

2018 Epidemiology of Youth Boys' and Girls' Lacrosse Injuries in the 2015 to 2016 Seasons.

Average combined 30 injuries per 1000 athletic game exposures U9 –U15 (1)

AYL Injury Rates

2016 4.3 injuries per 1000 athletic game exposures U12 -U14

2017 17 injuries per 1000 athletic game exposures U12 – U14
81 total injuries reported

2018 10 injuries per 1000 athletic game exposures
57 total injuries reported

References

1. Med Sci Sports Exerc. 2018 Feb;50(2):284-291. Epidemiology of Youth Boys' and Girls' Lacrosse Injuries in the 2015 to 2016 Seasons.
Kerr ZY1, Lincoln AE1, Dodge T1, Yeargin SW1, Covassin TM1, Nittoli VC1, Mensch J1, Roos KG1, Dompier TP1, Caswell SV1.