



Dear Strongsville Football League Cheer Parent,

Thank you for registering your daughter to participate in the 2019 SFL Cheer program.

The philosophy of the Strongsville Cheer Program is to:

- Build your daughter's skills and get them prepared to try out for SHS Cheerleading
- Help your daughter build confidence and a sense of pride
- Welcome new friendships
- Learn the respect of being a part of a team
- Build Mustang spirit and pride
- Have Fun!!

Volunteer Opportunities: This league runs solely on volunteers. If you are interested in becoming the Cheer Coach (team mom) of your daughter's squad, please let us know. Coaches need no prior cheer experience because the SFL hires high school cheerleaders that will teach the girls all they need to know to be successful this season. The Coach is there to coordinate all team practices/games, act as the communication link between kids/parents and plan fun activities with the girls. Interested in either of these opportunities, please email us at the email addresses listed at the end of this message.

Squad Assignments - Squad assignments will be announced at the end of July. You will hear from your daughter's Cheer Coach and she will provide you with any additional information pertinent to that squad as well as practice information. Please keep in mind that there are requirements for each division and we will be abiding by the following requirements:

- Flag ages 5/6
- Padded flag ages 7/8
- JV ages 9/10
- Varsity ages 11/12
- Middle School- grades 7th & 8th (tryouts May 17th)

Communication: We will work with you to communicate important messages as soon as we can. Staying in contact with your daughter's Cheer Coach, is the best way to stay up to date. With that being said, there are some events that important for you to know:

Strongsville Homecoming Parade: more information to come. Stay tuned.

Practice: This will depend on each squad, but practice generally starts within the first 2 weeks of August.

Uniform Sizing and Distribution: We will provide pom-poms, a cheer vest and a cheer skirt to each participant prior to the start of the season. Additionally, there are some items that are required that are your responsibility – all white tennis shoes, forest green cheer briefs, a cheer bow (chosen by league) and a white turtleneck. Uniform sizing will be held in the middle of June. More information to come

Annual Dance Showcase: This event is very popular with the girls! They get so show off all of their hard work in learning their individual squad dances. You will definitely want to bring your camera! We are still finalizing the date of this showcase so please stay tuned! If you would like some corporate recognition at the SFL field, please contact the cheer commissioners on how to donate. Any sponsorship directly donated through cheer will go towards our dance showcase!

Date TBD

5th Annual SFL Mustang Stampede – Save the date, Saturday, **October 5th**

Thank you again for registering your child for the 2019 SFL Cheer Season. We are delighted to have your daughter take part in this wonderful program which focuses on tradition and pride! If you have any questions, please do not hesitate to contact us. Sincerely,
Co-Commissioners –

Brooke Benz
SFLcheer01@gmail.com

Maeghan Gorman