

## Spring 2019 House Rules Summary (3/30/19)

Rule	Boys 3/Girls 3-4	Girls 5-6	Boys 4-5	Boys 6-7	Girls 7-8	Boys 8-12	Girls 9-12
Period	7 minutes	7 minutes	7 minutes	7 minutes	7 minutes	8 minutes	9 minutes
Overtime <sup>1</sup>	One (2 min.)	One (2 min.)	One (2 min.)	One (2 min.)	One (2 min.)	One (3 min.)	One (3 min.)
Time outs <sup>2</sup>	2 per half	2 per half	2 per half	2 per half	3 full, 2 30	3 full, 2 30	2 per half
Basket Height.	3-4G: 9 feet 3B: 9.5 feet	10 feet	10 feet	10 feet	10 feet	10 feet	10 feet
Foul Line	12 feet	15 feet	15 feet	15 feet	15 feet	15 feet	15 feet
Defense	Man only	Man & zone	Man & zone	Man & zone	Man & zone	Man & zone	Man & zone
Free zone	No	No	No	No	No	No	No
Press <sup>3</sup>	No	2 <sup>nd</sup> half only	4B: No 5B: 2 <sup>nd</sup> half only	Yes	Yes	Yes	Yes
Crush rule <sup>4</sup>	10 points	10 points	10 points	15 points	15 points	15 points	15 pts
3-pt. Shot <sup>5</sup>	No	No	No	Yes	Yes	Yes	Yes
Playing time <sup>6</sup>	2 full	2 full	2 full	2 full	2 full	1 full + ½*	1 full + ½*
Substitutions <sup>7</sup>	4 <sup>th</sup> quarter	4 <sup>th</sup> quarter	4 <sup>th</sup> quarter	4 <sup>th</sup> quarter	4 <sup>th</sup> quarter	Anytime	Anytime

<sup>1</sup>**Overtime:** Boys/Girls grades 3-6, Boys grade 7, and Girls grades 7-8 during the regular season, one and only one 2-minute overtime period with a stopped clock is allowed if time permits; if no winner is determined at the end of this overtime period, the game is declared a tie. During the playoffs, up to two 2-minute overtime periods may be played if needed to determine the winner; if the score is tied after the 2<sup>nd</sup> overtime, a sudden death overtime (first basket wins) is used, a coin toss will determine first possession. For Boys grades 8-12 and Girls grades 9-12, one 3-minute overtime period is permitted during the regular season, and as many as needed to determine a winner during the playoffs.

<sup>2</sup>**Timeouts:** Boys/Girls grades 3-6 and Boys Grade 7 and Girls grades 9-12 get 2 full timeouts each half (no carryover) during the regular season. Boys grades 8-12 and Girls grades 7-8 get 2 30 second and 3 full timeouts for the game. No timeouts are permitted for Boys/Girls grades 3-6, Boys Grade 7 and Girls grades 7-12 during overtime periods. One timeout is permitted during each overtime period (no carryover) for Boys grades 8-12 during the regular season and playoffs; Girls grades 9-12 get 1 timeout during each overtime period (no carryover) during the playoffs only.

<sup>3</sup>**Backcourt Defense/Press:** For Boys/Girls grades 3-4, once a change of possession in the backcourt is established on a rebound or turnover, defensive players must immediately vacate the backcourt and cannot initiate defense until the ball crosses the mid-court line. Full court defense is allowed for Boys grade 5 and Girls grades 5-6 starting in the second half of the game and for Boys grades 6-12 and Girls grades 7-12 the entire game all season, subject to the restrictions of the crush rule below.

<sup>4</sup>**Crush Rule:** For all grades 5-12, when the Crush Rule is in effect, during an inbound pass in the backcourt (due to a dead ball or made basket), the defensive team must leave the backcourt prior to the inbound pass and can only initiate defense once the ball crosses the mid-court line. Note that grades 3-4 by rule cannot play backcourt defense at any time, even if the crush rule is not in effect, during an inbound pass in the backcourt. For all grades, when the crush rule applies, coaches of the leading team should also take active measures to avoid further running up the score.

<sup>5</sup>**Three Point Shot:** For Boys grade 6 and Boys/Girls grades 7-12 only if 3-point line marked on court.

<sup>6</sup>**Playing Time (Participation Rules):** For Boys/Girls grades 3-6, Boys grade 7, and Girls grades 7-8, each player arriving before the start of the second quarter must play a minimum 2 full uninterrupted quarters in the game (at least 1 uninterrupted quarter in each half). They are also subject to the Bench Rule below.

For Boys 8-12, players must play one at least 1 ½ quarters, which must include 1 full uninterrupted quarter. For Girls 9-12, players must play in at least 3 quarters for a minimum of 12 minutes. Boys 9-12 are subject to the Bench Rule below; Girls 9-12 are not.

**Bench Rule:** For grades 3-12 (except Girls 9-12) if both teams have 7 or more players present at the start of the game, then each player on both teams must also sit out an entire uninterrupted quarter at some point during the game; if either team has less than 7 players at the start of the game, then this Bench Rule is not enforced for either team. A quarter missed due to late arrival or early departure meets this requirement.

<sup>7</sup>**Substitutions:** Substitutions cannot violate the minimum participation rule and for Boys/Girls grades 3-6, Boys Grade 7 and Girls grades 7-8 can only occur in the 4<sup>th</sup> quarter unless due to injury/illness or disqualification. For injury and disqualification substitutions, the playing time in the quarter counts for the player being removed from the game and not for the substitute entering the game. Boys 8-12/Girls 9-12 have free substitution throughout the game subject to the limitations of their participation rule and the bench rule, when applicable.

**Participation Disputes:** If there is an unresolved dispute between the coaches over player participation or substitution during the game, they should try to correct the issue at the time it occurs; if this is not possible, they must note the issue in the scorebook at the time of the dispute, initial the complaint, and report the issue to the League Administrator & Sportsmanship Coordinator.

**Technical fouls:** Any player or coach receiving 2 sportsmanship-related technical fouls in a game is automatically disqualified and must also sit out the next game. If a team receives 3 sportsmanship-related technical fouls in a game, then that team forfeits and the game is immediately ended. Players/coaches receiving 3 or more technical fouls in a season are subject to further sanction. All technical or flagrant fouls must be reported to the League Admin & Sportsmanship Coordinator by both coaches.

# IMPORTANT CONTACT INFORMATION & GYM ISSUES

## **Basketball Chairman: JP Prochazka**

- Cell: 703-867-3972, Email: basketball@chantillyyouth.org

## **Boys Commissioner: JP Prochazka**

- Cell: 703-867-3972, Email: jprochazka@chantillyyouth.org

## **Girls Commissioner: Meghan Acocella**

- Cell: 571-337-8040, Email: cyagirlsbball@outlook.com

## **Quartermaster: Dale Howell**

- Cell: 571-435-9647, Email: delbertdlh@hotmail.com

## **Sportsmanship Director/Associate Ref Coordinator (Grades 3-6): Rein Kiewel**

- Basketball Cell: 703-789-0769; Personal Cell: 703-346-6092, Email: rkiewel36663@gmail.com

## **Referee Coordinator (Grades 3-6): Monica Despins**

- Personal Cell: 703-283-3794, Email: despinsm@yahoo.com

## **Referee Coordinator (Grades 7-12): Rick Shryock**

- Cell: 703-963-5430, Email: cyabb@att.net

## **Scheduler: Paul Jones**

- Cell: 703-622-0586, Email: jones\_e\_paul@yahoo.com

## **Neighborhood and Community Services (NCS)**

- Gym Hotline: 703-609-8870 (gym-related issues)

## **CYA Scheduling Website**

- URL: <http://cyabasketball.assn.la>

## **WHO TO CONTACT:**

**CYA House referees (Grades 3-6):** Contact Referee Coordinator Monica Despins at 703-283-3794 or Asst. Ref Coordinator Rein Kiewel at 703-789-0769 or 703-346-6092

**Cardinal referees (Grades 7-12):** Contact Rick Shryock at 703-963-5430

**Sportsmanship/Safety issues:** Contact Rein Kiewel at 703-789-0769 or 703-346-6092

**Equipment:** Contact Dale Howell at 571-435-9647.

**Scheduling:** Contact Paul Jones at 703-622-0586.

## **GYM ISSUES**

**CYA gym use conflicts:** Contact the League Administrator or scheduler Paul Jones at 703-622-0586.

**Gym access:** Call Recreation Dept. Hotline at 703-609-8870 & notify league administrator

- If a gym is not available for CYA use for a scheduled event, the coaches should not argue with school officials/custodian but rather both contact the league administrator and call the CRS Hotline (703-609-8870) to see if the issue can be resolved or the game/practice moved. The NCS Hotline should also be called if the gym doors are not open and no custodian can be located.
- If more than two teams show up for a game, the coaches should contact their League Administrator or the Boys/Girls Commissioner to see which teams are scheduled. If that does not resolve the issue, use a coin toss to determine who plays if the teams are in the same league; otherwise, the coaches should ask the referees what age group they were scheduled to officiate and use that to determine which teams play. Games always take precedence over practices.
- If there is no clock at the start of the game, teams should play 15-minute uninterrupted quarters with clock stoppage only for time outs and foul shots.