

WYB Soccer Covid-19 Plan & Protocols

1. Team Equipment:

a. Soccer Balls

- i. Sanitize with hard surface disinfectant before and after each practice or game.

b. Practice jerseys or pennies

To be distributed to each player for the season rather than collected after each practice and returned at the end of the season.

c. Sanitation:

- i. Spray bottles of liquid hand sanitizer. Coaches to encourage sanitizing before practice, during water breaks, after contact and at the end of practice or game.
- ii. Hard surface disinfectant. All equipment planned to be used during practice or games except soccer goals must be disinfected before and after by coach.

2. Participant equipment:

a. Participants will label their own personal equipment and use only their designated equipment. All participants will be encouraged to bring minimal equipment to an event.

b. Participants will be assigned a place along the sideline to keep their equipment and must maintain a set distance from other player's equipment. Younger athletes may leave their equipment with parents.

c. Participants must come prepared with their own water bottle(s) to sustain them for the entire event. No use of communal water sources.

3. School Facility usage:

a. All requirements of the school usage permits, including social distancing, will be clearly communicated to participants, and strictly enforced. Director, coach or official may warn individuals in the event of non-compliance. Further non-compliance may result in the individual being asked to leave.

b. Entrance and Exit to each facility will be clearly marked for players.

c. Required [signage](#) will be present.

d. Bathroom facilities will **NOT** be available.

e. Bleachers at high school stadiums will be available, but

seating will be limited by facility to ensure all social distancing requirements are met.

f. 15 minutes will be allocated between practices and 30 minutes between games for teams to leave and cleaning to occur before the next team or teams can enter.

g. Anyone arriving prior to designated start time should remain in the vehicle until the other group has vacated the area.

4. Practices:

a. Participants and coaches must conduct daily symptom assessments. Anyone experiencing symptoms must stay home.

b. All equipment planned to be used will be disinfected before and after by coach.

c. Six-foot social distance must be maintained between individuals except when on the field of play.

d. Physical contact is only permitted within the rules of the game during competitive practice. Players, coaches, and officials are not to physically contact each other before or after events (i.e. greetings, team huddles, high-fives, congregating, etc.).

e. Limit time spent on activities where players are in close proximity for extended periods of time.

f. Under no circumstance should anyone be within 6 feet of another person for longer than 15 minutes accumulative during the event

g. No congregating before or after practices or games is permitted.

h. Whenever possible, use small groups that remain together through practice stations, rather than mixing groups for station to station.

i. Coaches to encourage hand sanitizing during water breaks, after contact and at the end of practice.

j. Players will be required to wear face coverings upon arrival and departure and during team meetings, not when engaged in basketball activities.

k. Coaches are required to always wear face-coverings.

l. If a participant gets injured, the head coach should be the only person to assess the participant initially. A family member of the injured player may also be asked then to come and assess. If medical assistance is needed and a first responder is present, they may be admitted assisting with the incident as needed. Proper PPE and sanitation should be completed after the injury is cleared.

m. No spectators are permitted at any practice. Only players and either 2 or 3 certified coaches will be allowed to attend practices.

5. Procedure for competition as detailed in the [August 19 Health Order](#) includes:

- a. All protocols for practices, plus:
- b. Social distancing with officials
- c. Maintain 6 feet of distance along team benches
- d. Designated spectator zones and marking 6 feet distance
- e. Sanitizing game day equipment (scoreboard, team benches, etc)
- f. Communicate protocols with team and families of opponent in advance
- g. Provide (or receive from opponent if hosting) health check report 1 day in advance
- h. A designated Covid Compliance Officer will be at each game.
- i. WYB has the right to suspend any coaches, players, teams, and spectators that violate any of the Covid rules referenced in this document.

6. Spectators:

- a. Spectators must conduct daily symptom assessments. Anyone experiencing symptoms must stay home.
- b. Six-foot social distancing must be maintained between individuals.
- c. No congregating before or after practices or games is permitted.
- d. Spectators are not permitted at practices.
- e. The number of spectators permitted at games will depend on the size of the facility and the guidelines set by facility owner.
- f. Spectators are encouraged to bring their own chair when bleachers are not available at the facility.
- g. Spectators are responsible for picking up their area and disposing of any trash.
- h. Spectators are not permitted in the team area or on the field.
- i. Spectators must always wear face coverings except when facial coverings are not advisable for health reasons or there is a functional (practical) reason to not to wear a facial covering.

7. Training & Communication:

- a. Director to provide detailed online virtual training to all coaches.
 - i. Review of protocols
 - ii. Sanitizing instructions
 - iii. Mask requirements
 - iv. Guidance on how to:
 - 1. design practice plans
 - 2. Limit shared resources
 - 3. maintain the 6ft. Social distancing as much as possible
 - 4. use small groups in practices v. CDC Training Videos:
 - 1. [Youth Sports: Tips to Protect Players From COVID-19](#)
 - 2. [Know the Symptoms of COVID-19](#)
 - 3. [How Does COVID-19 Spread](#)

b. All participants and their families will be provided with detailed information on COVID requirements in downloadable and printable format:

- i. WYB Soccer plan and requirements (a condensed version of this document)
- ii. School field usage protocols, if applicable
- iii. Self-assessment sheets and instructions for handling
- iv. [WYB covid letter – on website](#)
- v. [CDC sanitation instructions & self care guidelines – on website](#)
- vi. [ODH contact sport protocols – on website](#)

8. Health Checks and Confirmed Cases

a. People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- i. Fever or chills
- ii. Cough
- iii. Shortness of breath or difficulty breathing
- iv. Fatigue
- v. Muscle or body aches
- vi. Headache
- vii. New loss of taste or smell
- viii. Sore throat
- ix. Congestion or runny nose
- x. Nausea or vomiting
- xi. Diarrhea

b. Players/Coaches all must verify prior to beginning of activities

- i. Each member must identify that they are symptom-free and have been for at least 48 hours prior to the event
- ii. Home temperature checks are encouraged

c. If any team member exhibits COVID symptoms:

- i. Must be immediately removed, and parents/guardians notified to seek medical care.
- ii. Notify the Soccer Director(s) immediately. The Director will work with the WYB COVID Committee to contact the local health department about suspected cases or exposure.
- iii. Individuals are not permitted to return for a minimum of 10 days.