

Pine Richland Youth Lacrosse to Offer Neurocognitive Baseline Concussion Testing

Pine Richland Youth Lacrosse is pleased to announce that we have arranged Neurocognitive (Concussion) Baseline Testing with UPMC Sports Medicine on **Monday, February 18, 2019 in the HIGH SCHOOL LIBRARY.** We hope that you will take this opportunity receive a baseline concussion test.

What is Neurocognitive Baseline Concussion Testing?

- The ImPACT® neurocognitive baseline test is a computer-based test that establishes a benchmark score when an athlete is in his or her non-concussed or “normal” state.
- The program known as ImPACT® (Immediate Post-Concussion Assessment and Cognitive Testing), checks neurocognitive function through working memory, visual memory, verbal memory, attention, reaction time, mental speed and processing speed.
- The ImPACT® neurocognitive baseline test ***DOES NOT*** evaluate the athlete for a concussion, identify past concussion(s), prevent future concussions or determine if the athlete is predisposed to a concussion.
- The results of the ImPACT® neurocognitive baseline test become part of a comprehensive clinical evaluation to determine the severity and the required medical treatment for the student athlete, should a concussion occur.
- ImPACT® is the ***first and only*** concussion-specific medical device to be approved by the FDA.



Who is eligible to participate? What is the cost?

- Pine Richland Youth Lacrosse Players may register using the link below. The cost of testing is \$15.00 for all PR Youth Lacrosse Players. Please utilize the registration code below.
- The participant must not have sustained a concussion in the last 30 days and be symptom-free during testing.
- The Participant must be aged 10 or older on the date of testing. No Exceptions.
- Online registration is REQUIRED for Testing (see below)

What can I expect on the day of testing?

- Arrive 10-15 minutes before your appointment time; Black and Gold signs will guide you to check in.
- A powerpoint presentation video will be sent out with the testing reminder explaining procedures for testing in addition to outlining athletic injury prevention and management strategies and concussion education.
- The program takes approximately 45 minutes to complete testing. Please review the powerpoint provided in the reminder email for instructions for the test.
- Licensed Athletic Trainers from UPMC Sports Medicine will supervise the program and test.

Please click a session link below and enter “PRYLAX2019” as the Registration Code:

Monday, February 18, 2019

[6:00 pm session](#)

[7:00 pm session](#)

For additional questions, please contact Rob Dingle or Casey Boggs at 412-432-3635 or via email at dinglecr@upmc.edu

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