

# Neurological/Neurodegenerative Conditions

Herein you will learn of some basic considerations to factor in when working with neurological/neurodegenerative conditions including:

- Alzheimer's
- Dementia
- Demyelination (of the myelin sheath)
- Encephalitis
- Huntington's
- Lou Gehrig's
- Multiple sclerosis
- Parkinson's
- Tremors

Neurological/neurodegenerative conditions will take time and dedication to reverse. The individual, in addition to kidney weakness and lymphatic problems leading to acidosis, is likely to be up against one or more of the following:

- **Adrenal gland weakness:**
  - decreased production of neurotransmitters (notably dopamine) compromising myelin sheath integrity.
  - deeply rooted emotional instability and difficulty letting go of or detaching from one's "disease" or other problems or circumstances associated with it.
- **Liver/gallbladder weakness:**
  - compromised fat metabolism due to liver/ gallbladder weakness, also contributing to degeneration of the myelin sheath.
  - tendency to generate and exhibit anger.
- **Parathyroid weakness**
  - compromised calcium utilization resulting in impediment of nerve impulse transmissions.
- **Electromagnetic hypersensitivity**
  - various sometimes debilitating symptoms from prolonged exposure to multiple sources of electromagnetic fields including wireless communication devices, magnetic fields, power lines, electric fields, etc. This can negatively impact and inhibit detoxification.

Briefly, the *myelin sheath* is an insulating tubular casing that forms around nerve tissue. It has the purpose of permitting electrical impulses to be transmitted fast and efficiently along nerve cells. It is the slowing down of these transmissions - from deterioration of the myelin sheath - that is partially considered to be the primary problem with neurological conditions such as multiple sclerosis.

Iridology becomes very useful as an assessment tool to determine whether there are brain lesions involved, radii solaris emanating into the brain region, nerve rings present (signifying nerve weakness), severity of adrenal gland weakness and/or liver/gallbladder weaknesses.

If a neurological condition worsens rapidly, or it responds very poorly or not at all, to dietary changes and supplementary protocols, be advised to consider parasitical and environmental influences (such as electromagnetic field exposure as outlined above). It is also important that dental amalgam (**mercury**) fillings be removed as soon as possible to prevent or mitigate further damage to the brain and nervous system. Please research the process of having your fillings removed safely by a qualified biological/holistic dentist.

Neurological conditions (depending on the specific situation) often respond very positively to [biomagnetic therapy](#)\* (highly recommended), physiotherapy, chiropractic adjustments, certain massage techniques and [earthing](#) naturally, or with a [grounding mat](#), in conjunction with the proper dietary and herbal/supplementary regimen.

Consider if the person is dealing with elevated levels of stress and note that meditation and breathing exercises are well advisable.

\*The recommended biomagnetic therapy products are those offered by [BiomagScience Corp.](#)

### ***Protocol Recommendations***

In neurological/neurodegenerative conditions, preservation of energy is vital. Steam/dry saunas and hot and cold therapies or other temporarily enervating practices are thus not advised.

The initial 14 days of the herbal protocol will always begin with the first Detox Kit.

The protocol afterwards will be constructed as follows:

<b>FAB FOUR</b>
* Kidneys & Bladder Tonic formula (preferably 2 K & B formulas)
* Stomach & Bowels Tonic formula
* Endocrine Balance and/or Adrenal Gland Tonic/ Adrenal glandular
* Lymphatic System Tonic I and/or Heal-All Tea
<b>ADDITIONS TO THE FAB FOUR (MODIFY IF NEEDED)</b>
* Brain & Nervous System Tonic II
* Healthy Circulation (Upper)
* Parasite-G
* Parasite-M
* Ultimate Immune Tonic (after 2-3 months) or God's Garden Superfood Blend I
<b>IF NEEDED</b>
* Liver & Gallbladder Tonic
<b>Note: If parathyroid weakness is suspected, a raw, organic parathyroid glandular may be considered.</b>

Supplementation of a small amount of certain plant oils for additional fatty acids is also highly beneficial with these cases especially if liver/gallbladder weakness is present. Such oils include:

<b>OILS</b>
* Borage oil (also has positive attributes toward the adrenal glands) ( <a href="#">link</a> )
* Nigella sativa black seed oil ( <a href="#">2 oz.</a> / <a href="#">4 oz.</a> / <a href="#">8 oz.</a> )
* Evening primrose oil ( <a href="#">link</a> )
* Flaxseed oil ( <a href="#">16 oz.</a> / <a href="#">32 oz.</a> )

<b>BUDGET-FRIENDLY PROTOCOL</b>
* Kidneys & Bladder Tonic formula
* Stomach & Bowels Tonic formula
* Endocrine Balance and/or Adrenal Gland Tonic/ Adrenal glandular
* Alternate between Brain & Nervous System Tonic II and Healthy Circulation (Upper)
* Alternate between Heal-All Tea and Moringa oleifera leaf <a href="#">powder</a>
* Select a plant oil from the previous table
<b>Also refer to the PDF entitled, 'Detoxification on a Budget'</b> <b>Note: Parasite G is mandatory if parasites are suspected or identified</b>

### ***Dietary Recommendations***

When it comes to fully repairing the nervous system, Dr. Morse has found a 95%-100% fruit based diet to be imperative. A gradual move toward a high fruit diet may be undertaken. The remaining 5% will consist of supplemented oils and/or coconut meat and milk.

Refer to the fruit section of the 'List of Raw Foods to Eat' PDF.

Simple (mono fruit) meals are preferred for minimal energy to be diverted toward digestion.

To limit exposure and ingestion of neurotoxins (a compound toxic to the nervous system) from pesticides, herbicides and fungicides thoroughly washed, organic produce is the preferred choice. See the 'Washing the Produce' PDF.