

2019 SPRING TRAINING – SQUIRT, PEEWEE AND BANTAM

Spring training will soon be underway and registration for 2019 is now open! We will continue the program developed last year with its emphasis on tryout preparation including practice with the small area battle drill we added to last year's tryouts. The program will be split between individual skill development, small area battle drills and scrimmages. Each head coach will be given a curriculum which includes skating skills, puck fundamentals, introductory and enhanced checking (age appropriate) and team play. Activities will include stickhandling, passing, shooting and team concepts. Small area battle drills and scrimmages will be used to reinforce the learned skills in a game environment.

NOTE: We have added 2 sessions for a total of 12 instead of 10. When we looked at the spring break calendars, we realized that most participants may miss at least 1 if not 2 sessions so we added a couple so the kids would not miss out. We have NOT increased the fee to cover these additional sessions.

This year our tryouts will again include an additional on-ice session of small area battle drills for ALL skaters. Battle drills may include 1v1, 2v2, 1v2, 2v1, dump&chase and puck control w/pressure scenarios. These drills will be focused on during spring so our skaters are ready for the new session.

Our spring training will be held over six weeks. The first three weeks (March 23-April 11) will be just prior to our 2019-20 team tryouts. Coaches will be working with the skaters to get them ready for the week of tryouts that all players will attend. Tryout drills will be practiced during the spring training program. The last three weeks of spring training (April 23-May 11) will be geared to letting the kids showcase what they have learned with an emphasis on having fun. We have worked hard to select quality coaches and put together a curriculum where every child can become a better hockey player.

We are excited to offer a significant discount to those skaters that register early for our spring program. Please be sure to read all the details so you don't miss out.

Program Format

Sessions will meet twice a week for 65 minutes on ice (one time during the week and one time on Saturday morning) beginning Saturday, March 23 and concluding Saturday, May 11. There will be a week off for our 2019-20 tryouts.

Mite Eligibility

If your mite is a birth year 2010, they can register in our SQ session. If your mite is a 2011 and you would like them to participate in the SQ program, please email Jennie Tiemeyer at swordsoffice@gmail.com. She will reach out to your skater's current coach and the spring coaching team. If agreed to, Jennie will send you a link to register your skater.

High School/Midget

Please see separate announcement regarding our 2019 Spring High School program as our High School coaching staff has developed a new program. Click **HERE** for details.

Checking Basics & Technique Clinic

We will run a checking clinic for our new BT skaters as part of the spring program. There will be an on and off ice session and the BT sessions will have a strong checking component. The checking clinic will be offered to all age-appropriate spring participants and is mandatory for first time Bantam players (2006) and any player 2005 birth year or older who is a first-time hockey player. Goalie attendance is optional. The clinic provides an excellent environment for the players to transition into this important skill. It is scheduled for Saturday, April 6 at Sports Plus (8am-9am Video in Fitness Center; 9:15am-10:45am on ice).

Goalie Price Reduction

Goalies have a separate registration as we reduce the price for goalies. We will accept goalies on a first-come basis. The fee for our goalies is \$175 if registered by the early registration deadline and \$225 thereafter.

Age Levels

USA Hockey age levels for 2019-20 will be used in the Spring Program. They are: Squirt (09-10), Pee Wee (07-08), Bantam (05-06), High School/Midget (2001-04; 2005 Freshman). Note: if a 2005 player is a rising freshman for the 2019-20 school year, they can participate in the HS/MG or the BT session.

Registration

Online registration is by session so please be sure you are registering for the correct session.

Sessions

Squirt (2009 and 2010; 2011'S with approval)

Wed Peewee (2007 and 2008)

Tues Peewee (2007 and 2008)

Bantam (2005 and 2006)

High School/MG (2004-2001; 2005 rising freshman)

Coach Staff

Kyle Robinson & Staff

Andrew Backen & Staff

Ryan Hurley & Drew Kariofiles

Danny McDonald & Staff

Greg Drach & Staff

Important Dates

February 1: End of early registration discount

March 18: Registration cutoff

March 23: Season begins

April 6: Checking Clinic (8-9am video; 9:15-10:4am on-ice)

Spring Fees Based on Full Registration AND Payment ON or BEFORE:

Early Registration by 2/1/19

Squirt/Pee Wee \$225 (REDUCED FROM \$275)

Bantam \$275 (REDUCED FROM \$325)

High School/MG \$300 (REDUCED FROM \$375)

Goalies \$175 (REDUCED FROM \$225)

[CLICK HERE](#) to see dates/times of sessions

ONLINE REGISTRATION ONLY AVAILABLE AT:

www.swordshockey.com click on "Register Online" on the left-hand side of the home page.