

# The Physical Health of Collegiate Athletes During a Pandemic

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A dark blue diagonal graphic that starts from the bottom left corner and extends towards the top right corner, creating a triangular shape in the bottom right of the slide.

*What's true of all the evils in the world is true of the plague as well. It helps men to rise above themselves. All the same, when you see the misery it brings, you'd need to be a madman, or a coward, or stone blind, to give in tamely to the plague.*

--Albert Camus, *The Plague*

# Thesis

The Covid-19 Pandemic has impacted the experience of collegiate athletes through forced lockdowns, increased physical health examinations , and by limiting contact among teammates.

# Meet My Interviewee



- Caine Savage
- Freshman
- Wide receiver

# What Has Changed?

- A shortened football season and limited time to prepare.
- “Somebody would get Covid, and it would just knock out maybe 10 guys, just for being close to that person.”



# Physical Examinations

- “When we started the actual football season we got tested everyday.”
- Athletes should be evaluated for conditions that could be dangerous.



# Relationships with Teammates



- “We couldn’t get to know anybody, we didn’t get to have that connection with our teammates.”
- “There are staggered workouts and workout groups.”

# The New Normal

- “When we’re on the sidelines we have to put our masks up.”
- Guidelines include wearing masks, social distancing, and routine testing.





# Works Cited

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