.
- **Admittance Arena** - No non-players or parents in ice arena. Coaches record team members present for each practice.
- **Viewing Practice** - Parents may observe practice from East side of lobby or 2<sup>nd</sup> floor of lobby area. Note: No more than 50-people may be in attendance in the lobby area during practice. Masks shall be worn and social distancing should be practiced. No more than 1-parent or guardian should stay to view a practice.

### Civic Center Lobby / Ice Flow for Player Arrival & Departure:





## DYHA Covid-19 Waiver:

### RELEASE AND WAIVER OF LIABILITY RELATING TO COVID-19

Participant Name: \_\_\_\_\_ Participant Age: \_\_\_\_\_  
Parent/Guardian Name: \_\_\_\_\_  
Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

IN CONSIDERATION for being permitted to utilize the services, facilities and programs of The Decatur Youth Hockey Association (DYHA) and its member teams (hereinafter referred to as DYHA) and/or for my children listed above to participate, including, but not limited to, observation or use of facilities or equipment, or participation in or acting as a spectator during any program affiliated with DYHA, the undersigned, on behalf of himself or herself and such participating children and any personal representatives, heirs, and next of kin (hereinafter referred to as "the undersigned") hereby acknowledges that COVID-19 infections have been confirmed throughout the United States, including cases in Illinois and Missouri. In accordance with the most recent guidance issued by the World Health Organization (WHO), the Centers for Disease Control and Prevention (CDC), and the Illinois Department of Health for slowing the transmission of COVID-19, the undersigned hereby agrees, represents, and warrants that neither the undersigned nor such participating children shall participate in, visit or utilize the facilities, services, and/or programs of DYHA if he or she (i) experiences symptoms of COVID-19, including, without limitation, fever, cough, loss of sense of taste or smell, or shortness of breath, (ii) has a suspected or diagnosed/confirmed case of COVID-19, or (iii) has exposure to any person who has a suspected or diagnosed/confirmed case of COVID-19.

As part of the agreement between the undersigned and his or her child, and, DYHA, for the undersigned's children to be allowed to participate in the DYHA program, and for the safety of the other parents, spectators, players and coaches, the undersigned agrees to notify the DYHA immediately if he or she has knowledge that a member of their household has Covid-19 symptoms, has been exposed directly to a person with Covid-19, or has been diagnosed with Covid-19. The undersign also agrees that DYHA may share this information if it is necessary to protect other members, their children, coaches or spectators. The undersigned acknowledges that DYHA has taken certain steps to implement protocols for slowing the transmission of COVID-19, and that DYHA may revise its procedures at any time based on updated recommended guidance issued by public health agencies. The undersigned agrees to comply with the DYHA revised procedures prior to utilizing the facilities, services, and/or programs of DYHA, and further acknowledges and agrees that, due to the nature of the facilities, services, and programs offered by DYHA, social distancing of 6 feet per person among children and their fellow participants or others is not always possible. The undersigned fully understands and appreciates both the known and potential dangers of participating in the programs and/or utilizing the facilities and services of DYHA and acknowledges that despite DYHA reasonable efforts to mitigate such dangers, exposure to COVID-19 may occur, which could result in quarantine requirements, serious illness, disability, and/or death.

In further consideration of being permitted to participate in DYHA's programs, THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE DYHA or any of their respective member teams, coaches, officials, directors, officers, employees, volunteers and agents, or any of the



fellow participants or their family members or guests from all liability, loss, damage, claim or demands related to any injury, illness or death of the undersigned, his/her minor children as a result of contracting Covid-19 directly or indirectly, whether caused by the negligence of DYHA, other participants and their parents, participating in games in other cities whose Covid-19 rules may be less restrictive and therefore less protective, or otherwise while the undersigned or such participating children are on the premises or using the facilities or equipment or participating in any program affiliated with DYHA including other facilities of teams against whom the DYHA competes . Nothing in this agreement should be construed as releasing, discharging or waiving any claims the undersigned may have for conduct that constitutes greater than ordinary negligence.

. THE UNDERSIGNED further expressly agrees that this agreement is permitted by the laws of Illinois and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

. IF SIGNING ON BEHALF OF MINORS: This is to certify that I understand that this agreement is made on behalf of my minor child(ren) and/or legal ward(s) and I represent and warrant to DYHA that I have full authority to sign this agreement on behalf of such minor(s).

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Note: if a player has two parents who are married both parents must sign this document. If the parents are not married and the parents have joint legal custody then both must sign. If the parents are not married and only one parent has legal custody then only the custodial parent is required to sign this document.

EMERGENCY CONTACT NAME: \_\_\_\_\_

EMERGENCY CONTACT NUMBER: \_\_\_\_\_