

# 2018 PAGLA Directives

## Region: Central West

### General Directives

- 1) Clubs must register and pay dues to PAGLA on the PAGLA website before the fall annual PAGLA meeting. (This does not mean register teams; it just means to register their club)
- 2) PAGLA games must take precedence over other games and tournaments including summer club team schedules.
- 3) PAGLA teams may not schedule with NON-PAGLA teams during the spring season.
- 4) The PAGLA League follows US Lacrosse youth rules unless otherwise noted. All Clubs must send their coaches the updated directives at the start of each spring season.
- 5) Players must play for the lacrosse club in their township/school district. If there isn't an established PAGLA program in that township/school district, they may play for a neighboring club. Club directors must notify the PAGLA President if a request has been made to have a player register for another lacrosse club other than their township/school district club. A decision about any girl wishing to play for a different club will be on a case by case basis.
- 6) The PAGLA League recognizes third/fourth, fifth/sixth, and seventh/eighth grade teams. There are no formal teams for kindergarten to second grade in PAGLA but we encourage you to scrimmage other programs with similar grades.
- 7) Players must be in the grade of the team they are playing for:
  - a) Third and Fourth graders play on the 3/4 teams. Second graders are not permitted to play up on the 3/4 teams. 3/4 teams are not leveled.
  - b) Fifth and Sixth graders play on the 5/6 teams. Fourth graders may not play up on the 5/6 grade teams. Fifth graders may not play down to the 3/4 level. 5/6 levels are A, B and C.
  - c) Seventh and Eighth graders play on the 7/8 teams. Sixth graders may not play up to 7/8 and 7th graders cannot play down to the 5/6 level. If a club is not able to field enough players for a 7/8 B team, 6th graders are permitted to be placed on the 7/8 B roster. However, the 7/8 B team must not contain a large number of 6th graders. NO 6th graders on a 7/8A.
- 8) You cannot MOVE levels (A-B, B-A) up or down once the season has started.

- 9) If you have multiple "A" level teams at the 5/6 or 7/8 level, they need to be split equally by skill level and grade. Additionally, clubs having multiple "B" level teams must be split equally according to skill level and grade as well. Therefore, there should not be any teams that are strictly all 5<sup>th</sup> grade, all 6<sup>th</sup> grade, etc.
- 10) All 3/4 grade teams must be divide equally by grade and skill level. (No A & B levels.)
- 11) **\*\*NEW\*\*** If a club has enough players to host multiple teams at a specific grade level, has been a member of PAGLA for at least 2 years, and feeds into a High School that has a varsity lacrosse program, that club must have at least one "A" level team (or request a waiver from PAGLA's board).
- 12) If the colors are the same for both teams, the home team must either reverse their jerseys when possible or wear scrimmage vests for the entire game.
- 13) US Lacrosse Mandate: Officials are not to start a game unless there is a NOCSAE certified ball. If a ball comes into play and officials see that it doesn't have the NOCSAE certified stamp on the ball then they are to toss it out of play and wait until we get a new one. Please keep in mind that this rule is mandated by US Lacrosse and we are to follow all of their rules. US Lacrosse actually told the officials that is there are no certified balls at the field then the game cannot take place, so please have the certified balls at the fields.
- 14) If a coach or parent receives a yellow card for **behavior**- the club is fined **\$100**. If a coach or parent receives a red card for behavior- the club is fined \$100 and the coach/parent is not allowed at the venue or on the field for the next game. If a coach receives two red cards in one season they are not allowed to coach in PAGLA. All yellow/red cards must be reported to the club director and referee assignor.
- 15) **\*\*New\*\* Sportsmanship** is paramount at PAGLA along with the development of all players. As such, no team should win a game by more 9 points as it is (i) demoralizing to the losing team and (ii) there are always skills for youth players to work on outside of running up the score. When a team wins by the more than 9 points:

The coach of the losing team can report the score and involved teams to PAGLA's board via Frank Heller ([heller3@verizon.net](mailto:heller3@verizon.net)). Violations will be treated as follows:

- 1<sup>st</sup> violation:** Violating team's coach is warned of their violation
- 2<sup>nd</sup> violation:** Violating team's program director will need to meet with a Sportsmanship Committee (likely by phone)
- 3<sup>rd</sup> violation:** B-level teams will automatically be registered for A-division play at the playday. A-level team coaches will be subject to disciplinary measures by the Board, including a possible revocation of coaching privileges.

## Referees

- 1) The Referee Director coordinates scheduling for all referees, for all games, scrimmages and regular season.
- 2) The schedule will be confirmed prior to the start of the season.
- 3) Arbiter will be utilized to schedule the officials. PAGLA will collect an Arbiter fee from each club.
- 4) Club Directors are expected to check Arbiter prior to each game and inform their coaches of the officials assigned.
- 5) Club Directors are not permitted to schedule referees on their own.
- 6) In the case of cancelling a game due to weather, the Club Director must check arbiter before cancelling a game so they can write down the contact information for those officials. Once the referee director is called and the game is cancelled in arbiter that information will not be available. It is the home club directors' responsibility to call the officials to cancel.
- 7) All PAGLA Adult and Junior Officials must have the correct training as stipulated by US LACROSSE.
- 8) Coaches, parents, directors...may NOT yell at refs. If you have a problem with a lacrosse official the coaches should tell their director and the director will call the referee director. Referees will be encouraged to give cards to spectators and coaches.
- 9) At halftime you may address any concerns with the referee politely.
- 10) Coaches are not permitted to contact the referee director; **only** the club director may do so.

## 2018 Officials Fees for Youth Lacrosse

- 1) There has been a 3 year freeze placed on official's fees starting spring 2016
- 2) EACH TEAM SPLITS THE OFFICIALS FEE FOR EACH GAME WITH THEIR OPPONENT. (You are responsible for HALF of the fee.)
- 3) Please meet with the official(s) and opposing coach at same time before the game – discuss rules being emphasized, pay officials, and determine possession/direction.

### 7/8th Grade (2 x 25min):

- Must have at least 1 adult, we encourage you to have 1 adult and 1 junior
- One Adult (alone) - \$60 for single Official (\$30/team)
- Two Adults - \$40 each Official (\$40/team)
- One Adult - \$40 & One Junior - \$30 (\$35/team)

### 5th/6th Grade (2 x 25min):

- We encourage a minimum of (2) junior officials
- One Adult (alone) - \$60 for single Official (\$30/team)
- Two Adults - \$40 each Official (\$40/team)
- One Adult - \$40 & One Junior - \$30 (\$35/team)
- Two Juniors - \$30 each Junior Official (\$30/team)

### 3rd/4th Grade (2 x 20min) **\*\*South Region Only\*\***

- We encourage (2) junior officials per game
- Junior Officials - \$30 each Junior Official
  - 2 Juniors = \$30/team
  - 1 Junior = \$15/team
- One adult (alone) - \$40 for single Official (\$20/team)

### 3rd/4th Grade (Round Robin Play: 3 x 20min) **\*\*Central West, South, TCLL Regions\*\***

- We encourage (2) junior officials per game
- Junior Officials - \$40 for each Junior Official
  - 4 Total Juniors (2/field) = \$40/team
  - 3 Total Juniors (1:2/field) = \$30/team
  - 2 Total Juniors(1/field) = \$20/team
- One adult (alone) per field - \$40 for single Official (\$20/team)

**\*\*Please note that officials doing K-2 games should be paid THE SAME RATE as the 3<sup>rd</sup>/4<sup>th</sup> grade games. \*\***

## Game Scheduling

- 1) Each region will have a designated scheduler that will create the game schedule for the season.
- 2) Creating the game schedules is a very difficult and time-consuming process. There are many parameters that go into creating the entire schedule based on all of the various field availabilities, the number of games each season, referee assignments, and age groups.
- 3) PAGLA games **MUST** be the priority. Do not overschedule your teams with extra games. You may not schedule any games with a club that is in PA and is not a member of PAGLA.
- 4) **\*\*NEW\*\*** It is **optional** for the "HOME" directors/coaches to contact the opposing directors, coaches and referees the week prior to each game to confirm attendance, time, and place. However, in the event of a **change and/or cancelation** the "HOME" director/coach **MUST** contact the opposing directors, coaches and referees **ONE WEEK in advance** to the game.
- 5) **Arbiter-** checking and getting in touch with referees:
  - a) Check **your officials and email them a reminder** for your home games. Sometimes adult and junior officials need to be reminded of where the game/field is located:
    1. Please go to [www.arbitersports.com](http://www.arbitersports.com)
    2. Sign in with your club's log in
    3. Click on the number under the '**games**' column and this will bring you to a list of all of your games.
    4. If you look at the '**slots**' column you will see 0/2 if there are no refs who picked up the game, 1/2 if one ref...etc.
    5. Click on the 0/2, 1/2, 2/2...This will show you the names of the refs- you can click on their name to get in touch and see their info.
- 6) **Check your team's officials each week and write down/print the info- you will need this to call the officials assigned to your games in the event you have to cancel due to weather the morning of game.**

## Game Re-Scheduling

- 1) **Weather is the ONLY reason** a game can be rescheduled or cancelled. If the field condition is un-playable and not safe, a game can be re-scheduled.
- 2) If there is a light rain games can be played. The only reasons to cancel are thunder/lightening, standing water (puddles) on the field, or your township/school district closes the fields.
- 3) The home field team must make the decision to play or not play a game due to weather and field conditions **before 8:00am**.
- 4) Steps to cancel/reschedule your game:
  1. Get your officials information from arbiter. You may not just email or leave a message and assume they got the message.
  2. Home field director/club should call officials for the field and let them know the game(s) is cancelled. If the officials show up to the field because the home club did not cancel them, the home club will have to pay them.
  3. The director/coach needs to also contact the referee director to cancel the game(s) in Arbiter.
  4. The director/coach needs to contact the opposing team(s) to cancel.
  5. If coaches/directors decide to reschedule for different day/time they must work out the new date and time based on field and player availability.
  6. If the coach is making the decision on rescheduling they need to inform their Club Director and the Club Director will communicate to the Referee Director the new date and time for the game. Officials will be assigned to the new game date and updated in Arbiter.
  7. Club Directors will also inform their schedulers so that the game can be rescheduled in League Athletics. Robin (Central West Scheduler) will be sending information on how to contact her about rescheduling games through a Google document...this document can be found on the PAGLA website.

## Third and Fourth Grade

- 1) **Follow Official US Lacrosse Rules for Girls.**
  - a) **See Pages 74-82 in the 2016 US Lacrosse Rule Book.**
- 2) Players must be divided into teams of equal ability. (No levels for this age group.) Teams must consist of a mixture of both 3<sup>rd</sup> and 4<sup>th</sup> grade.
- 3) Home teams must provide a reliable clock manager to keep time.
  - a) **Central West and Tri-County:** Round Robins will be played consisting of 20-minute running clock games for 1 1/2 hours.
  - b) **South:** Games will consist of 2 - 20 minute halves with a running clock.
- 4) Seven players per team on the field using a smaller/modified field.
- 5) Players must be given equal playing time.
- 6) Offsides: The 50-yard/center line is to be used as a restraining line to keep 2 players from each team back.
- 7) Spectators should not be permitted on the same side of field as the teams.
- 8) NO follow through into the crease allowed. And no deputy.
- 9) 3-second closely guarded/marked with good defensive positioning rule applies. The officials shall count the 3 seconds out loud in order for the players and coaches to hear the count.
- 10) Rolling substitution will occur with the substitutions entering and exiting the field 5 yards on either side of the center line. The sub going onto the field must wait to go on until the player leaves the field.
- 11) 2 attempted passes must be made the length of the field; it does not matter if these passes happen in the offensive or defensive end of the field. The officials will keep track of the 2 passes/possessions.
- 12) Mercy Rule is in place when a team that is down by 4 or more goals and has the option of taking possession without a draw after a goal. Conversely, the team that is down has the option to continue the draw if so desired. This is played as an INDIRECT free position.

- 13) No shot on goal may be intentionally rolled under the shot blocker.
- 14) The crease or goal circle **must** be marked with cones or lines.
- 15) Goalies are encouraged. If you chose not to have a goalie:
  - a) **Central West:** Home Field will provide the Rage Cage Shooting Nets (see picture) for all the visiting teams not using a goalie.



## Fifth and Sixth Grade

- 1) **Follow Official US Lacrosse Rules for Girls.**
  - a) **See Pages 74-82 in the 2016 US Lacrosse Rule Book.**
- 2) 5/6 may have a 5/6A and a 5/6B team based on player's ability. If there are two B teams or two A teams they must be divided equally by ability and grade. Therefore, there should not be any teams that are strictly all 5<sup>th</sup> grade or all 6<sup>th</sup> grade.
- 3) 5/6 grade A teams are to be comprised of the strongest, most experienced players that are:
  - a) Highly Competitive Players (i.e.: play on travel club programs)
  - b) PAGLA Lacrosse must be the priority sport for the player during lacrosse season.
  - c) Girls must be able to commit to the practices and games
  - d) Most girls are able to play with both their dominant and non-dominant hands.
- 4) Full field play with 12 players/team on the field. Must play with a goalie.
- 5) The winner of the coin toss at the beginning of the game shall have choice of ends or having initial alternate possession that occurs in the game. Alternate possession will take the place of a "toss" when offsetting minor/major fouls occur.
- 6) NO follow through into the crease allowed.
- 7) 5/6 A & B will utilize modified checking. Modified Checking is defined as checking the lacrosse stick only if:
  - a) the entire crosse is below the shoulder level, and
  - b) the check is in a downward direction and away from the body.
- 8) Players must be given equal playing time.
- 9) Games consist of 2-25 minute running clock halves, no stopping in the last 2 minutes. Each team may have a total of two time outs which can be used after a goal is scored or any time the requestor's team is in clear possession of the ball.

- 10) Home teams must provide a reliable clock manager to keep time.  
**Home team must provide a scoreboard. The scoreboard must be visible. A record of "alternate possession" will also be kept at the score table.**
- a) Although the scores are not reported this is to determine if there is a 4-goal differential/Mercy Rule (see below).
  - b) If a team is 5 goals ahead of the opposing team the leading team is encouraged to use their non-dominant hand, use a passing rule, play other positions, etc.
- 11) Spectators are not allowed on the same side of the field as the teams.
- 12) Substitutes must enter the field and exit the field 5 yards on either side of the center line. The sub going into the field must wait to go on until the player leaves the field.
- 13) 3-second closely guarded/marked with good defensive positioning rule applies. The officials shall count the 3 seconds out loud in order for the players and coaches to hear the count.
- 14) Girls may not hold stick horizontally and make contact with opposing player. Encourage girls to hold stick vertically when playing defense.
- 15) Mercy Rule is in place when a team that is down by 4 or more goals and has the option of taking possession without a draw after a goal. Conversely, the team that is down has the option to continue the draw if so desired. This is played as an INDIRECT free position.
- 16) **Possession Rule:**
- a) Execution for officials:
    - i) Referee taking draw drops arm & blows whistle to start play as always done
    - ii) Official waits until 1 of 6 players between restraining line gets clear possession of ball
    - iii) Official loudly calls, "Possession!" releasing players from the restraining lines
  - b) PER USL: penalty administration for restraining line breaches is similar to that of an illegal draw. Players don't have to go back to original positions, but:
    - i) ball carrier returns to center
    - ii) all players must be at least 4m from the ball carrier,

- iii) and direct opponent must be away at a 45-degree angle from the ball carrier
- c) PER PAGLA Officials: players behind the restraining lines must keep their feet behind the restraining line until "Possession" called. Players can reach over the restraining line with their stick.

**17) Kicking the Ball:**

- a) Players may kick the ball as a part of field play on any non-shooting effort
- b) Players cannot kick the ball into the goal and score
- c) Players can kick the ball to:
  - i) move the ball away from opponents;
  - ii) position the ball for easier recovery into the player's stick; or position the ball for easier recovery by a teammate

## **Seventh and Eighth Grade**

### **1) Follow Official US Lacrosse Rules for Girls.**

**a) See Pages 74-82 in the 2016 US Lacrosse Rule Book.**

- 2) 7/8 will have a 7/8A and a 7/8B team based on player's ability. If there are two B teams or two A teams they must be divided equally by ability and grade. Therefore, there should not be any teams that are strictly all 7<sup>th</sup> grade or all 8<sup>th</sup> grade.
- 3) 7/8<sup>th</sup> grade A teams are to be comprised of the strongest, most experienced players that are:
  - a) Highly Competitive Players
  - b) PAGLA Lacrosse must be the priority sport for the player during lacrosse season.
  - c) Girls must be able to commit to the practices and games
  - d) Most girls are able to play with both their dominant and non-dominant hands.
- 4) Full field play with 12 players per team on the field. Must play with a goalie.
- 5) The winner of the coin toss at the beginning of the game shall have choice of ends or having initial alternate possession that occurs in the game. Alternate possession will take the place of a "toss" when offsetting minor/major fouls occur.

- 6) **All 7/8 levels will utilize modified checking.** Modified Checking is defined as checking the lacrosse stick only if:
  - a) the entire crosse is below the shoulder level, and
  - b) the check is in a downward direction and away from the body.
- 7) NO follow through into the crease allowed.
- 8) All players must be given equal playing time.
- 9) Games consist of 2-25 minute running clock halves, no stopping in the last 2 minutes. Each team may have a total of two time outs which can be used after a goal is scored or any time the requestor's team is in clear possession of the ball.
- 10) Home teams must provide a reliable clock manager to keep time. Home team must provide a visible scoreboard. **A record of "alternate possession" will also be kept at the score table.**
- 11) Spectators are not allowed on the same side of the field as the teams. Each team MUST be in charge of their own spectators so if a spectator becomes unruly they will have to remind the spectator of the rules and they will help remove this spectator from the field if necessary.
- 12) Substitutes must enter the field and exit the field 5 yards on either side of the center line. The sub going onto the field must wait to go on until the player leaves the field.
- 13) 3-second closely guarded/checked with good defensive positioning rule applies.
- 14) Girls may not hold stick horizontally and make contact with opposing player. Encourage girls to hold stick vertically when playing defense.
- 15) No "Mercy Rule" for this age group. There is a draw after every goal regardless of the goal differential. If a team is 4 or more goals ahead of the opposing team the leading team is encouraged to use their non-dominant hand, use a passing rule, play other positions, etc.

## **16) Possession Rule:**

- d) Execution for officials:
  - i) Referee taking draw drops arm & blows whistle to start play as always done
  - ii) Official waits until 1 of 6 players between restraining line gets clear possession of ball
  - iii) Official loudly calls, "Possession!" releasing players from the restraining lines
- e) PER USL: penalty administration for restraining line breaches is similar to that of an illegal draw. Players don't have to go back to original positions, but:
  - i) ball carrier returns to center
  - ii) all players must be at least 4m from the ball carrier,
  - iii) and direct opponent must be away at a 45-degree angle from the ball carrier
- f) PER PAGLA Officials: players behind the restraining lines must keep their feet behind the restraining line until "Possession" called. Players can reach over the restraining line with their stick.

## **18) Kicking the Ball:**

- a) Players may kick the ball as a part of field play on any non-shooting effort
- b) Players cannot kick the ball into the goal and score
- c) Players can kick the ball to:
  - i) move the ball away from opponents;
  - ii) position the ball for easier recovery into the player's stick; or position the ball for easier recovery by a teammate