

2019 SUMMER HOCKEY CAMPS with Craig Sherbaty

August 12-16, 2019 WEEK 1, CAMPS 1 – 4

All Camps will be held at North Delta Recreation Centre, 11415 84 Avenue North Delta, BC

CAMP 1 - SHOOT TO SCORE/PUCK SKILLS (5 days) 1 hr sessions - This session is designed to increase power and accuracy of your shooting skills as well as increase the player's puck handling skills, creative dekes, in tight puck control, speed with the puck & puck confidence. Feedback will be provided throughout the session to the group and individuals. Focus will be proper shooting techniques for wrist shot, backhand, slap shot, flip shot, passing and stick handling.

Age Group – H4, Atom & Pee Wee

Dates & Time: August 12-16, Monday to Friday 5:30-6:30 pm

Cost \$210 plus GST \$220.50

CAMP 2 - BATTLE & COMPETE (FORWARDS & DEFENSE) (5 days) 1 hr sessions - Players will learn how to utilize body positioning and sticks to win 1 on 1 battle's, compete for loose pucks, puck protection along the wall. In addition, players will learn decision making in 1 vs 1 and 2 vs 2 situations. Focus areas will be neutral zone, offensive zone, defensive zone, net front, corners and half boards.

Age Group – Pee Wee, Bantam House

Dates & Time: August 12-16, Monday to Friday 6:45–7:45 pm

Cost \$210 plus GST \$220.50

CAMP 3 - CHECKING CLINIC (2 days) 1 hr sessions - Designed to instruct your hockey player safe and effective ways to give and receive a body check with the following techniques: angling, checking with both shoulders & pinning.

Age Group – Bantam & Midget

Dates & Time: August 12, Monday 8:00-9:00 pm & August 13, Tuesday 8:00-9:00 pm

Cost \$85.00 plus GST \$89.25

CAMP 4- POWER SKATING & SHOOT TO SCORE (3 days) 1 hr sessions – **Power Skating** will focus on increasing the player's abilities in all skating fundamentals, increase edge control, and increase overall speed and agility. **Shoot to Score** is designed Increase your power, accuracy, shooting quickness, wrist shot, backhand, slap shot, flip shot, snap shot, trick shots, breakaways and passing.

Age Group – Bantam & Midget

Date & Time: August 14,15, 16, Wednesday to Friday 8:00-9:00 pm

Cost \$125.00 plus GST \$131.25

August 19-23, WEEK 2, CAMPS 5-9

All Camps will be held at North Delta Recreation Centre, 11415 84 Avenue North Delta, BC

CAMP 5 - POWER SKATING & SKILL DEVELOPMENT (5 days) 1 hr sessions – The focus will be on progressing the player's abilities in skating technical skills & puck skill fundamentals. Each session will incorporate skating drills focused on edge control, agility and speed. Fundamental puck skills, puck control, shooting and passing with the objective to increase scoring chances and overall confidence with the puck for each player.

Age Group – H2, H3, H4,

Dates & Time: August 20-24, Monday to Friday 4:15-5:15 pm

Cost \$210 plus GST \$220.50

CAMP 6 – POWER SKATING & SHOOT TO SCORE (5 days) 1 hr sessions – **Power Skating** will focus on progressing the player's abilities in technical skating fundamentals, increase edge control, and increase overall speed and agility. **Shoot to Score** is designed Increase your power, accuracy, shooting quickness, wrist shot, backhand, slap shot, flip shot, snap shot, breakaways and passing.

Age Group – Atom & Pee Wee

Dates & Time: August 19-23, Monday to Friday 5:30-6:30 pm

Cost \$210 plus GST \$220.50

CAMP 7 - SHOOT TO SCORE/PUCK SKILLS (5 days) 1 hr sessions - This session is designed to increase power and accuracy of your shooting skills as well as increase the player's puck handling skills, creative dekes, in tight puck control, speed with the puck & puck confidence. Feedback will be provided throughout the session to the group and individuals. Focus will be proper shooting techniques for wrist shot, backhand, slap shot, flip shot, passing and stick handling.

Age Group – Bantam, Midget

Dates & Time: August 19-23, Monday to Friday 6:45-7:45 pm

Cost \$210 plus GST \$220.50

CAMP 8 – PREP CONDITIONING (5 days) 1 hr sessions – The focus will be conditioning to enhance the player’s skills with high tempo flow drills, battle drills, power skating, puck control, passing, scoring, read and react, checking, and game situations with scrimmages. We will provide tips and skills on preparation on and off the ice, positional play and skating technique and how to optimize your skills for your association’s evaluations.

Age Group – Atom & Pee Wee

Date & Time: August 19-23, Monday to Friday 8:00-9:00 pm

Cost \$210 plus GST \$220.50

CAMP 9 - PREP CONDITIONING (5 days) 1 hr sessions – The focus will be conditioning to enhance the player’s skills with high tempo flow drills, battle drills, power skating, puck control, passing, scoring, read and react, checking, and game situations with scrimmages. We will provide tips and skills on preparation on and off the ice, positional play and skating technique and how to optimize your skills for your association’s evaluations.

Age Group – Bantam & Midget

Date & Time: August 19-23, Monday to Friday 9:15-10:15 pm

Cost \$210 plus GST \$220.50

Goalies interested in registering please follow the registration process. 2 Goalies will be accepted to participate in all camps. Cost per goalie per camp is \$50 plus GST \$52.50

DEADLINE FOR REGISTRATION JUNE 25, 2019

REGISTRATION, PAYMENT PROCESS & POLICIES All Camps will be held at North Delta Rec Centre, 11415 84 Avenue

Complete registration form in detail, scan/email to sherbshockey@shaw.ca **Payment by** E-Transfer or credit card; Visa or Master Card. E-Transfer to: sherbshockey@shaw.ca CALL 604-329-4775 for Credit Card payment. **Do not email or text your CC information. Please Call!** Applicable taxes apply, please add GST 5%. GST #76001 2294 RT001. Receipts are provided upon payment confirmation. **No Cheques are accepted. All payments must be received with 5 days of registration.**

Camp(s) Attending _____ Date(s) _____

Do not email or text your CC information please call Sandra 604-329-4775

Cost _____ Add GST 5% **Total** _____ **Check** **E-TRANSFER** **VISA** **MASTER CARD**

PARTICIPANTS NAME		PARENTS OR GUARDIANS NAME	
MAILING ADDRESS	POSTAL CODE	HOME PHONE	CELL PHONE
EMAIL	AGE	DATE OF BIRTH	
LAST TEAM PLAYED FOR	POSITION	SHOT (L/R)	Check <input checked="" type="checkbox"/> New to Hockey <input type="checkbox"/> House <input type="checkbox"/> Rep <input type="checkbox"/>

ALLERGIES/MEDICAL CONDITIONS (Attach if necessary)

POLICIES

PACIFIC TITANS ATHLETIC & HOCKEY PROGRAM - Head Instructor **reserves the right to re-group** participants based on evaluations and availability. Max. 24 Skaters, Student/Instructor Ratio 6:1. All Sessions will be done progressively. Our instructors supervise all programs and dressing room areas. Full gear and your own water bottle are required for all sessions. Please do not leave valuables in the dressing room. Items left in dressing are at your own risk.

CANCELLATION POLICY - Head Instructor **reserves the right to cancel or reschedule sessions and re-group participants based on evaluations and availability.** Absolutely **no refunds** will be given, including a “no show”, leaves on his/her own desire or has been expelled or dismissed for any misconduct. A credit note will only be available in the event of an injury and only with the proof of a professional Dr's medical certificate clearly noting the injury.

CONSENT WAIVER

We the applicant and his/her parents or legal guardians agree that **PACIFIC TITANS ATHLETIC & HOCKEY PROGRAM**, its owners, officers, employee’s, instructors, agents, coaches, supervisor’s along with the ice arena, recreational facility and their staff shall not be liable for nor held responsible for any incident or loss however caused and agree to release all mentioned parties from all claims and damages. I further verify that I am aware that my child will be participating in on/off ice sessions at his/her own risk and are in good health with **NO MEDICAL PROBLEMS** unless otherwise specified in writing. We further agree to be responsible for all medical and dental claims and/or insurance not covered.

Date: _____ **Signature of Parent or Guardian**