



FIELD HOCKEY

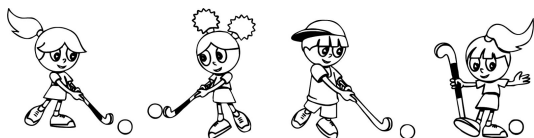
by Worthington Youth Boosters

**Register online starting June 1st at
WorthingtonFieldHockey.org**

Field hockey is a fun and exciting team sport played with a stick & a ball that's been around since the 14th century! The WYBFH program is all outdoors, played August - October. It is a great way for young athletes to build confidence, strength, endurance, and team spirit!

Youth Mini Program (grades 2 & 3)

- Learn about field hockey through small games.
- 1 day per week (Saturdays in September)
- Sticks and wiffle balls provided. Shin guards and goggles are optional.
- Location: McCord Park



Elementary Program (grades 4, 5 & 6)

- Learn fundamental field hockey skills through small games & exercises.
- 3 days per week (Saturday mornings and Mon/Wed evenings)
- Small field scrimmages on Saturdays
- Equipment: stick, shin guards, goggles
- Starts Mid-August at McCord Park
- 6th grade scrimmage vs local youth team

Middle School Program (grades 7 & 8)

- Build upon the basics of field hockey, learn advanced skills, and develop team play.
- 4 days per week (Saturday mornings and Sun/Tues/Thurs evenings)
- Numerous games against other Central Ohio middle school teams, plus a Play Day
- Required equipment: stick, shin guards, goggles. Cleats optional. Uniform required.
- Starts Early August: Weeknights at McCord Park, Sundays on Turf

www.WorthingtonFieldHockey.org
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