

Black Dog High School Players –

If you are interested in playing collegiate lacrosse, there are a few key steps that you should take to maneuver through the recruiting process.

Start researching recruiting guidelines and rules (there's tons of information online), and begin making contact with colleges that interest you. Introducing yourself to college coaches is the very first step in cultivating a relationship between you and your potential college of choice. You can locate almost every coach's email on their college website.

Several weeks prior to your first tournament, you'll want to have made contact and supplied coaches with your recruiting bio and a list of tournaments you'll be participating in. If their website contains a recruiting link or if they provide a recruiting link, stop everything you're doing and immediately fill it out. This puts YOU in THEIR system.

Consider having someone take videos of you playing, as most college coaches will want this. If coaches are unable to attend your tournaments, this is how they will initially evaluate you. The more you contact the coaches, the more they will know you are serious, and the chances of them responding back to you will increase. There are plenty of opportunities out there, but you need to be proactive and diligent.

Here is a helpful resource: <https://www.uslacrosse.org/parents/recruiting>

Don't limit yourself to NCAA schools. There are lots of great opportunities out there in the NAIA (including scholarships). DI and DII schools can offer athletic scholarships, but DIII cannot (only academic). Private schools generally have more scholarship opportunities.

This process can be grueling and exhausting. You may have no idea what your future plans are, but if you want to play in college, you will need to be diligent and focused. We have several coaches who have successfully gone through this process and they are here to assist you.

Here is a list of links that may be helpful in getting started. Best of luck!

HELPFUL LINKS

IWCLA: <http://www.iwlca.org/page/show/2546921-recruiting>

NCAA: <http://www.ncaa.org/student-athletes>

USL: <https://www.uslacrosse.org/players/college>

Info: <http://www.collegesportsscholarships.com/2012/11/27/calendar-dates-lacrosse-recruiting.htm>

NCSA: <http://www.ncsasports.org/>

NAIA: http://www.naia.org/SportSelect.dbml?&&DB_OEM_ID=27900&SPID=173208&SPSID=1015311

Recruiting Resumes: <http://www.athleticscholarships.net/wp-content/uploads/2012/02/How to Create a College Recruiting Resume E-Book.pdf>

NCAA: <http://www.ncsasports.org/blog/2015/10/22/filling-fafsa-correctly-important/>