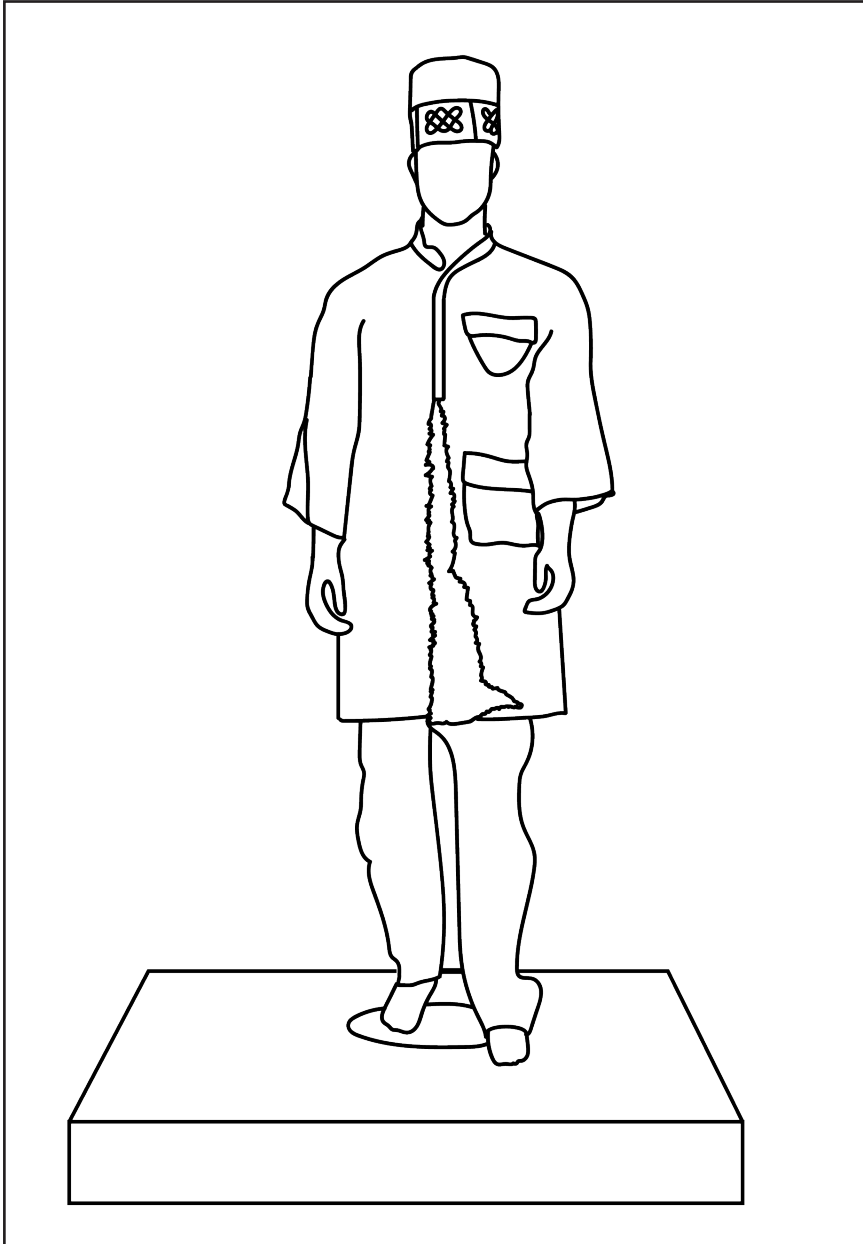
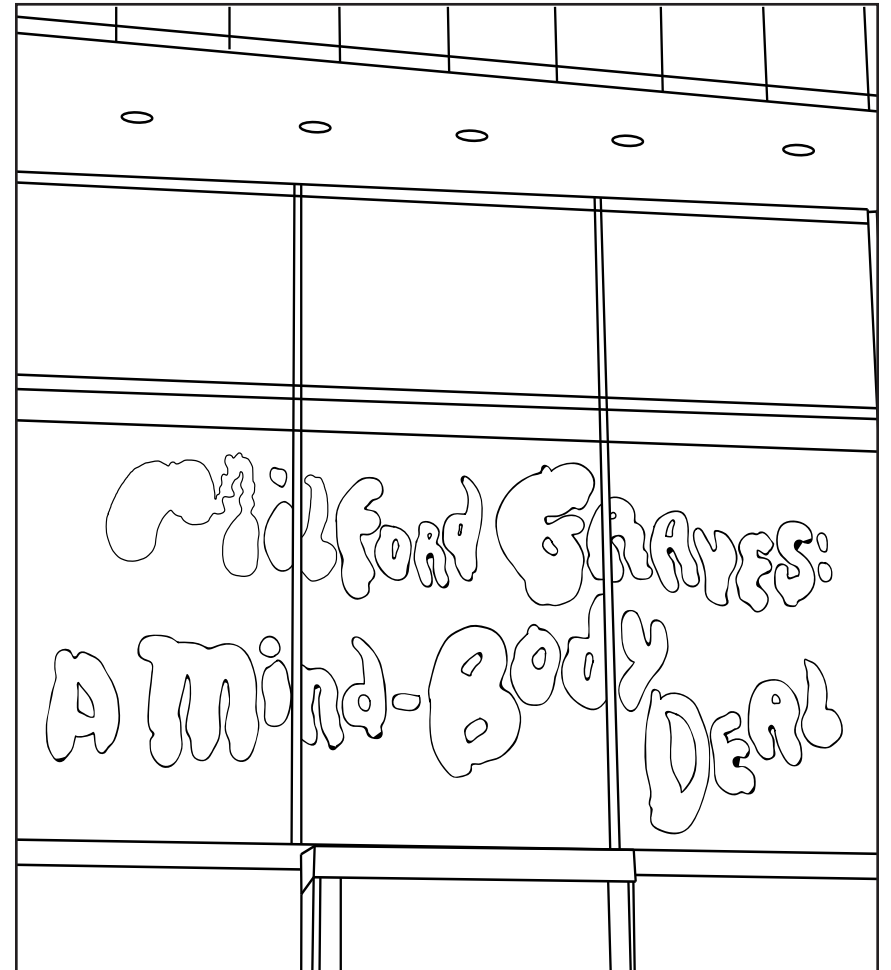


In 2020, Milford Graves's work continues to engage with "biological music, synthesis of the physical and mental; a mind-body deal."

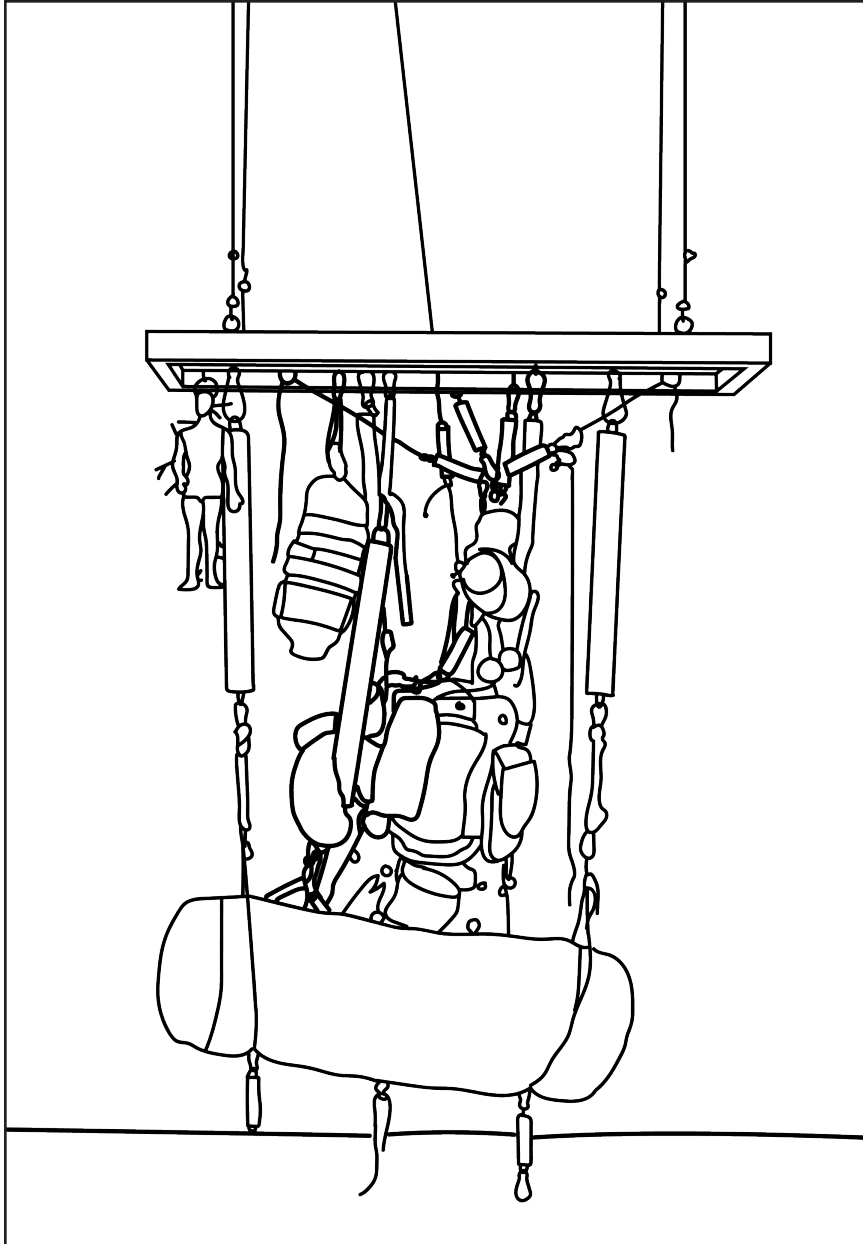


MILFORD GRAVES A COLORING BOOK



AN ICA STUDENT BOARD PUBLICATION

In the early 1970s, Graves began to develop his martial arts style Yara, which is inspired by West African dance and the movements of the praying mantis.



Graves's lifelong interest has been rhythm, across many layers of existence: in music, movement, the heart, and the subatomic.

