



CRC

Kids Fit Club

Tuesdays at Mays Chapel Elementary School

Time: after dismissal, 4:15-5:15 pm.

Duration: 6 weeks:

Session 1 Sept. 26-Oct. 31

Session 2 Nov. 13-Dec 11

Cost: \$65, includes yoga mat (Sibling discount \$10)

Mays Chapel Activity Rec Room

Instructor: Shari Malowitz

sharimalowitz@yahoo.com & www.facebook.com/yogashari

1. Email instructor sharimalowitz@yahoo.com to reserve your child's space.
2. Fill out form on reverse.
3. Place form and payment in an envelope with your child's name and Yoga Club on the front.
4. Hand it in at the first class. Do not submit to the school office.

Limited to 20 participants. Pick up is at 4:45 at the REC room door (to the left of the main entrance)

Class will fill up quickly.

Adult Yoga classes: Tues & Thurs

8:00 p.m. at the Warren Rec Room

Weather Cancellations: If schools are closed due to inclement weather all recreation programs are canceled. If there is a snow emergency plan in effect after school hours all recreation programs are canceled. Please listen to WBAL 1090 AM Weather line or visit www.cockeysvillereccouncil.org. Therapeutic: Should you require special accommodations (i.e. sign language interpreter, large print, etc.) please give as much notice as possible by calling the Recreation Office at 410-887-7734 or the Therapeutic Office at 410-887-5370 (voice) or 410-887-5319 (TT/Deaf).

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DEPARTMENT OF
RECREATION AND PARKS