

Self-Determination Curriculum Assessment Information

Steps to Self-Determination: A Curriculum to Help Adolescents Learn to Achieve Their Goals

Field, S., & Hoffman, A. (1996). Steps to Self-Determination: A curriculum to help adolescents learn to achieve their goals. Austin, TX: Pro-Ed. www.proedinc.com

Steps to Self-Determination is focused on helping students gain knowledge and skills that will allow them to increase their ability to achieve their goals in a variety of environments. The Instructor's Guide for the Steps to Self-Determination curriculum includes an introductory section and detailed lesson plans with transparency and handout masters for the orientation, workshop, and 16 class sessions. Through piloting and field-testing, two key factors were found that affected the success of the curriculum: (a) the degree to which teachers understood the overall curriculum scope and sequence, and (b) the type of classroom climate that was established during curriculum implementation. The introduction includes information that will help teachers understand the overall goals and organization of the curriculum, as well as factors that will help them establish the classroom climate most conducive to curriculum success.

NEXT S.T.E.P.: Student Transition and Educational Planning (2000)

Halpern, A., Herr, C., Doren, B., & Wolf, N. (2000). NEXT S.T.E.P.: Student transition and educational planning. Austin, TX: Pro-Ed. www.proedinc.com

Based on feedback from several hundred teachers, this curriculum has been revised. The core purpose of the curriculum is to assist students in making the transition from school to adult life. With a constant focus on self-determination, the NEXT S.T.E.P. curriculum helps students learn how to take charge of their own transition planning process. Students identify a variety of goals that relate to jobs, education and training, personal life, and living on their own. The ultimate goal of the curriculum is to assist students in assuming responsibility for important life decisions. The complete curriculum consists of a teacher manual, student workbooks, brochures, and a videotape.

The ChoiceMaker Set: Tools for School-to-Work Transition (2000)

Martin, J.E., Marshall, L.H., Maxson, L., Jerman, P., Hughes, W., Miller, T. & McGill, T. (2000). The Choicemaker Set, Longmont, CO, Sopris West. www.sopriswest.com

This series addresses student empowerment and self-determination as keys to successful post-school transition. Designed for students in grades 6-12, the concepts covered in the ChoiceMaker Series include:

- Self-Awareness
- Self-Advocacy
- Self-Efficacy
- Decision-Making
- Independent Performance
- Self-Evaluation
- Self-directed IEP

Choosing Employment Goals is a multimedia program designed to foster self-determination and help students make decisions about the kind of work they wish to pursue beyond high school. Students learn how to identify their employment interests, skills, limitations, and goals through school and community experiences. The curriculum is designed for use by middle and high school students in general and special education programs.