



Summer Skates COVID-19 Protocol

Guidelines for all players and families

These guidelines are meant to help maintain as safe an environment as possible during sessions. Players and parents/guardians must review and adhere to guidelines in this protocol. These guidelines may be updated at any time. Anyone violating these guidelines will be asked to leave the session.

Players must be pre-registered for any session he or she is attending and all players and parents/guardians must sign the waiver. If a player is not pre-registered for the session or the waiver is not signed, he or she will be turned away. Players and parents/guardians will not be allowed to register or sign the waiver at the rink.

General Protocols:

- Any player or parent/guardian who has either tested positive for or knowingly has been exposed to anyone who has tested positive for COVID-19 in the past 14 days must not come
- Anyone who is exhibiting symptoms of COVID-19, including but not limited to a cough, shortness of breath or difficulty breathing, loss of taste or smell, headache, fever, chills, muscle or body aches and/or sore throat must not come to the rink. See CDC guidelines for COVID-19 symptoms.
- Parents/Guardians are required to check the temperature of any participant prior to any event
- If your player has a temperature of 100 degrees or higher, they may not attend
- Any player showing signs of illness will be asked to immediately leave the session

- Please review and familiarize yourself and your skater with STR's Safety and Health Measures - <https://stamfordtwinrinks.com/updates/>
- Players should practice stated and customary measures for protection against infectious diseases
- Players/families must comply with applicable federal, state and local guidelines with regard to COVID-19 (including quarantine requirements) and all protocols and guidelines designed to ensure safe play
- Entry to STR will be made through the middle front doors and exit will be made through the side front doors
- Currently, no more than 25 skaters are permitted to be on the ice at any given time (including players, goalies and coaches). (The number of skaters on the ice may increase depending on further guidance.)

- Masks or face shields MUST be worn by all players, coaches and parents/guardians while in the building
- Players may remove masks to put their helmets on prior to taking the ice, but must put them back on after removing their helmet
- Players should not enter the arena until 10 minutes prior to their practice slot
- Players are requested to leave the arena promptly after leaving the ice - no social activities are to take place inside the arena
- Players must come to the arena fully dressed
- Locker room use is prohibited until further notice
- Skates, helmets and gloves can be put on in the West stands, East lobby and adjacent hallway, but social distancing guidelines must be followed (stay 6 feet apart)
- No sharing of equipment (e.g., player forgets neck guard)
- Each player will need to bring a water bottle labeled with their name - during on-ice activities, bottles should be spaced at least 6 feet apart along the boards
- One parent/guardian may enter the building with their child, but they must check in, wear a facemask at all times and stay exclusively with their child
- Parents/guardians are asked to leave the rink once the skaters have taken the ice
- Eating of any food or snacks on site is prohibited
- Families/Players should maintain clean equipment

On Ice Protocols:

- On ice activities will be “controlled practices” – with station-based drills, etc.
- There will be no full or half ice scrimmages or games for the summer skates
- In zone 3v3 or 4v4 drills may be run
- No huddling
- Players may not use the benches
- Players should not handle pucks on the ice
- Coaches are required to remove any player immediately if they are showing any signs of illness or not following the guidelines

Important Resources:

- USA Hockey COVID-19 player safety: <https://www.usahockey.com/playersafety>
- USA Hockey Return to the Rink https://cdn4.sportngin.com/attachments/document/d8b1-2158869/Returning_to_the_Rinks_05-05-2020_1_.pdf-ga=2.27255611.768001446.1592444967-481373638.1591044270
- CDC Return to Play Considerations <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/Camps-Decision-Tree.pdf>

- CDC Considerations for Youth Sports <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>
- Connecticut Sector Rules for June 17th Reopen https://portal.ct.gov/-/media/DECD/Covid_Business_Recovery-Phase-2/0617CTReopens_Sports_FitnessCenters-_C6_V1.pdf