

**From Dr. Morse's Book Series  
"The Illusion Called Diseases"  
Vol. I: The Great Lymphatic System**

**TRUE HEALING**  
*Understanding the Great Lymphatic System*

**One must understand why man is seeing so little CURING of their ailments these days, by most of the so-called "Health" Care Systems that currently exist. This is especially true of the Allopathic. To be fair, you can also see this in many of the Natural Health Modalities, as well.**

**The answer is simple. The focus is on the *symptoms* – not the *causes!!!* You always hear about their potential cures of Diseases, but you never see it happen – and you won't! When one focuses on ones' symptoms with the illusionary concept of diseases in mind, then one will never find Health & Vitality. One will never find a cure for what does not exist!**

**Yes, I said the "Illusion called Diseases" which just happens to be the title of my new book series. The concept of diseases is ridiculous! It is fostered by the Pharmaceutical Companies. The concept of disease was perpetrated by the medical community to cast a "mystique" over the general populous. Controlling man by *fear*, through the *mystery* of *symptoms* coming from the *outside* world. Setting themselves up as the potential "life savers" with their bazaar chemical potions of pharmaceuticals, chemotherapy, radiation and radical surgeries.**

**The ego, capitalism and totalitarianism consciousness has created a modality that can't cure anything and conversely *hurts* and *kills* the largest number of humans ever seen. They are**

**statistically and factually the largest killing machine of humans ever, including all the wars put together!**

**To be fair, the Allopathic treatment concept of disease has even crept into the Natural Healing Modalities and has tainted even them. A good example of this is Naturopathic Medicine and Massage Therapy.**

**The famous Mayo Brothers said only 20% of Medical diagnosis is accurate. The reason for this is simple. The Allopathic Community lacks a simple understanding of the fundamental Laws of Nature (nature being the largest laboratory man has access to), as well as a basic lack of understanding of the nature of the two sides of chemistry. And finally, applying physics to the equation of how the body works, and what keeps it healthy. It's quite simple.**

**It also helps to have somewhat of a spiritual understanding of life; that is to say, an understanding of the Anatomy of Creation, not just the Physical Body. This helps one to understand genetics and how life works (see my spiritual section.)**

**This also brings me to a point that science seems to be still very ignorant about. I think that some scientists still think the world is flat, if you know what I mean....! Chemists do not even begin to understand Biological Transmutations, or how the Liver really works; or the atomic world of chemistry (especially antagonistic chemistry). Most college professors tend to echo conventional thinking, without acknowledging what little we do know, and trying to expand our knowledge into a greater understanding of the *whole*. Simple observation of nature goes a long way to understanding truth.**

**One of the greatest examples of mans ignorance of the above is the great Lymphatic System. Plain & simple - this is the body's Sewer System! There is so much we don't know about this**

**“sewer system.” Medical doctors focus primarily on the blood, which is the “Kitchen” of the body. However, most of mans’ problems are in the body’s “Sewer System!” (or Lymphatic System).**

**The Lymphatic System can be considered the body’s cleansing system and main part of its Immune System. For some reason this system seems to be foreign to most medical doctors. One of the biggest misconceptions of this great system, which by the way, is twice as big as the blood system, is the concept that one “poops” in their “kitchen.” Let me explain what I mean by that: The medical and Massage Therapy modalities believe or theorize that your body’s “Sewer System” dumps its’ wastes back into the venous (“kitchen”) system. If this were true, then there would be no need for lymph vessels at all. Also, the role of the skin and kidneys would not be primary in the elimination of cellular wastes.**

**Massage therapy, which is a modality that is primarily focused on the Lymphatic System, feeds into this illusion. So when they do Lymphatic Drainage Massage, they are taught to move the lymphatic wastes (cellular sewage) toward the Heart! (Inferior Vena Cava or the Subclavian Veins). There is a lot of controversy on just how this great sewer system eliminates its collected cellular wastes. This is just another example of how much of life man still doesn’t understand. However, I’ve had 40 years in study, research and clinical practice observing the role of the kidneys, skin and colon in the elimination of cellular wastes.**

**The vital ness of all modalities to understand true healing and how easy it is for one to cure man’s self-created ailments and/or repair his injuries properly, is paramount to the survival of the human species. This cannot happen without somewhat of an understanding of this tremendous eliminative system called the Lymphatic System.**

**As said, having a basic or simplistic understanding of how the physical body works overall, is of course, vital to helping you understand what causes “dis-ease” and how you eliminate it. Also, a basic understanding of the nature of the two sides of chemistry are vital. Throw in a little physics (understanding of energy) and one can, in a simple way, understand why man suffers so much, and why genetics and the spiraling downhill devastation of the human cells is causing the end of the human race.**

**Let’s look at the human body simplistically for a minute. No matter what part of the body one wishes to look at, be it the liver, kidneys, skin, bones, hair, finger nails, etc.... all we are talking about are CELLS!**

**The physical body is said to be made up of approximately 76 trillion cells. So no matter what group of cells called *tissue* (organs, glands, bones, etc.), the body is simply made up of a whole bunch of cells. Some are so small you can hardly see them. Others are as much as a foot long!**

**So we can say the human body is simply a bunch of cells and two major fluids. Yes, we have a lot of chemistry in our physical bodies as well: minerals (especially calcium,) vitamins, toxins, microbes, e.g. janitorial bacterium, fungus, etc. But simply put: Our physical bodies are comprised of *cells* and two major *fluids*.**

**Now it’s vital that we understand the two major fluids of the body and their respective jobs, if we’re going to understand how the body works, right?**

**This is simple. Just look at where you live. Most humans live in some kind of house, condo, trailer or apartment. Most houses have both a kitchen and bathroom in them nowadays. The reason we need both is quite simple: humans, as well as most**

creations on this planet, consume (food) and eliminate wastes and byproducts (bowel movements, sweat & urine), or to put it simply, we all “eat and poop,” including most of our 76 trillion cells.

Yes, each cell must eliminate their own wastes and byproducts. Each cell within itself is a *city* of activity between its organs and glands, which sustain the cell. On top of this, many cells are *chemical factories* in-and-of themselves. Many produce chemistry for the running of the physical body; others are involved in its structure. Some cells produce *hormones*, others produce *steroids*, others *neurotransmitters*, and still others (as in the liver), *transmutate* chemistry from one element or compound into another.

It’s simple to understand that with of all this chemical activity there’s chemical wastes and by-products – or pollution, as we call it....Most factories of man dump their “pollution” back into the *kitchen*, which is Mother Earth. So now we have the EPA (Environmental Protection Agency) and other agencies trying to protect man’s *kitchen (or food source)*.

As said earlier, the Medical Community and Massage Therapy Communities consider the body as doing the same thing. However, the Supreme Being is much smarter than this and has created a whole separate eliminative system to deal with the body’s cellular & parasitic wastes. It is said that the body produces several pounds of cellular wastes each day (head to toe). And of course the more activity the body is involved in (exercise, dance, sports, etc.) means you can double these cellular wastes.

Enter the great Lymphatic System! A system, as said, that is twice as big as the “Kitchen” of the body (the Blood system). So now it’s easy to understand why we have two separate fluids: One feeds the cells (blood) and one cleans them (lymph). Water

is only a catalyst in both fluids; lymph being especially high in lipids. The role of lipids can be understood when you understand the nature of the *two sides of chemistry*.

Lets look at the lymphatic system to get a deeper and better understanding of the “sewer system” of the body.

### Interstitial Fluids

The cells that make up your physical body aren’t clumped together. There are spaces between them. These spaces are called interstitial spaces. These interstitial spaces are all filled with fluids: part blood, part lymphatic fluid. Why? Because this is how you *feed* them and how you *clean* them.

Simply put: from the cells, the blood goes back into the venous system, which goes back to the lungs and liver for more “goodies” (nutrition and fuel. The lymph fluids (which collect cellular wastes) flow to the lymph vessels, and then on to the septic tanks (called *lymph nodes*) and then on to the body’s eliminative organs (*kidneys, colon and skin*) for elimination of wastes. What an efficient system this is!

### Lymph Vessels

Consider that your lymph vessels are like the sewer pipes in your house. Even your kitchen has sewer pipes that carry the kitchen wastes away, and so it is in your body. Your blood vessels, liver, lungs, heart, etc., which is part of the “kitchen,” have sewer pipes (lymph vessels) running all through them. This is simply because all tissues (no matter which ones) are nothing but cells, which must *consume* and *eliminate* (“eat and poop”).

**Simple so far? The physical body is nothing but a bunch of cells that “eat” and “poop.” You have two separate fluids that accomplish this – the Blood (nutrition) and Lymph Fluids (elimination) respectively.**

**As stated, the lymph fluids surround all the cells (interstitially) and collect the wastes from cells. Some of these wastes can also be foreign proteins and harmful chemicals that have entered the body through the digestive tract (small bowels), lungs, or skin, and carried by the blood and dumped into the Lymphatic System for removal. Your spleen is a detoxifying organ to the blood, where the blood cleans itself via lymph tissue.**

**Cellular and parasitic wastes must be eliminated out of the body just as chemical or manufacturing plants must eliminate their wastes and by-products.**

**There’s also digestive wastes that must be eliminated.**

**Eliminating wastes out of your *house* is as important as eating from your *kitchen*!**

**One of the big differences, of course, between our body and say a plastics factory is the body’s wastes are mostly biodegradable.**

### **Lymph Nodes**

**All wastes from houses must go into septic tanks to be broken down and neutralized as much as possible before elimination into the earth. And so it is with your body. But instead of having only one septic tank, like most houses, your body has thousands.**

**The bodies’ septic tanks are called *lymph nodes*. The adenoids, tonsils and appendix are good examples of lymph nodes. You have a mass of them under each arm that drains the arms and breasts. Your jaws, sternum, groin etc., have many as well. They’re everywhere. They are important for the proper**

**elimination of cellular wastes and damaged cells. From the lymph nodes (your septic tanks) it's off to the outside world. Show me someone with their tonsils removed, and I'll show you someone with transverse colon problems and "brain draining" (lymphatic) problems – especially sinus problems!**

### **Eliminative Organs**

**Now here's the "kicker..."**

**Where do your cellular wastes go?**

**Back to the lungs and heart?**

**I don't think so! That would be stupid of the Supreme Being, to make an incredibly complex, intelligent machine that *poops* in its own *kitchen*! Especially when you understand that most cellular wastes are acids and putting acids into the blood would be a huge "no-no," because death would certainly be eminent within minutes! Common sense would go a long way in our current health care system.**

**We'll get back to the nature of the two sides of chemistry shortly. First, let me introduce you to your lymphatic system's eliminative organs: the kidneys, colon and skin. If these exits are blocked, or too weak to support proper kidney function, then one's cellular wastes will ooze out any hole your body has; or worse, they will start accumulating in the body. First your lymph nodes swell. That's your body telling you that your lymph system is getting blocked or simply put: your food consumption is too toxic or mucus forming. And then, if needed, the body will "pocket or "encase" this trash, creating tumors, boils, cysts, polyps, etc.**



**Your kidneys are the main players in this process of cellular waste removal. They are supposed to eliminate for each side of your body respectively. Your skin is your largest eliminative organ, and it's considered the bodies' "3<sup>rd</sup> kidney."**

**The colon drains the central trunk of the body, including the brain (as far as we know). However, I feel the kidneys are still connected in the role of lymphatic drainage of the brain and head areas.**

**Your *kidneys* and *skin* are the main players however. The colon plays a major role in it's own lymphatic system, but, as said, helps some of the main trunk of the body as well. You can especially see the colons role as somewhat of a "lymph drainer" when you Detoxify. This shows up as mucus in your stools.**

**As said, each kidney drains each side of the body respectively. The right kidney filters the right arm, breast, hip, ovary/testicle, and leg, (lymphatically), and the same thing happens on the left side. So it's simple when you see a tumor in the right breast. There is a *blockage* in the right kidney! Remember: the blockage is *always* in the kidneys, colon and/or skin. Tumors are not "blood clots," they are "lymph clots!" It's that simple.**

**Homosapiens raised on meat and other proteins, at least two times per day, have chronic kidney weaknesses and GI tract problems. Those who drink or eat a lot of dairy products generally have low thyroid function and a highly congested lymphatic system, which affects ones ability to sweat! The skin, being the body's largest eliminative organ, must be allowed (and encouraged) to sweat.**

**The thyroid controls fevers, which creates sweating and allows the skin to eliminate the body's wastes more effectively. Body heat, especially fevers, is the body's way to increase the elimination of cellular wastes. If one cannot sweat, then this**

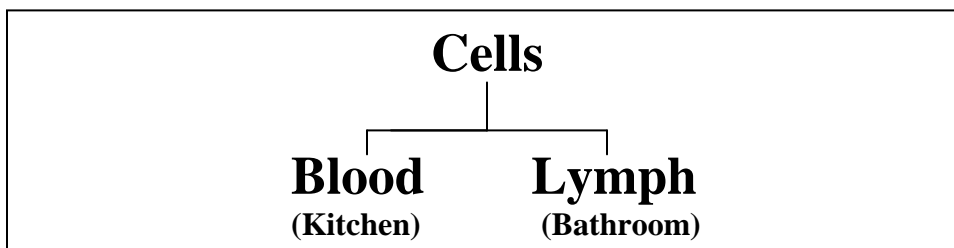
backs up the lymphatic system, creating lymphatic stagnation, especially subcutaneously (under top layer). However kidney weakness is by far one of the biggest problems that modern man faces and is the root cause of 95% of man's illnesses.

The illusion, when it comes to kidney function, is that the medical community looks at blood work, especially bun and creatine for kidney function. However, this is a grave mistake. Another grave mistake is that the Medical Community wants ones urine to be "clear." However, if your urine is always clear, no matter what color, you have lost kidney filtration of your lymphatic system!

**Note:** Drinking lots of H<sub>2</sub>O to keep the urine clear does not improve kidney function, nor does it move your lymphatic system more effectively when ones kidneys have lost their filtering ability (ability to function).

This is truly the value of Iridology. You can see the cells of the kidneys as well as the lymphatic stagnation within them. As said, a "backed up" lymphatic system creates boils, pimples, masses, tumors, cysts, abscesses, sties, and the like. Also, high diastolic blood pressure (above 70) as well as pain, swelling, stiffness, etc. in the tissues, are all indications of kidney *filtering* problems.

So far, the two major fluids of the body, which are basically the feeding and cleaning systems of the physical body, are easy for most people to understand - how simple, overall, the body works to feed and clean its cells.



## CHEMISTRY, THE DECIDING FACTOR

If one is going to truly understand health and why man has so many symptoms that medical doctors call “diseases,” one must also understand the nature of the two sides of chemistry. If you combine this understanding with the knowledge of one’s great lymphatic system, then you’ll understand more than most medical doctors about the causes of the *Illusions called Diseases*. With an added understanding of nature’s parasitic kingdom, you’ll be surprised to see how simply man’s conditions are created, and what one must do to reverse them.

For a discussion on genetics and how it affects the function of the cells that make up the body, including the lymphatic eliminative organs and the endocrine glandular system that controls everything, please read my book: *The Great Lymphatic System*.

Now a simple look at the two sides of chemistry and the basic nature of these two sides:

### THE DUALITY OF CHEMISTRY

Imagine for a minute that there’s only one God and God is all that exists. Wow!

Imagine if you or I were the only thing that existed. This could be a little lonely and boring. I would want to experience other things and have endless experiences. To accomplish this I would need to create the *illusion* of separation from the *one* to the *many*, experienced through Duality. I would need to take my Energy and Intelligence (the *One*), and divide it into two opposite forces which is essential to have creation and it’s seemingly unlimited life forms. Opposites are essential to form action, travel and the like, called: matter, energy, space and

**time. With these two opposite forces, I now can create endless experiences of action and activity. But now instead of just love, I have its opposite: hate. Instead of just beauty, I now also have ugly. Good and bad, night and day, big & small, near & far, male and female.....follow me so far? Don't make it difficult. Like in Creation, life always has two sides to it, no matter what, unless you learn the trick of the NOW where there is no time. Where all things become ONE again.**

**The only reason I needed to cover this is to get to chemistry. Obviously all matter is nothing but chemistry and all of chemistry is just different *frequencies of energy*. And pure energy has been called God. In quantum physics, they now can prove energy has intelligence – we're actually starting to get there....**

**So getting back to chemistry, all of chemistry, no matter what element, compound, or complex, has only two sides to it. Period!**

**This world is simply chemistry (Energy) in motion! Again, understanding the nature of the two sides of chemistry is vital in understanding what damages or weakens your body, or more specifically, it's cells (and what strengthens it). It is obvious that each side of chemistry is the opposite of each other in its actions. Understanding which side of chemistry damages the cells (tissues) of the body, and which side of chemistry repairs or regenerates the cells, is vital to understanding life and death.**

**For the sake of argument, lets give each side of chemistry a gender. Lets say that one side of chemistry is the male side, and the other side is the female side. One could say that the male side of chemistry is the aggressive side and the female side is the passive side. Males traditionally like to take things apart to see how they're made, while females like to build nests or create things. So male chemistry breaks things down and female**

**chemistry builds things up. The male side of chemistry leads to an endless array of negative symptoms that Allopathic Doctors call: “Diseases.”**

**Before we go on, lets put the actual “names” that chemistry gives to these two sides of itself. The male side of chemistry is called *acids*. The female side of chemistry is known as the *base* side or *alkaline* side of chemistry.**

**So far, this is simple, right? There are only two sides to chemistry. One side is called the Acid side and the other is the Base or Alkaline side.**

**The reason we call the Alkaline Side of chemistry the Base side is that it’s the dominant side of chemistry on this planet. Your body works well when the air and food sources you consume are 80% alkaline vs. 20% acid in their chemistry or residual ash when burned.**

**Basically:**

<i>ACIDS</i>
Hot
Inflammatory
Pain
Swelling
Decay & Degeneration
Bad
Dis-ease
Death
Anionic
Catabolic

<i>AKLALINE (BASES)</i>
Cold
Anti-Inflammatory
Anti-Pain
Diuretic
Rebuilding
Health Promoting
Life
Good Health
Cationic
Anabolic

**We need some acids in life when aggressive activity is required. However, acids are generally the *by-products* of activity, e.g.**

metabolism, respiration, and most chemical activity in general. The body does produce a few acids e.g. for initial protein digestion and in some steroids; specifically estrogen & testosterone. However, obviously, the body also produces their alkaline neutralizer, as well. Acids require alkaline chemistry to neutralize them. One can see from the above how important it is that one's diet must be predominantly *alkaline* in its chemistry or one becomes *acidic*. The importance of the body being predominantly alkaline is seen with the blood. Our blood must be Alkaline (approximately 7.3-7.4) or death would be imminent, so when we eat acid forming foods, the blood must find (or steal) alkaline chemistry to keep its alkalinity or pH balance! This constituent is mainly calcium and the blood will steal it out of its own walls, hence spider or varicose veins. As said earlier, when acids begin to build up in our bodies, we begin to have *symptoms*.

Acids are generally cell by-products, which are dealt with through one's lymphatic system. At first, simple stiffness, pain and swelling; then deeper problems affecting the function of the cells and tissues will begin. This in turn can affect hormone, steroid, and neurotransmitter production. Tissues can then become *hyperactive* at first but will always end up hypo-active, which is "under-active" tissue like hypothyroidism. Remember, acids will eventually break down cells, ending in cancer cells. During this process, the respective tissue fails to perform their functions. Remember, this is a simplistic overview. Always keep it simple. The animals do...

Basically, proteins are acid forming, and carbohydrates are alkaline-forming. However, most grains are acidic in their digestive ash. Unripe fruits can be acidic as well as tomatoes. Please refer to my book: *The Detox Miracle Sourcebook*, published by Hohm Press, for a list of which foods are acid-forming and which foods are alkaline-forming. Just for a little

intellectual knowledge, lets take a brief moment and look at the acid/alkaline scale.

This scale is called the pH scale, meaning the *potential of Hydrogen*, which registers the Hydrogen concentration of a solution. Hydrogen is *Acidic*. Therefore the more hydrogen atoms a solution has, the more *acidic* it is. Basically, however, there are a lot of other factors involved in determining a food pH in the end of its metabolic journey, and all in between.

The pH scale is 0-14. “0” being the most acidic and 14 being the most alkaline. Because this scale is “logarithmic,” this means there is a 10-fold difference between each unit.

<p>4 pH is 100X more acidic than 6 3 pH is 1,000X more acidic than 6 2 pH is 10,000X more acidic than 6 1 pH is 100,000X more acidic than 6</p>
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Your stomach acid is approximately 1.8 to 2.0. Battery Acid is a pH of 1 or below!

Battery Acid is approximately a Million times more acidic than your blood and so is chemotherapy! And it's at least 10 times more acidic than your stomach acid (and approximately 100 times more acidic than Soda Pop!) Chemotherapy damages most cells of your body. Now think about this one: Why are the allopathic M.D.'s giving people “Battery Acid” to treat a highly ACIDIC condition of the body!?!?! Acid on top of acids = more cancer, not health! This is at least *barbaric*, and at most *criminal*. The Allopathic modality is, as said, a killing machine.

- Considering 7 is neutral, then 6 is 10X more acidic than 7!

- A pH of 5 is 100X more acidic than 7!
- A pH of 4 is 1000 times more acidic than 7, and so forth.
- Soda pop would be approximately 100,000 times hotter (more acidic) than your blood!

It's hard to find the truth about the pH of different solutions, so the following example is only approximate:

<i><u>pH Factors</u></i>	
Blood	7.35 to 7.45
Urine	6.2 to 6.8
Soda Pop	2.5
Black Tea	3 to 4
Stomach Acid (HCL)	1.8 to 2
Battery Acid	.05 – 1
Gator Aid	2.85
Chemotherapy	.05 to 2

Again, most fruits and vegetables are alkaline-forming and most proteins are acidic. Most grains are acid forming, as well as most beans.

Raw dairy products are Alkaline, but if they are pasteurized they become acidic. Please note that after age 2 or 3 a child cannot digest dairy products any more. He/she is supposed to be weaned! Young children can't tolerate cows milk at all.

**Note:** In the near future it will be a criminal act to administer chemotherapy or radiation therapy to any man, woman, child or animal. This is nothing more than *battery acid* and *cell destroying magnetics*, respectively! Man is willing to kill over the fate of an embryo (cells) in cases of abortion, but we readily accept the use of chemo, which kills cells – good and bad cells, alike.



**Note: *Be aware of infrared damage to cells.***

**It is important that you understand the above and the nature of chemistry as a whole.**

**Now we must relate all of this to what medical (Allopathic) doctors call “Diseases.”**

**So now you understand that your body has a *Sewer System*, which is called the **Lymphatic System**. The *Kidneys, Colon* and *Skin* are the **Eliminative Organs** of this great **Lymphatic System** or the “**Sewer System**” of the **Body**.**

**Remember that chemistry has only two sides to it. Basically, the **Acid side** can damage the cells and tissues of the body. The **Alkaline side** can rebuild the cells and tissues of the body. To put this all in context, we must look at man’s diet worldwide.**

**Except for Islanders, man has developed a habit of eating high protein diets. Mostly 250 – 450 grams per day of protein. This includes meat or other types of protein at least two to three times per day. At this level of Acid consumption, colon and kidney damage is eminent! The news is always reporting on high protein diets and how it is related to the rise of colon cancer. However, Kidney damage also occurs! Both of these vital lymphatic eliminatory organs affect the efficiency of proper Lymphatic elimination (filtering). A client came to me the other day and she was peeing out parts of her bladder. Come to find out, she had been on the Atkins Diet for 5 years.**

**In review, the weakening of one’s Lymphatic *elimination organs* backs up this system, allowing for the retention of cellular wastes, which are acids. These acids create an Immune Response that we call Inflammation! Inflammation is a natural Immune response to what? Mostly acids (proteins). This begins the downhill functioning of the cells’ tissues, organs and glands**

of the body. This in turn, affects things like sugar metabolism, nerve function, joint function, creates tumors & the formation of cysts, and on and on and on.....

Medical Doctors simply fit a name to the respective *symptom* that occurs when acids damage the cells of the body (or set in motion an inflammatory response), and a *symptom* is experienced. Which is again simply: location.....location.....location! The location in the body = the name of the symptom.

The word infection is simply an accumulation of sewage in the body, blamed on the bacterium that is only trying to help you break this sewage down. This is how stupid man has gotten. Because of this stupidity, we have suppressed and toxified the body with pharmaceuticals. The side effects of pharmaceutical drugs are usually far worse than the original problem, not the least of which is breaking down your liver and kidney function!

The use of antibiotics is another “killing machine,” the use of which has killed thousands and damaged millions of people. Antibiotics break down the body’s Immune/ Lymphatic system to the point where it becomes so weak that man’s genetics have gotten to the Chronic and Degenerative Levels! Man is in such serious trouble in his health issues that no treatment-based system can even touch the problem!!! The Medical Community is way out of its league. One must learn the truth and how one regenerates their body (cells)!

The Medical Community generally uses Acids (except for normal saline solution) to treat an Acid Condition of the body! The Naturopathic Community uses Alkali’s to cure Acid Conditions of the body. Which one makes the most sense to you?

## **IN CONCLUSION**

**It seems that no one on this planet has a total understanding of the physical body's great lymphatic system. A fantastic sewer system that works similar to your houses "sewer system." They say that creation just reflects itself level to level. With this said, let's look at some facts:**

- 1. All chemical processes yield chemical residues or byproducts.**
- 2. In your "house"(body) you have a completely separate system to deal with wastes and byproducts (sewer system) other than the kitchen. The kitchen is for eating, not eliminating!**
- 3. Most byproducts of metabolism, respiration, & cellular activities, at any level, are called ACIDS.**
- 4. Acids are the side of chemistry that damages and mutates cells.**
- 5. The blood must be alkaline or death comes quickly, under three minutes, generally.**
- 6. No Creator in their right mind would put ACID wastes back into the alkaline "kitchen" knowing this....**
- 7. The lymphatic system has its own capillaries and vascular system just like the blood does, or one could just let the blood capillaries do it all.**
- 8. The Science of Iridology, discovered by a surgeon in 1853 plays a vital role in helping us understand the connecting links of one's great lymphatic system to its eliminative organs.**

**Your iris shows you a picture of the condition of the cells that make up your body and one's great lymphatic system. This science, which was dumped by the medical community, is one of the greatest tools that God gave us to see inside the world of one's physical body. One should never scoff at what one doesn't understand. 🙄**

- 9. 40 years and over 100,000 clients later, the eyes consistently show me the connections between the kidneys, colon and skin to the great lymphatic system.**

**Show me kidney weakness or constipation and I'll show you one with a backed up lymphatic system, which deals with cellular wastes. Being acids, these cellular wastes begin to cause pain, stiffness and the malfunction of cells....end result: cancer!**

- 10. Always keep your mind open from solidification, the creation of boxes that will not allow you to learn beyond tradition. There's always more to learn about how God did everything and at any given time, science can have it wrong; or only understand a fraction of the Truth. Sometimes science has it all wrong. One cannot look at life with preconceived ideas, or Truth cannot be seen. Truth then becomes mired by ones preconceived ideas and opinions. Belief systems greatly block ones understanding of Truth. Truth is Universal, and not Limited.**

- 11. The spleen is a vital organ where the body cleans itself into the Lymphatic System.**

- 12. I've found that simplicity is always better in understanding how things work. 😊**

<b>KITCHEN</b>	<b>BATHROOM</b>
<b>~A SEPERATE SYSTEM FOR SEPERATE JOBS~</b>	