

Hello Spring Fling Participants!

We are looking forward to some fun warm sunny Lacrosse next weekend! Thank you for your patience as we constructed the schedule. We tried our hardest to take everyone's request into account, thank you for your understanding if you did not get your preferred schedule. With over 120 teams, it is hard to accommodate all requests.

We can't wait to see you all in a week!! It's going to be an exciting weekend with 120+ teams coming to our fields. Please read through everything completely, I know there's a lot of information here, and let me know what questions you may have.

There are several important items for you here, please read to the end!!!

General information:

- The tournament will proceed rain or shine.
- A first aid area will be available to you all day, please see the Ambulance on Site.
- Come visit our vendor area throughout the day for cool items and information
- Registration will begin 1/2 hour before the division start times. Just a coach needs to come to the registration table to pick up their packet and turn in their release forms.
- A master schedule will be posted on the upper and lower fences for everyone's convenience and reference throughout the day. These will also be in your coaches packets that you receive at registration.
- Remember this is the beginning of everyone's season and we consider this to be an instructional day. 3/4 coaches are permitted on the field as you see the need.
- Please do not use the baseball fields for warming up.
- Please make sure all of your coaches are familiar with the rules.
- Tournament T-shirts whether pre-ordered or day of sale will be at our T-shirt table located near the registration table in the vendor area.
- **Please be sure all waivers are filled out. All waivers are to be submitted online before stepping foot on the fields. Waivers are available online now! All coaches and administrators will be responsible for ensuring that their team completes them.**
- **No one will be permitted to be on the fields unless they are a player (in a uniform) or a coach (wearing a coach's badge issued from us) for everyone's safety.** We do not want anyone hurt, we know those lacrosse balls are hard and the girls can really make them fly. There are no exceptions, tell your parents to feel free to take all of the pictures they wish FROM OUTSIDE THE FIELDS.

WAIVERS

Online waiver forms are available for your players, please go to <http://www.coventrylax.com/> at the bottom of the left hand navigation bar choose "Online Forms, then click the Spring Fling Participant Waiver 2015 link. Please forward the Waiver info on to your coaches. We cannot allow your players to play without one. We will have a waiver sheet for each coach to review at registration.

Central Clock

Reminder that we are running continuous clock games and all games will be run off our central clock, not anyone's watches on the fields. Air horns will sound at the beginning of every game and to end every game. There is a 5 minute transition time between all games (including between the age divisions). We encourage your teams to have a great time just remember to be courteous of the teams entering the field for the next game and they will be courteous for you too.

Game Schedules

All teams have 3 games scheduled; we reserve the right to make minor modifications to this due to issues or mistakes. Grades 3/4 will run 20 min games and 5/6 and 7/8 will run 25 min games. They will be continuous clock games with no half-times. The only stops will be on the referees' whistles. The schedule is attached for everyone's reference

Vendor Area

Please visit them throughout the tournament- [Longstreth](#), Spunkwear, Behind the Back, Girls Gotta Play, Preppy Player, Lacrosse International, Chill Life Lax, Paulie's Pinnies as well as Pizza Wagon, Dallas Fries, and more!

Raffle

Be sure to pick up your raffle tickets, we have some wonderful prizes from our sponsors - Lacrosse Equipment from [Longstreth](#), a [LaxEvo](#) Lacrosse Shore Camp and Private Lacrosse lesson at [LaxEvo](#)

Field Setup and Rules

Please see field map for how the fields and other areas will be setup for our tournament. Please make your coaches aware of the rules that are attached.

Directions

- The address of the OJR High School is 981 Ridge Road, Pottstown, PA 19465.
- From the North: Travel Rte.100 South to 4th stoplight after Rte.422. At the 4th stoplight go Left onto Rt. 23. Make a left hand turn into the OJR High School. Follow the main road around to the left. There will be parking on your right and left. The fields are directly ahead.
- From the South: Travel Rte.100 North. Turn right on Rte.23. Make a left hand turn into the OJR High School. Follow the main road around to the left. There will be parking on your right and left. The fields are directly ahead.
- From the East/West: Travel Rte. 422 East to Rte.100 South. Follow from the North directions above.

We are very excited to see all of you next weekend. I know you are all just as excited as we are.