

ELMIRA COLLEGE

Summer Cheerleading Camp

JULY 16-19, 2018

CAMP INFO:

Where: Elmira College
Speidel Gymnasium
Times: 9am - 3pm
Ages: Grades K-12

No prior cheer experience necessary

CAMP COST:

Regular Registration: \$175
"Early Eagle" Registration: \$150
Before June 15, 2018

Sibling Discount Rates Available -
Contact Coach Myers
amyers@elmira.edu

Daily Schedule:

9:00am-9:15am: Attendance & Warm-up
9:15am-10:45am: Individual Skill Stations
(motions, tumbling, jumps)
10:45am-11:45am: Team Skill Stations
(stunts, pyramids)
11:45am-12:45pm: Lunch & Crafts
please bring a packed lunch
12:45pm-1:00pm: Warm-up & Stretch
1:00pm-1:45pm: Cheers & Dances
1:45pm - 2:00pm: Break
2:00pm - 2:45pm: Custom Choreography
with "teams"
2:45pm - 3:00pm: Fun & Games

Instruction by:
EC Cheer Coaches and
Cheerleaders

Camp concludes with an
award ceremony with
medals & ribbons!

FREE Art & Crafts
everyday!
FREE Camp T-
Shirt!
FREE Cheer Bow!

Air-Conditioned
Facilities!

Please mail completed registration form and payment to:

Elmira College Cheer Camp c/o Amber Myers, One Park Place, Elmira, NY 14901

Name: _____ Age: _____ Grade (Fall 2018): _____
Home Address: _____ Email Address: _____ Phone: _____
T-shirt Size: YS YM YL AS AM AL School: _____
All Star Team/Rec Team (if applicable): _____ Previous Cheer Experience: YES NO