

# CYLA SPRING FLING RULES

**COACHES:** Each team will be allowed to have three (3) coaches down on the turf for each game. All spectators shall be in the spectator areas. All coaches should check in at the appointed check-in time for the grade and/or division. No parent/spectator photographer may be on the field for any reason.

**EQUIPMENT:** All players must have approved stick, goggles and a mouth guard at all times.

## **GENERAL GAME RULES:**

- 3/4 teams will play 7v7 (goalie optional), modified field using US Lacrosse level C with a three (3) pass rule added.
- 5/6 teams will play 12v12, full field US Lacrosse level B (with modified checking).
- 7/8 teams will play 12v12, full field US Lacrosse level B (with modified checking).
- US Lacrosse Substitution rules apply. Substitutions may be made on the fly (once the player exiting the field has crossed the sideline the new player may enter) but NOT during a stoppage in play and after a goal. All players must stand when the whistle is blown even if they are in the process of exiting or entering the field.
- Coaches should review the updated US Lacrosse women's rules for 2017 and be familiar with the changes. Please refer to your US Lacrosse Women's Rule Book, US Lacrosse Youth Rule book, and the <http://www.USLacrosse.org> website for more information and rule clarifications. All US Lacrosse rules apply to this tournament.
- All lacrosse umpire whistles and directions must be followed during game play to ensure game flow and safety of the players.

## **3/4 Games:**

- *Three (3) Pass Rule:* Before being allowed to shoot on goal, a team must *attempt* three consecutive passes without a change of possession. Dropped balls count as an attempt, if there is no change of possession.
- *Three (3) second rule:* If a defender can hold good defensive positioning with her stick shadowing the opposing player on the side where the ball is being carried for 3 seconds she will be awarded the ball. This is to compensate for no stick checking at this level. Referees must call this audibly.
- Coaches *ARE permitted* on the field for instructional purposes. As many of these players may be new to the game, we encourage an instructional environment vs. a highly competitive environment. Please ensure that the instruction does not inhibit play of the game.
- Players may not stand in front of the goal if they are not marking a player as this is called shooting space and a player could be injured if a shot is taken.
- 2 players from each team must stay behind the restraining line/center line when the team is on attack or defense.
- Shot blockers will be set up when there is not a goalie.

## **5/6 & 7/8 Games:**

- Modified checking (checking permitted when sticks are entirely below the shoulder).
- Three (3) second rule applies (see above).
- 4 players from each team must be behind the restraining line when a team is on attack or defense.

**UNSPORTSMANLIKE CONDUCT:** Unsportsmanlike conduct will not be tolerated. Special attention will be given by officials and coaches of unsportsmanlike conduct by players, coaches and spectators either on the field or on the sideline. League or Game Officials may ask the offender to leave the game or premises.

**CLOCK:** There will be a central clock run. All games will run on a continuous clock; no time outs. An air horn will mark the start and stop of each game. There is a 5 minute allowance between each game time to allow teams and referees to clear the field and the next teams to get setup for the start times. If you are scheduled for back to back games, the time is tight, so please be courteous and hustle to your next game to arrive timely.

- Grades 3/4 twenty minutes each game with a central horn run from the stadium area.
- Grades 5/6 & 7/8 twenty-five minutes each game with a central horn run from the north/south area.

**DRINKS ON THE TURF FIELD:** Only water is permitted on the artificial turf playing surfaces.

**PARKING:** Please only park in designated parking areas and obey all signage at the event locale.

**FACILITY RULES:** Facility rules are listed below must be adhered to at all times.

## Owen J Roberts Synthetic Field Information

Owen J Roberts School District is very proud of our three Synthetic Stadiums. To assist us with facility care all Teams, Visitors and Guests are required to abide by the Synthetic facility usage rules provided below.

- 1) NO CHEWING GUM, SEEDS OR TOBACCO ARE PERMITTED IN THE FIELD AREA.
- 2) ANY ATHLETIC SHOE EXCLUDING THOSE WITH SHARP SPIKES MAY BE WORN.
- 3) ACTIVITY USAGE IS LIMITED TO TEAM/INDIVIDUAL, CAMP AND COMMUNITY USE.
- 4) ONLY TEAM MEMBERS, COACHES AND SUPPORT STAFF ARE PERMITTED ON THE FIELD AND/OR IN THE TEAM AREA.
- 5) EACH TEAM IS RESPONSIBLE FOR LEAVING THEIR RESPECTIVE BENCH AREA CLEAN FOLLOWING THEIR ACTIVITY (Trash cans are provided).
- 6) PARENTS AND GUESTS OF THE ACTIVITY ARE TO BE SEATED IN THE BLEACHERS. NOT ON THE GRASS HILLS.
- 7) AT NO TIME MAY ANYONE CLIMB ANY OF THE FENCES FOR ANY REASON. PLAYERS SHOULD USE THE DESIGNATED ENTRANCES TO ACCESS THE FIELDS. PARENTS ARE RESPONSIBLE FOR THE BEHAVIOR OF THEIR CHILDREN.
- 8) NO SPECTATORS MAY HAVE LACROSSE STICKS IN THE STANDS. ALL LACROSSE ACTIVITY SHOULD BE CONFINED TO THE FIELDS OF PLAY AND DESIGNATED WARM UP AREAS.
- 9) NO PETS ARE PERMITTED IN NORTH, SOUTH OR WILDCAT STADIUM EXCEPT-SEEING EYE DOGS.

**VIOLATION OF ANY USAGE RULE COULD MEAN  
REMOVAL FROM THE FACILITY**