

Keeping the Beat!

1. Concerto No. 10 in C Major: Allegro (Arcangelo Corelli)
2. Concerto No. 11 in B-flat Major: Allemanda, Allegro (Arcangelo Corelli)
3. Concerto No. 12 in F Major: Allegro (Arcangelo Corelli)
4. Concerto in F Major: Giga, Allegro (Arcangelo Corelli)
5. Gloria in D, RV 589: Domine Fili (Antonio Vivaldi)
6. Suite and Dances: Première et deuxième contredanse (Jean-Philippe Rameau)
7. Suite No. 3 in D, BWV 1068: Gigue (J. S. Bach)
8. Suite No. 4 in D, BWV 1069: Gavotte (J. S. Bach)
9. Suite No. 4 in D, BWV 1069: Rejouissance (J. S. Bach)
10. Suite No. 2 in b minor, BWV 1067: Bourée I and II (J. S. Bach)
11. Suite No. 2 in b minor, BWV 1067: Menuet (J. S. Bach)
12. Suite No. 2 in b minor, BWV 1067: Badinerie (J. S. Bach)
13. Magnificat: Et exsultavit (J. S. Bach)
14. Water Music: Allegro (Gigue) (George Frideric Handel)
15. Fireworks Music: Menuet II (George Frideric Handel)
16. Water Music: Menuet (George Frideric Handel)
17. Concerto grosso in D Major, Op. 1, No. 5: Allegro (Pietro Locatelli)
18. Concerto grosso in D Major, Op. 1, No. 9: Allegro (Pietro Locatelli)
19. Eine kleine Nachtmusik, K. 525: Allegro (Wolfgang Amadeus Mozart)
20. Eine kleine Nachtmusik, K. 525: Rondo, Allegro (Wolfgang Amadeus Mozart)
21. Symphony No. 40 in g minor, K. 550: Allegro assai (Wolfgang Amadeus Mozart)
22. Ballet Music from Faust: Allegretto (Charles Gounod)
23. Gaité Parisienne: Overture (Jacques Offenbach)
24. Gaité Parisienne: Quadrille and Allegro (Jacques Offenbach)
25. Gaité Parisienne: Allegro and Allegro (Jacques Offenbach)
26. Hungarian Dances: No. 18 (Johannes Brahms)
27. Swan Lake: Spanish Dance (Peter Ilyich Tchaikovsky)
28. The Nutcracker: Overture (Peter Ilyich Tchaikovsky)
29. Ancient Airs and Dances, Suite No. 1: Balletto detto "Il Conte Orlando" (Ottorino Respighi)
30. Ancient Airs and Dances, Suite No. 2: Laura Soave (Ottorino Respighi)
31. Háry János Suite: Viennese Musical Clock (Zoltán Kodály)
32. Pulcinella Suite: Allegro (Igor Stravinsky)
33. Symphony #1 in D Major: Gavotte: Non troppo allegro (Sergei Prokofiev)
34. Rodeo: Hoe-Down (Aaron Copland)
35. Romeo and Juliet: Preparation for the Ball (Dmitry Kabalevsky)
36. The Comedians: Epilogue (Dmitry Kabalevsky)

For more information on tracks/titles, see inside back cover of this booklet.



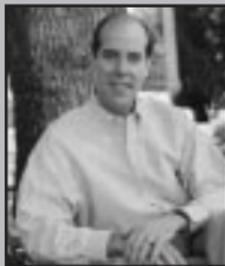
First Steps in Classical Music: Keeping the Beat!

From Corelli to Kabalevsky



Compiled by John M. Feierabend

John M. Feierabend has spent decades compiling songs and rhymes from the memories of our parents and grandparents in hopes that these treasures will be preserved for future generations. He is a national leader in the field of early childhood music education and currently serves as a professor and chair of the Music Education Department at the Hartt School of Music, University of Hartford, in Connecticut.



John M. Feierabend

Also by John M. Feierabend, available from GIA Publications, Inc.:

The Book of Bounces (G-4975)

The Book of Wiggles & Ticks (G-4976)

The Book of Tapping & Clapping (G-4977)

The Book of Simple Songs & Circles (G-4978)

The Book of Lullabies (G-4979)

'Round and 'Round the Garden: Music in My First Year (CD- or CS-437)

Ride Away on Your Horses: Music, Now I'm One (CD- or CS-438)

Frog in the Meadow: Music, Now I'm Two (CD- or CS-439)

First Steps in Music for Infants and Toddlers (G-4974)



Copyright © © 2001 GIA Publications, Inc.
7404 S. Mason Ave., Chicago, IL 60638
(800) 442-1358 • (708) 496-3800 • www.giamusic.com

Introduction

Whether you are just getting started with classical music or looking for some uplifting tunes, this CD is for you. With 36 short pieces of classical music, this CD will move you with its upbeat tempo. This music is perfect for dancing with your baby, leading young children in beat motion games, or dancing around the living room by yourself. The music on this CD even has perfect tempos to accompany you while you power-walk!

A great survey of classical music, the selections presented here are in historical order from the seventeenth to the twentieth century and include major and minor tonalities as well as duple and triple meters. Go ahead...try to sit still...you're going to be moved by this music!

Contains 36 selections in chronological order, featuring great performances of works by Corelli, Vivaldi, Bach, Handel, Locatelli, Mozart, Gounod, Offenbach, Brahms, Tchaikovsky, Respighi, Kodály, Stravinsky, Prokofiev, Copland, and Kabalevsky. Includes more than 75 minutes of music!

Infants

Movement Ideas

These activities are a great way for infants to acquire a love for classical music and a feeling for the beat. Try any or all of the following ideas while listening to the music with your baby.

Stand holding your baby on your shoulder (burping position) and gently tap the beat on your baby's back.

- While tapping the beat, twist back and forth from the waist. Tap two times for each twist if the music is in duple meter and three times for each twist if the music is in triple meter.
- While tapping the beat, walk in a circle to the left. Tap two times for each step if the music is in duple meter and three times for each step if the music is in triple meter. Turn and walk to the right.
- Form a circle with the other parents and babies. While bouncing your baby up and down, walk four steps into the center of the circle. Hold your baby so he/she will face the other babies. Gently bounce your baby two times for each step if the music is in duple meter and three times for each step if the music is in triple meter. Walk four steps back, still bouncing your baby with the beat. Repeat.
- Lay your baby down in your arms and make large swinging motions from side to side.

Sit on the floor (or in a chair) with your baby sitting on your lap.

- Gently tap the beat on:
 - your baby's legs.
 - the bottom of your baby's feet.
 - your baby's head.
 - your baby's tummy.
 - your baby's cheeks.
 - your baby's arms.
 - your baby's shoulders.
 - your baby's knees.
- When the music is in duple meter, try to alternate tapping with your right hand two times on one leg and then with your left hand two times on the other leg. If the music is in triple meter, tap three times on each leg.
- When the music is in duple meter, try alternating between tapping two times in one place and then two times in another place (e.g., head, head, shoulders, shoulders, head, head, shoulders, shoulders). Tap three times in each place if the music is in triple meter.



Toddlers

Toddlers can begin to explore feeling the beat for themselves. Try any or all of the following ideas and encourage your toddler to imitate your motions.

While standing:

- Bounce from your knees.
- Swing your arms back and forth with the beat.
- Twist at the waist with your arms extended.
- Tap the beat on different parts of your body.
- Flap your hands out in front of you.

While sitting on the floor:

- Tap on your legs.
- Tap on the floor.
- Tap the beat on different parts of your body.
- Pull on one of your ears.
- Hammer one fist onto the other.
- Rock from side to side with your arms extended and alternate touching the floor.
- Sitting on your feet, bounce up and down.
- Flap both hands in the air and gradually stand.
- Watch the children for other motions they attempt and imitate their motions.



Preschool to Early Elementary

Movement Ideas

Three- to seven-year-old children should begin experiencing the music on this CD with the activities suggested for toddlers. When they are successful maintaining beat motions when the beat is in duple meter (two beats) and triple meter (three beats), try the following:

- If the music is in duple meter, tap two times on one leg and chant “here,” and then tap two times on the other leg and chant “there.” Continue alternating between “here” and “there.” If the music is in triple meter, chant “here” for every three taps and “there” for every three taps. When the children are able to maintain the beat and alternate between “here” and “there,” stop chanting the words.
- Try tapping on the following parts of your body with both hands tapping in one location (“here”) and then both hands tapping in a different location (“there”). Then try to alternate between “here” and “there” while tapping two or three times with one hand and then two or three times with the other hand.

- | | |
|---------------|---------|
| -back of hand | -chest |
| -forearm | -tummy |
| -shoulder | -hip |
| -head | -bottom |
| -neck | -thigh |
| -cheek | -knee |
| -nose | -calf |
| -elbow | -foot |

- Also try performing the following motions two times “here” and two times “there” when the music is in duple meter, and three times “here” and three times “there” when the music is in triple meter.

- Flap both hands to one side and then the other.
- Flap one hand and then the other.
- Shake your head “yes,” looking to one side and then the other.
- Knock with both fists on an imaginary door in one place and then another.



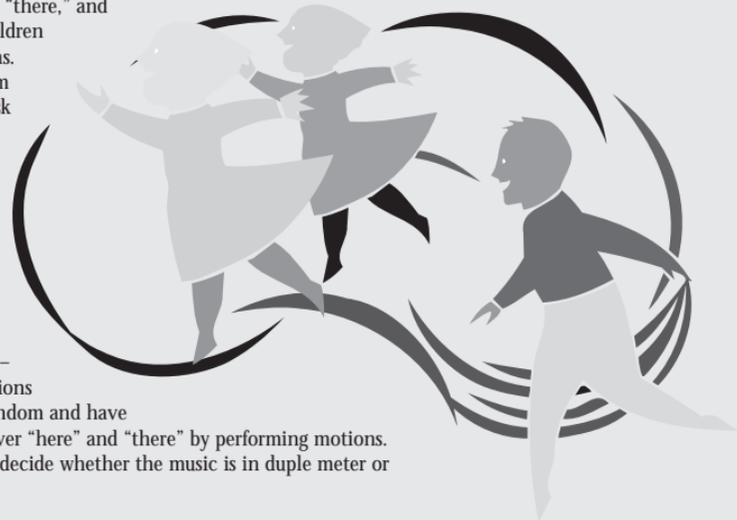
- Twist at the waist to one side, bounce one more time, and then twist the other way and bounce one more time.
- Shrug one shoulder and then the other.
- Point to something with one hand and then the other.
- Push one hand out front and then above your head.
- Push one hand out front and then the other.
- Push one hand above your head and then the other.

- Ask individual children to demonstrate a “here” and “there,” and have the other children imitate the motions.

- Distribute rhythm instruments and ask the children to discover two different ways to play them. Have the children alternate between “here” and “there.”

- *Oh Dear, What Can the Meter Be?* –

Play various selections from the CD at random and have the children discover “here” and “there” by performing motions. Then ask them to decide whether the music is in duple meter or triple meter.



Mid to Upper Elementary

Children of this age should be able to perform the activities suggested for the toddlers and the early elementary children before attempting the following. If the children are ready, the following activities are a great way to continue developing beat proficiency while experiencing the wonderful world of classical music.

Stationary:

- *Follow the Leader* – Lead the class in motions as described under “Preschool to Early Elementary.” Have individual children take turns being the leader.
- *Two Plus Two* – Lead the class in motions where one “here” and “there” is paired with another “here” and “there.” Perform these four motions as a set.
- *Prop Dancing* – Have the children imitate the leader’s motions while holding props such as streamers, scarfs, balloons, or paper plates.
- *Fudge* – Perform some motion(s) for the children. Ask them only to watch but not to do the motion until you say “fudge.” As you say “fudge” and the children begin doing the motion, switch to another motion. Tell the children to do the motion you **were** doing not the motion you **are currently** doing. Alternate between simple and complex motions.
- *Conducting Patterns* – Learn to conduct the music (usually with your right hand). Start with your hand up, about head level. Conduct duple meter music (simple duple and compound duple) by lowering the hand on “1” and making one bounce returning it back to the up position on “2.” Conduct triple meter music by lowering your hand on “1” and making one bounce to the right on “2” and one more bounce back to the up position on “3.”

Traveling:

- *Walk and Stop* – While a selection from the CD is playing, move around the room in a circle. It is not necessary to remain in single file; one child may pass another child while moving around in the circle. Alternate sections of walking with sections of stopping.

During the sections of **walking**, try one of these motions:

- Walk.
- Walk on your tiptoes.
- Walk with your toes pointed in.
- Walk with your toes pointed out.

- Walk on your heels.
- Walk with your hands touching the floor.
- Walk backwards.
- Walk side-step side-step.

When the music is in triple meter, try one of these steps:

- Wedding Step* – Step forward on “1,” bring your other foot together on “2,” and hold for “3.” Begin again with the opposite foot.
- Waltz Step* – Walk on each beat. This will put the opposite foot forward at the beginning of each set of three.
- Minuet Step* – Step forward with your right foot on “1,” rock back onto your left foot on “2,” and rock forward onto your right foot on “3.” Begin the next set of three beats with the left foot.

During sections of **stopping**, perform the motions described under “Preschool to Early Elementary”:

- Walking through Hoops* – Lay 3 or 4 different-colored hoops on the floor in various places. Assign certain movements to each color. As the music plays, walk around the room with the beat. Whenever a hoop is vacant, step inside the hoop and perform 6 of the prescribed motions while counting out loud. Then leave the hoop and begin walking around the room with the beat again until another vacant hoop is found. The fun is in the confusion that is created while various children are at different stages of counting to 6. This game can be done with duple or triple meter music.
- Making Circles* – Have the children walk around the room keeping the beat with their step and, while walking, decide if the music is in duple or triple meter. Stop the music after the children have had a few moments to figure this out. When the music stops, have the children form circles of three people if the music was in triple meter and form circles of two if the music was in duple meter. Repeat the game with several examples of both meters.
- *Metronome Music* – Use music on the CD as background music to provide a supporting beat while students:
 - Read rhythm patterns.
 - Perform ostinatos on rhythm instruments.
 - Walk the beat and speak newly created rhythm patterns.
 - Alternate between any of the above activities every four beats.
- *Form and Analysis* – Older students can discover the form of the short pieces on the CD and create movements that reflect each form. These movements might be stationary beat movements for younger children or traveling beat movements for older children. You may want to demonstrate one or two examples for the children before they try this on their own.

You are never too young or too old to enjoy classical music and moving with the beat. Enjoy performing these movement activities with the CD or simply listen and enjoy being moved by the music.

Tracks & Titles

Track/Title	Length	Tonality	Meter	Tempo				
1. Concerto No. 10 in C Major: Allegro (Arcangelo Corelli)	2:29	major	duple	MM=132				
2. Concerto No. 11 in B-flat Major: Allemanda, Allegro (Arcangelo Corelli)	2:22	major	duple	MM=132				
3. Concerto No. 12 in F Major: Allegro (Arcangelo Corelli)	2:22	major	duple	MM=130				
4. Concerto in F Major: Giga, Allegro (Arcangelo Corelli)	2:40	major	duple com. *	MM=132				
5. Gloria in D, RV 589: Domine Fili (Antonio Vivaldi)	2:29	major	triple	MM=126				
6. Suite and Dances: Premiere et deuxième contredanse (Jean-Philip Rameau)	1:56	major	duple	MM=130				
7. Suite No. 3 in D, BWV 1068: Gigue (J. S. Bach)	2:38	major	duple com. *	MM=120				
8. Suite No. 4 in D, BWV 1069: Gavotte (J. S. Bach)	1:53	major	duple	MM=136				
9. Suite No. 4 in D, BWV 1069: Rejouissance (J. S. Bach)	2:25	major	duple	MM=126				
10. Suite No. 2 in b minor, BWV 1067: Bourée I and II (J. S. Bach)	1:39	minor	duple	MM=120				
11. Suite No. 2 in b minor, BWV 1067: Menuet (J. S. Bach)	1:09	minor	tripl	MM=132				
12. Suite No. 2 in b minor, BWV 1067: Badinerie (J. S. Bach)	1:20	minor	duple	MM=126				
13. Magnificat: Et exsultavit (J. S. Bach)	2:29	major	triple	MM=122				
14. Water Music: Allegro (Gigue) (George Frideric Handel)	1:46	major	duple com. *	MM=136				
15. Fireworks Music: Menuet II (George Frideric Handel)	2:20	major	triple	MM=132				
16. Water Music: Menuet (George Frideric Handel)	2:15	major	triple	MM=124				
17. Concerto grosso in D Major, Op. 1, No. 5: Allegro (Pietro Locatelli)	2:05	major	duple	MM=136				
18. Concerto grosso in D Major, Op. 1, No. 9: Allegro (Pietro Locatelli)	2:01	major	triple	MM=136				
19. Eine kleine Nachtmusik, K. 525: Allegro (Wolfgang Amadeus Mozart)	1:39	major	duple	MM=132				
20. Eine kleine Nachtmusik, K. 525: Rondo, Allegro (Wolfgang Amadeus Mozart)	2:55	major	duple	MM=120				
21. Symphony No. 40 in g minor, K. 550: Allegro assai (Wolfgang Amadeus Mozart)	2:02	major	duple	MM=126				
22. Ballet Music from Faust: Allegretto (Charles Gounod)	1:27	minor	duple	MM=120				
23. Gaité Parisienne: Overture (Jacques Offenbach)	2:46	major	duple	MM=126				
24. Gaité Parisienne: Quadrille and Allegro (Jacques Offenbach)	1:55	major	duple	MM=120				
25. Gaité Parisienne: Allegro and Allegro (Jacques Offenbach)	1:37	major	duple	MM=136				
26. Hungarian Dances: No. 18 (Johannes Brahms)	1:23	minor	duple	MM=136				
27. Swan Lake: Spanish Dance (Peter Ilyich Tchaikovsky)	2:39	major	triple	MM=124				
28. The Nutcracker: Overture (Peter Ilyich Tchaikovsky)	2:50	major	duple	MM=128				
29. Ancient Airs and Dances, Suite No. 1: Balletto detto "Il Conte Orlando" (Ottorino Respighi)	1:23	major	duple	MM=126				
30. Ancient Airs and Dances, Suite No. 2: Laura Soave (Ottorino Respighi)	1:20	major	duple	MM=126				
31. Háry János Suite: Viennese Musical Clock (Zoltan Kodály)	2:03	major	duple	MM=128				
32. Pulcinella Suite: Allegro (Igor Stravinsky)	1:45	major	duple	MM=126				
33. Symphony #1 in D Major: Gavotte: Non troppo allegro (Sergei Prokofiev)	1:51	major	duple	MM=120				
34. Rodeo: Hoe-Down (Aaron Copland)	2:15	major	duple	MM=128				
35. Romeo and Juliet: Preparation for the Ball (Dmitry Kabalevsky)	1:41	major	duple	MM=126				
36. The Comedians: Epilogue (Dmitry Kabalevsky)	2:22	major	duple	MM=126				

Time: 75:37

*** duple compound**