



TIER I Coaches and Practice Schedule (2018-2019)

| Mite Gold | | Name | Mite Gold (10) |
|---------------------------|--|-------------------------|--|
| Co-Coach | | Cory Gindi | *Three 1hr (cross-ice practices) One @ Northwell, One at The Rinx & One @ Ice Works) |
| Co-Coach | | Michael Kandrach | *Monthly Power Skating Session w Besa Tsintsadze |
| | | | *Practice Tuesday & Thursday 5:15pm (Friday @ 6:10pm IceWorks) |
| Squirt Major AAA | | Name | Squirt Tier I Major (08) |
| Head Coach | | Peter Ferraro | *Three 1hr (1/2 ice practices) Two per week @ Northwell & One @ The Rinx |
| 1st Assistant | | Chris Ferraro | *Monthly Power Skating Session w Besa Tsintsadze |
| | | | *Practice Monday/Wednesday/Friday @ 5:30pm |
| SQ Minor AAA | | Name | Squirt Tier I Minor (09) |
| Head Coach | | Ed Chlanda | *Three 1hr (1/2 ice practices) Two per week @ Northwell & One @ The Rinx |
| 1st Assistant | | Ryan Yuhas | *Monthly Power Skating Session w Besa Tsintsadze |
| 2nd Assistant | | Mike Breslawski | *Practice Monday/Wednesday/Friday @ 5:30pm |
| PeeWee AAA Major | | Name | PeeWee Tier I Major (06) |
| Head Coach | | Thomas Mitchell | *Two, 1 hr 1/2 ice practice per week @ Northwell (Monday & Wednesday) - 6:30pm |
| 1st Assistant | | Chris Ferraro | *One, 1 hr full ice practice per week @ Northwell (Thursday) - 6:30pm |
| 2nd Assistant | | Peter Ferraro | *Monthly Power Skating Session w Besa Tsintsadze |
| | | | *Off-Ice Once Per Week - Institute 3E |
| | | | *Non-Game Weekends (7-9 90 minute practices) |
| PeeWee Minor AAA | | Name | PeeWee Tier I Minor (07) |
| Head Coach | | Brian Defeo | *Two, 1 hr 1/2 ice practice per week @ Northwell (Monday & Wednesday) - 6:30pm |
| 1st Assistant | | Lou Defeo | *One, 1 hr full ice practice per week @ Northwell (Thursday) - 5:30pm |
| | | | *Monthly Power Skating Session w Besa Tsintsadze |
| | | | *Off-Ice Once Per Week - Institute 3E |
| | | | *Non-Game Weekends (7-9 90 minute practices) |
| Bantam Major AAA | | Name | Bantam Tier I Major (04) |
| Head Coach | | Chris Zarcone | *Two, 1 hr full ice practice per week @ Northwell (Wednesday & Thursday) - 7:45pm |
| 1st Assistant | | Brian Healy | *One, 1 hr 1/2 ice practice per week @ Northwell (Monday) - 6:45pm |
| | | | *Monthly Power Skating Session w Besa Tsintsadze |
| | | | *Off-Ice Once Per Week - Institute 3E |
| | | | *Non-Game Weekends (7-9 90 minute practices) |
| Bantam Minor AAA | | Name | Bantam Tier I Minor (05) |
| Head Coach | | Arron Asham | *Two, 1 hr full ice practice per week @ Northwell (Wednesday & Friday) - 6:45pm |
| 1st Assistant | | Mike Kantor | *One, 1 hr 1/2 ice practice per week @ Northwell (Monday) - 6:45pm |
| 2nd Assistant | | Garth Snow | *Monthly Power Skating Session w Besa Tsintsadze |
| Floating Assistant | | David Starman | *Off-Ice Once Per Week - Institute 3E |
| | | | *Non-Game Weekends (7-9 90 minute practices) |