

Swords 2007/2008 Pewee Mix Travel team

The Cincinnati swords 2007/2008 mix travel team will play in the Buckeye Travel hockey league and provide an environment for player growth both on and off the ice. This will be done by playing a challenging schedule of league games and tournaments, along with a competitive and fun practice in which hard work is mandatory.

Coaching Staff

Head Coach

Kevin McQuade

-Family- Erin (wife), Jaiden (son 07'), Landon (son 10'), Daisy (daughter 16')

Coaching experience

- (18-19) Pewee MYHL Cincinnati Swords Head Coach
 - o Regular Season Champs
 - o MYHL Tournament Runner up
 - o Motown Cup tournament Champs
- (16-18) Squirt BTHL Travel Northern Kentucky Norse Head Coach
- (13-16) NKYHA Mite head coach

Playing Experience

- (04-09) University of Kentucky Club Hockey
 - o 2009 National Championship tournament
- (03-04) Phoenix Polar Bears Junior hockey team
 - o 2004 National Championship tournament
- (02-03) Indianapolis Checkers AAA Hockey team
- (99-02) Dayton Gems AA Hockey team
 - o 1999 National Championship tournament

Schedule

- **40-45 Game Schedule (possibly more)**

Tournaments

- 3-4 Tournaments throughout the year regionally based which will be determined once team is chosen.

Game Schedule

- League games will consist of BTHL division games, including pre season seeding tournament and end of season tournament.

Practice schedule

- I have asked for two practices per week from late August Through early March
- Practices may be added as needed throughout the season
- Off ice practice will begin during the summer to get the team to know each other and to continue learning hockey skills along with work out skills.
- Before one practice during the season the team will have an off-ice work out in which players will work on shooting in the shooting room and plyometrics to work on mobility.

Parent and Player Expectations

- **Parent responsibilities:** Get player to practices and games on time, typically an hour before games and 30-45 minutes before practice. Parents are expected to be a supportive hockey parent while leaving the coaching to the staff. The team will enforce the 24 hour rule for questions or comments from the game but overall we do have an open door policy. As coaches we are human and do make mistakes from time to time but always have the players interest at heart.
- **Player Responsibilities:** 100% effort is expected at both games, and on and off ice practice. Players are expected to understand team rules and have a total dedication to the team.
- **Playing Time:** Playing time is earned. Every player will get playing time but the amount may be determined by attendance, effort and attitude. Special teams time will be rewarded to the players that work the hardest and make smart decisions both on and off the ice.

Expectations

As a member of the Cincinnati Swords BTHL travel team our players are expected and will conduct themselves with integrity and respect both off and on the ice. The coaching staff will set goals that will push and challenge both the team and individual while still being attainable. Hardworking, accountable and responsible players with a positive attitude towards the team will be a great addition to the team.

Family, School, and Religion are integral parts to each family and player. Hockey and sports in general also play a big role in our kids lives, but is understood by the coaching staff that somethings do come before sports. With an open-door policy, a simple conversation can help with understanding any issues with a player.

Financial Commitment

- Team Fee is between \$1800 and \$2200
- Team Fee includes:
 - o All practice ice time
 - o All game ice time and officials for a 40-45 game season
 - o Tournament entry fees
 - o Cincinnati swords player fee
 - o Miscellaneous team fees and supplies
- Team Fee DOES NOT include:

- Travel expenses
- Equipment fees, if needed