

League	Pitch Count Limits	Rest Required	Comments	Recorder
Middle School and Senior	<p><u>Middle School and Senior:</u></p> <p>Thru 1st week of March: Maximum 75 per game 125 per week</p> <p>After first week of March: Maximum 75 per game 125 per week</p> <p><u>Senior only:</u></p> <p>Maximum 3 innings per game in Spring</p> <p>Maximum 2 innings per game in Fall</p>	<p>1 - 20 pitches - no rest</p> <p>21 - 40 pitches – 1 day rest</p> <p>41 - 60 pitches – 2 days rest</p> <p>61 + pitches – 3 days rest</p>	<p>If pitch count limit is reached in the middle of a batters at-bat, the pitcher may complete the at-bat.</p> <p>Rest: If you pitch 21-40 pitches on Tuesday, next eligible day is Thursday, etc.</p> <p>Maximum innings are established to provide limited outings so DHYS can continue to develop a larger pool of pitchers.</p> <p>A pitcher may pitch for a maximum number of innings per game. The Pitch Count at the end of the maximum will be used to establish Rest Days.</p>	<p>By Team Scorekeeper.</p> <p>Manager must turn data into the LD within 24 hours of game completion.</p>
Major	<p>Maximum 75 per game, 100 per week</p> <p>Maximum 3 innings per game in Spring</p> <p>Maximum 2 innings per game in Fall</p>	<p>1 - 20 pitches - no rest</p> <p>21 - 40 pitches – 1 day rest</p> <p>41 - 60 pitches – 2 days rest</p> <p>61 + pitches – 3 days rest</p>	<p><u>AAA:</u> In the Fall, only one player can pitch two innings. All other pitchers can pitch in only one inning.</p>	
AAA	<p>Maximum 50 per game, 75 per week</p> <p>Maximum 2 innings per game in Spring</p> <p>Maximum 2 innings per game in Fall for only one player</p>	<p>1 - 20 pitches - no rest</p> <p>21 - 40 pitches – 1 day rest</p> <p>41 - 60 pitches – 2 days rest</p> <p>61 + pitches – 3 days rest</p>	<p>Fall is the instructional season, and in order to develop pitchers, each team must adhere to these pitching limits.</p>	

DHYS requests that all managers be proactive in promoting safety and developing best practice policies. Anyone who is aware of a potential violation during a game is encouraged to bring it to the attention of the manager and the affected athlete prior to a situation arising where penalties would be applied.

1. Warm-up pitches do not count. Only pitches that would be recorded in the scorebook count. If a relief pitcher comes in "cold" the umpire **shall** allow the pitcher to warm up properly with **at least** ten warm up pitches.
2. Other throws that the pitcher makes are not counted – only pitches to a batter count (except pitches declared "no pitch" by the umpire).
3. The designated scorekeeper for each game shall be the official pitch counter and shall keep a running total of pitches for both teams and make the total available to both teams at the end of each inning. It is the responsibility of each manager to confirm with the scorekeeper at the end of each half inning that their pitch counts are in agreement. When a pitcher approaches his / her maximum, the scorekeeper will bring it to the attention of the managers and the umpire. Even if the scorekeeper does not notify the umpires / managers, the affected pitcher's manager is still responsible for monitoring the count for his player and making the pitching change as required.
4. If pitch count limit is reached in a batters at-bat, the pitcher may complete the at-bat, without being charged an extra day (the next tier) of rest requirement.

Rest: If you pitch 21-40 pitches on Tuesday, your next eligible day to pitch is Thursday, etc. In addition, if you start a new batter's at-bat at 40 pitches and the last pitch thrown to this batter is pitch #46, the pitcher is charged with 40 pitches and still only required to rest 1 day.

5. The official pitch counter will inform the umpire when a pitcher has reached the maximum pitch count, remembering that if that pitcher reaches a limit during a batter they are allowed to complete that batter. The ump will be notified at the completion of that batter. The ump then informs the Manager that s/he must change pitchers. This is the only time the umpire is involved.
6. Game reports shall be filed with Leagues Directors. Managers will be required to produce their team pitching logs upon request.
7. Pitch Count Disagreement policy - If there is a disagreement between managers as to the number of pitches thrown by a pitcher, and it cannot be resolved by looking at the official book; the manager reporting the lower number of pitches will prevail.

8. DHYS players are subject to these pitch count limitations and rest rules during scholastic and recreational inter-league play, irrespective of whether the opposing team is subject to the same limitations.