



PAL Jr. Islanders-NCDC Team

Fact Sheet-NCDC Team:

- The United States Premier Hockey League (USPHL) is proud to announce the launch of the National Collegiate Development Conference, (NCDC) which is a unique, tuition-free Junior hockey division geared toward Division I collegiate development/placement and beyond
- Fully supported by NHL Organization, the New York Islanders
- Member of the USPHL consisting of the top Junior Programs in the Northeast
- We are committed to the overall development of the student athlete, a cornerstone of our philosophy and continued success
- We pursue the dedicated player who aspires to advance their hockey development through hard work, competitiveness, and fair play
- Our high tempo, skills based practices, game situation preparation, video analysis and our in house strength, conditioning and nutrition program tailored for the needs of each player, makes our program second to none
- Our athletes are challenged to pursue excellence in the classroom and are encouraged to develop into socially responsible and respected citizens who will seek a quality education as a result of a balanced training program

Premier Coaching and Support Staff:

- Director of Midgets/ Juniors- Ron Kinnear
- Manager of Midgets/ Juniors- Anthony Bernardo
- Head Coach- Mike Marcou
- Assistant Coach-Eric Conway
- Goalie Coordinator- TBD

What is Included: NCDC Team:

- 5 – Full Ice Practices per week, one & half hour each. The team will be based out of the Rinx
- 5 – Off Ice Training sessions per week, under the direction of Jon DiFlorio/Institute 3E
- Approximately 50 NCDC games, plus attending 6 USPHL Showcases
- 28 weeks of in season
- NHL Team lockerroom
- Approximately 160 hours on ice practice time & 80 hours off ice training
- Full equipment package for players & sticks
- Team meals while on the road
- Bus Transportation for all away trips over two hours
- All league, game, showcases & referee fees
- Free Tuition

Tryouts Dates:

- All tryouts being held at the Northwell Heath Ice Center, East Meadow, NY
- Please register prior to tryouts, Walk-in cost for the tryout is \$225
- Cost \$200.00, please make checks payable to: Pride in Athletics for Life, mail to: PAL Jr. Islanders, c/o Simone Delorenzo, 660 Terry Road, Hauppauge, NY 11788
- Payment can be submitted by credit card online. (Link will be provided at the end of the registration.)
- Tryout dates: April 28 & 29, 2018, please visit www.paljr Islanders.com; to register for the tryouts, final details for the Tryouts will be posted in early April.

ANY PLAYER ATTENDING TRYOUTS WHO PLAYED FOR ANOTHER ORGANIZATION DURING THE 2017-2018 SEASON MUST HAVE A NYSAHA RELEASE FORM COMPLETED BY THEIR CURRENT ORGANIZATION. YOU CAN DOWNLOAD THE FORM BELOW.

THIS FORM WILL BE GIVEN TO THE PAL JR. ISLANDERS TRYOUT ADMIN AND KEPT UNTIL EITHER TEAMS ARE ANNOUNCED OR THE PLAYER WITHDRAWS FROM TRYOUTS.

IT MUST BE AN ORIGINAL RELEASE - PHOTOCOPIES ARE NOT ACCEPTED

- Important Notice-no travel player from another Long Island Hockey League Program is allowed to tryout without a proper player release from their current organization
- Contracts for 2018-19 season may be offered at any time during the tryouts

Spring/Summer Programs:

- The PAL Jr. Islanders will be attending 2 Showcases: USPHL Spring Showcase/May 11-13 at the NESC, Marlboro, MA and the USPHL Summer Showcase/July 13-15 at the NESC, Marlboro, MA
- Players will be selected to attend these showcases. Players are to find their own transportation and make their own hotel reservations. Teams will be coached by the NCDC Coaching staff.

For more information, please feel free to go to www.paljr Islanders.com; or feel free to reach out to Ron Kinnear at ronkinn@icloud.com; Anthony Bernardo at abernardo7@icloud.com; Mike Marcou at mikemarcou22@gmail.com; or Eric Conway at eric.conway@newyorkislanders.com