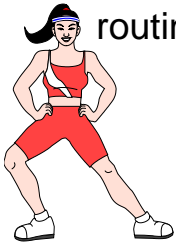


# AEROBIC FITNESS CLASSES SUMMER 2019 SESSION

Sponsored by the COCKEYSVILLE RECREATION COUNCIL  
Baltimore County Department of Recreation and Parks



Non-refundable donation for 5-week session  
\$35 (2 classes per week) Cash or checks made payable to "CRC"  
WALK-IN REGISTRATION ACCEPTED  
JUNE 17 THROUGH 27



Classes consist of easy-to-follow choreographed cardio routines (including Latin and step), strength training (weights) and floor work  
Classes are held in an air-conditioned facility

*Monday and Wednesday Evenings*

MONDAY, JUNE 17 – WEDNESDAY, JULY 17

6:15 to 7:15 p.m. at Cockeysville Middle School Gym

Instructor: Susanne

Use the side door to enter – follow signs

For more information, visit our website at [www.cockeysvillereccouncil.org](http://www.cockeysvillereccouncil.org)

Or email: [crcaerobics@verizon.net](mailto:crcaerobics@verizon.net)



CHECK THE WEBSITE IN AUGUST FOR FALL SESSION DATES

**Weather Cancellations:** If schools are closed due to inclement weather all recreation programs are canceled. If there is a snow emergency plan in effect after school hours all recreation programs are canceled. Please listen to WBAL 1090AM Weather or [www.cockeysvillereccouncil.org](http://www.cockeysvillereccouncil.org).

**Therapeutic:** Should you require special accommodations (i.e. sign language interpreter, large print, etc.) please give as much notice as possible by calling the Recreation Office at 410-887-7734 or the Therapeutic Office at 410-887-5370 (voice) or 410-887-5319 (TT/Deaf). **BCPS:** These materials are neither sponsored by nor endorsed by the Board of Education of Baltimore County, the Superintendent, or this school or office.



DEPARTMENT OF  
RECREATION AND PARKS