

## Boulder Information

### A Little About Boulder, Colorado

Boulder is approximately an hour drive from Denver, DIA, and Rocky Mountain National Park. It is located 5,430 feet above sea level and has an area of 27.8 square miles offering many opportunities for exploring. The average high in October is 66 Degrees F and a low of 38 degrees F. The weather can change quickly so dressing in layers is highly recommended.

### Places to Eat

There are many great local restaurants along Pearl Street Pedestrian Mall, a very popular destination for tourists and locals right in the heart of Boulder. There you can find sushi, Latin food, Italian, American, pub food, and farm to table restaurants all offering a Boulder flare.

### Things to Do in October in Boulder

#### Celestial Seasonings

This internationally known company offers visitors the chance to sample all of their available teas for free in their tearoom. Learn about the company's humble beginnings and learn what it takes to make, package and ship thousands of tea bags every day. *Celestial Seasonings offers free tours of the factory Monday through Saturday hourly from 10 am to 3 pm and Sundays 11 am to 3pm. From Boulder, take the diagonal highway/119 North East towards Longmont. Turn right onto Jay Road, travel one mile to Spine Road and turn Left. Travel half a mile on Spine Road then turn left onto Sleepytime Drive. Follow signs for Celestial Seasonings and visitor parking.*

#### Farmers Market

The Boulder Farmers Market is located in the heart of Boulder along the creek and next to Pearl Street and the famous Dushanbe tea house. The farmers market offers locally grown fruits and vegetables, naturally raised meats, fresh breads and pastries, and artesian cheeses and many other local products. *Open Wednesday from 4 pm to 8 pm and Saturday 8 am to 2pm. It is located on 13<sup>th</sup> street between Canyon and Arapahoe.*

#### The Dushanbe Teahouse

The Dushanbe teahouse is a not to miss attraction in Boulder. The gorgeous hand carved and painted building was built in Dushanbe, Tajikistan then shipped to Boulder. The elaborate and creative teahouse offers afternoon tea along with a full menu. Sit back and unwind in a gorgeous and relaxing environment after a day of exploring Pearl Street. Offers a long list of delicious teas and other drinks. *Open 8am to 9pm daily. Located on 13<sup>th</sup> street between Canyon and Arapahoe.*

Source: <http://www.bouldercoloradousa.com/>

### Day Hikes in Boulder

*Boulder offers many great many day hikes for all levels of expertise. Make sure to bring plenty of water and layers as the weather can change quickly*

- First and Second Flatiron Loop:  
*This can be a 2.6 round-trip hike with varying degrees of difficulty. The trails offer breathtaking views of Boulder and Denver. It is recommended to start at the Chautauqua trailhead.*

- Mt. Sanitas Trail:  
*This enchanting hike varies from 2 miles to 3.1 miles. It is rated as medium difficulty but offers easier options. The easy loops offer a leisure hike through the mountain valley while the more difficult trail offers a hike right up the mountain.*

- Boulder falls:  
*This short and easy hike offers a great reward: a 70 ft high waterfall tucked in the Boulder canyon surrounded by towering ponderosa pines. It is a short one-hour hike. Recommended to also do the Mt. Sanitas hike along with this hike.*

Source: <http://www.dayhikesneardenver.com>

### Events:

Monday October 13<sup>th</sup>: *Pick'n and Brew'n Open Bluegrass Pick @ West Flanders Brewing Company*

Wednesday October 15<sup>th</sup> and Saturday October 18<sup>th</sup>: *Boulder Farmers Market*