



Elmira College Soccer Soaring Eagles Camp

July 23rd - 26th

8:30am - 1:00pm, Boys & Girls Ages 10-17

\$145.00 (includes t-shirt)

Murray Athletic Center

Register at: athletics.elmira.edu (Inside Athletics/Camps)



Using developmentally appropriate soccer training methods and exercises to help advance players of all skill levels.

- ☑ Focusing on application of fundamental skills (dribbling, passing, and shooting), with proper technique, through small side exercises and activities.
- ☑ Ample opportunity for each player to get better on the ball (1v1 moves and fast footwork skills).
- ☑ Incorporating body movement and control into a soccer setting (jumping, running, turning).

Contact Camp Director: Andrew Incho at: ✉ aincho@elmira.edu